



SUDBURY HOCKEY CLUB

**SEASON
2025 - 2026**



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Committee Members

CHAIR	Paul Rolfe Mobile: 07970 721137 chairman@sudburyhockeyclub.co.uk
SECRETARY	Adam Tozer Mobile: 07817 403665 secretary@sudburyhockeyclub.co.uk
TREASURER & HOUSE	Alasdair North Mobile: 07710 198836 treasurer@sudburyhockeyclub.co.uk
SOCIAL	Vacant
WELFARE OFFICER	Paul Rolfe Mobile: 07970 721137 welfare@sudburyhockeyclub.co.uk
SPONSORSHIP OFFICER	Clare Lock Mobile: 07802 787857 sponsorship@sudburyhockeyclub.co.uk
COMMUNICATIONS OFFICER	Ruth Warnes Mobile: 07812 041454 comms@sudburyhockeyclub.co.uk
JUNIOR COORDINATOR	Paul Rolfe Mark Dudley Mobile: 07970 721137 / 07947 500744 juniors@sudburyhockeyclub.co.uk
OPEN - MEN'S CLUB CAPTAIN	Jonathan Woods Mobile: 07851 236963 menscaptain@sudburyhockeyclub.co.uk
WOMEN'S CLUB CAPTAIN	Kirsty Batch / Liv Greaves Mobile: 07969 424575 / 07591 099777 ladiescaptain@sudburyhockeyclub.co.uk

Women's Club Captains

CLUB CAPTAIN

Kirsty Batch / Liv Greaves

Mobile: 07969 424575 / 07591 099777

ladiescaptain@sudburyhockeyclub.co.uk

1ST TEAM CAPTAIN

Hannah Treagust

Mobile: 07917 882014

ladies1@sudburyhockeyclub.co.uk

2ND TEAM CAPTAINS

Ellen Seeley / Abbie Dallas

Mobile: 07534 948630 / 07584 572698

ladies2@sudburyhockeyclub.co.uk

3RD TEAM CAPTAIN

Celine Keaney / Tash Ford

Mobile: 07825 336839 / 07909 335222

ladies3@sudburyhockeyclub.co.uk

FIXTURE SECRETARY

Mandy Coleman

Mobile: 07801 432131

fixtures@sudburyhockeyclub.co.uk

UMPIRE LIAISON OFFICER

Sean Cooper

Mobile: 07868 662491

ulo@sudburyhockeyclub.co.uk

LEAGUE LIAISON OFFICER

Mandy Coleman

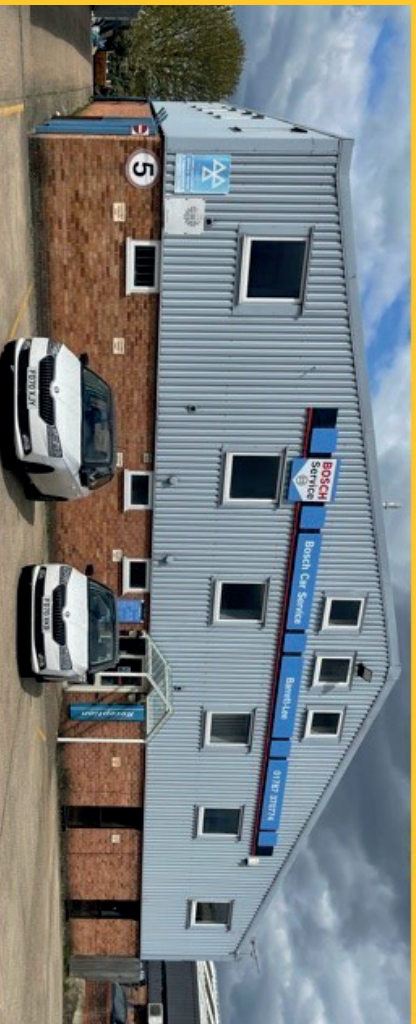
Mobile: 07801 432131

llo@sudburyhockeyclub.co.uk

Open - Men's Club Captains

CLUB CAPTAIN	Jonathan Woods Mobile: 07851 236963 menscaptain@sudburyhockeyclub.co.uk
1ST TEAM CAPTAIN	Dean Hodgson Mobile: 07908 482535 mens1@sudburyhockeyclub.co.uk
2ND TEAM CAPTAIN	Matt Rowe Mobile: 07572 537959 mens2@sudburyhockeyclub.co.uk
3rd TEAM CAPTAIN	Simon Hardingham Mobile: 07775 580070 mens3@sudburyhockeyclub.co.uk
M4th TEAM CAPTAIN	Will Ponsford Mobile: 07792 910282 mens4@sudburyhockeyclub.co.uk
FIXTURE SECRETARY	Mandy Coleman Mobile: 07801 432131 fixtures@sudburyhockeyclub.co.uk
UMPIRE LIAISON OFFICER	Sean Cooper Mobile: 07868 662491 ulo@sudburyhockeyclub.co.u
LEAGUE LIAISON OFFICER	Mandy Coleman Mobile: 07801 432131 llo@sudburyhockeyclub.co.uk

Barrett-Lee Sudbury



01787 370774

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SOCIAL EVENTS

2025/26

1st Nov	M2 Social
22nd Nov	VP Brunch
29th Nov	W2 Social - Beer Pong
29th Dec	M1 Social - Christmas Quiz
31st Jan	W1 Social
7th March	M3/M4 Social
TBC	W3 Social
21st March	Dinner Dance



Website and Social Media

To keep up to date on Club news, visit our website.
(www.sudburyhockeyclub.co.uk), on Instagram (@sudburyhockeyclub)
and join our Facebook group.
(Sudbury Hockey Club - Members Only!).

Fixtures and results can be found at east.englishhockey.co.uk

PRESIDENT - Tim Blackburn

VICE PRESIDENTS

Ian Brown	Nick Burton	Louis Brooks
Mark Chambers	Andy Dodds BEM	Sally Flowers
John Mallett	Roger Steed	Jon Dolton
Paul Edwards MBE	David Oakes	Toby Butcher
David Heigham	Geoffrey Nott	Jon Dolton
Melvin Rose	Barney	Sean Fitzpatrick

HONORARY VICE PRESIDENTS

Simon Barrett	Barrett Lee
Steve Gates	Top Marques
Richard Lorking	CSS Rugby
Ben Tewell	Newton Green Golf Club
Matthew Warnock	Peddars
Jody Downs	Robins Row
Andy Stopps	Seago and Stopps
Stephen Chatotot	Secret Garden
David Hunter	SRC
Rob Crawford	Nethergate
Bradie Clarke	Physio Motive
Mark Davies	Volunteer Auditor
Nick Cox	Winthrop Financial Planning
Paul Rolfe	Paul Rolfe Dental
Jonathan Woods	J.W Aesthetics

HONORARY LIFE MEMBERS

Mick Bashford	Tim Blackburn	Graham Boram
Jim Carnegie	Geoff Gardiner	Judith Johnson
Stuart Kevis	Derek Kisby	Jonathan Lambert
Bob Page	Liz Spencer	Rick Thornton
Ken Watkins	Sarah Wordley	Elizabeth Kiddy
Harriet North	Paul Golding	Colette Williams-Brown
Nick Thorpe	David Chiang	

FRIAR STREET SPORTS CLUB ASSOCIATION REPRESENTATIVES

Paul Rolfe Alasdair North

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Men's 1 - East Open-Men's Division 1 South

DATE	OPPOSITION	H/A	RESULT
20/09/2025	Luton Town 1	H	_____
27/09/2025	Harpenden 1	A	_____
04/10/2025	Upminster 1	H	_____
11/10/2025	Bedford 2	A	_____
18/10/2025	Old Southendian 1	H	_____
25/10/2025	Letchworth 1	A	_____
01/11/2025	Hertford 1	H	_____
08/11/2025	Havering 1	H	_____
15/11/2025	Brentwood 1	A	_____
22/11/2025	St Albans 2	H	_____
29/11/2025	Chelmsford 2	A	_____
06/12/2025	Luton Town 1	A	_____
10/01/2026	Harpenden 1	H	_____
17/01/2026	Upminster 1	A	_____
24/01/2026	Bedford 2	H	_____
31/01/2026	Old Southendian 1	A	_____
07/02/2026	Letchworth 1	H	_____
21/02/2026	Hertford 1	A	_____
28/02/2026	Havering 1	A	_____
07/03/2026	Brentwood 1	H	_____
14/03/2026	St Albans 2	A	_____
21/03/2026	Chelmsford 2	H	_____



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Restaurant open on Friday & Saturday evenings

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The Secret Garden is available to take bookings for private parties and functions

OPENING HOURS

Tuesday to Sunday 9am to 4:30pm

Friday to Saturday Evenings 6.00pm to 9.30pm (Last Orders)

Women's 1st - East Women's Division 1 North

DATE	OPPOSITION	H/A	RESULT
20/09/2025	Norwich Dragons 1	A	_____
27/09/2025	Norwich City 1	H	_____
04/10/2025	Cambridge City 4	A	_____
11/10/2025	Dereham 2	H	_____
18/10/2025	University of East Anglia Ladies 1	A	_____
25/10/2025	Wisbech Town 1	H	_____
01/11/2025	Cambridge South 1	A	_____
08/11/2025	Spalding 1	H	_____
15/11/2025	St Neots 1	A	_____
22/11/2025	City Of Peterborough 1	H	_____
29/11/2025	Ipswich 2	A	_____
06/12/2025	Norwich Dragons 1	H	_____
10/01/2026	Norwich City 1	A	_____
17/01/2026	Cambridge City 4	H	_____
24/01/2026	Dereham 2	A	_____
31/01/2026	University of East Anglia Ladies 1	H	_____
07/02/2026	Wisbech Town 1	A	_____
21/02/2026	Cambridge South 1	H	_____
28/02/2026	Spalding 1	A	_____
07/03/2026	St Neots 1	H	_____
14/03/2026	City Of Peterborough 1	A	_____
21/03/2026	Ipswich 2	H	_____

Men's 2 - East Open-Men's Division 3 North East

DATE	OPPOSITION	H/A	RESULT
20/09/2025	Bury St Edmunds 3	A	_____
27/09/2025	Colchester 3	H	_____
04/10/2025	North Norfolk 1	H	_____
11/10/2025	Norwich City 4	A	_____
18/10/2025	Ipswich-East Suffolk 2	H	_____
25/10/2025	Harleston Magpies 4	A	_____
01/11/2025	Felixstowe 2	H	_____
08/11/2025	East Coast 1	A	_____
15/11/2025	Dereham 2	H	_____
22/11/2025	Norwich Dragons 2	A	_____
29/11/2025	Bury St Edmunds 4	H	_____
06/12/2025	Bury St Edmunds 3	H	_____
10/01/2026	Colchester 3	A	_____
17/01/2026	North Norfolk 1	A	_____
24/01/2026	Norwich City 4	H	_____
31/01/2026	Ipswich-East Suffolk 2	A	_____
07/02/2026	Harleston Magpies 4	H	_____
21/02/2026	Felixstowe 2	A	_____
28/02/2026	East Coast 1	H	_____
07/03/2026	Dereham 2	A	_____
14/03/2026	Norwich Dragons 2	H	_____
21/03/2026	Bury St Edmunds 4	A	_____

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Telephone : 01787 882286

E-mail : info@css-rugby.co.uk

Women's 2 - East Women's Division 3 North East (South)

DATE	OPPOSITION	H/A	RESULT
20/09/2025	Bury St Edmunds 5	H	_____
27/09/2025	Framlingham 1	H	_____
04/10/2025	Colchester 3	H	_____
11/10/2025	Felixstowe 1	A	_____
18/10/2025	Ipswich 4	H	_____
25/10/2025	Bury St Edmunds 3	A	_____
01/11/2025	Bury St Edmunds 4	H	_____
08/11/2025	Christchurch Ladies 1	A	_____
15/11/2025	Colchester 2	H	_____
22/11/2025	Harwich & Dovercourt 1	A	_____
29/11/2025	Ipswich-East Suffolk 2	H	_____
06/12/2025	Bury St Edmunds 5	A	_____
10/01/2026	Framlingham 1	A	_____
17/01/2026	Colchester 3	A	_____
24/01/2026	Felixstowe 1	H	_____
31/01/2026	Ipswich 4	A	_____
07/02/2026	Bury St Edmunds 3	H	_____
21/02/2026	Bury St Edmunds 4	A	_____
28/02/2026	Christchurch Ladies 1	H	_____
07/03/2026	Colchester 2	A	_____
14/03/2026	Harwich & Dovercourt 1	H	_____
21/03/2026	Ipswich-East Suffolk 2	A	_____

Men's 3 - East Open-Men's Division 4 North East

DATE	OPPOSITION	H/A	RESULT
20/09/2025	Ipswich Cranes 1	H	_____
27/09/2025	Colchester 4	A	_____
04/10/2025	University of East Anglia Mens 4	A	_____
11/10/2025	Ipswich-East Suffolk 3	H	_____
18/10/2025	Felixstowe 3	A	_____
25/10/2025	Ipswich 4	H	_____
01/11/2025	Bury St Edmunds 5	A	_____
08/11/2025	University of East Anglia Mens 3	H	_____
15/11/2025	Thetford Town 1	A	_____
22/11/2025	Dereham 3	H	_____
29/11/2025	Norwich Dragons 3	A	_____
06/12/2025	Ipswich Cranes 1	A	_____
10/01/2026	Colchester 4	H	_____
17/01/2026	University of East Anglia Mens 4	H	_____
24/01/2026	Ipswich-East Suffolk 3	A	_____
31/01/2026	Felixstowe 3	H	_____
07/02/2026	Ipswich 4	A	_____
21/02/2026	Bury St Edmunds 5	H	_____
28/02/2026	University of East Anglia Mens 3	A	_____
07/03/2026	Thetford Town 1	H	_____
14/03/2026	Dereham 3	A	_____
21/03/2026	Norwich Dragons 3	H	_____

Women's 3 - East Women's Division 4 North East (South)

DATE	OPPOSITION	H/A	RESULT
20/09/2025	Castaways 1	H	_____
27/09/2025	Ipswich 5	A	_____
04/10/2025	Harleston Magpies 7	H	_____
11/10/2025	Felixstowe 3 Development	A	_____
18/10/2025	Ipswich-East Suffolk 4 Development	H	_____
25/10/2025	Bury St Edmunds 6 Development	A	_____
01/11/2025	Ipswich 6 Development	H	_____
08/11/2025	Framlingham 2	A	_____
15/11/2025	Harleston Magpies 5	A	_____
22/11/2025	Felixstowe 2	H	_____
29/11/2025	Christchurch Ladies 2 Development	A	_____
06/12/2025	Colchester 4	H	_____
10/01/2026	Ipswich-East Suffolk 3	A	_____
17/01/2026	Castaways 1	A	_____
24/01/2026	Ipswich 5	H	_____
31/01/2026	Harleston Magpies 7	A	_____
07/02/2026	Felixstowe 3 Development	H	_____
21/02/2026	Ipswich-East Suffolk 4 Development	A	_____
28/02/2026	Bury St Edmunds 6 Development	H	_____
07/03/2026	Ipswich 6 Development	A	_____
14/03/2026	Framlingham 2	H	_____
21/03/2026	Harleston Magpies 5	H	_____

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Men's 4 - East Open-Men's Division 5 North East (South)

DATE	OPPOSITION	H/A	RESULT
20/09/2025	Felixstowe 4 Development	A	_____
27/09/2025	Colchester 5	H	_____
04/10/2025	Ipswich 6 Development	A	_____
11/10/2025	Harleston Magpies 6 Development	H	_____
18/10/2025	Ipswich-East Suffolk 4	A	_____
25/10/2025	East Coast 2	H	_____
01/11/2025	Bye		_____
08/11/2025	Bury St Edmunds 6 Development	H	_____
15/11/2025	Ipswich 5	H	_____
22/11/2025	Harleston Magpies 5	A	_____
29/11/2025	Framlingham 1 Development	A	_____
06/12/2025	Norwich Dragons 4	H	_____
10/01/2026	Ipswich-East Suffolk 5 Development	A	_____
17/01/2026	Felixstowe 4 Development	H	_____
24/01/2026	Colchester 5	A	_____
31/01/2026	Ipswich 6 Development	H	_____
07/02/2026	Harleston Magpies 6 Development	A	_____
21/02/2026	Ipswich-East Suffolk 4	H	_____
28/02/2026	East Coast 2	A	_____
07/03/2026	Bye		_____
14/03/2026	Bury St Edmunds 6 Development	A	_____
21/03/2026	Ipswich 5	A	_____

Sudbury Hockey Club Pitch Allocation

TIME		10:30 - 12:00		12:00 - 13:30
20/9/25	W3	Castaways 1	W2	Bury St Eds 5
27/9/25	W2	Framlingham 1	M4	Colchester 5
4/10/25	W3	Harleston Magpies 7	W2	Colchester 3
11/10/25	M4	Magpies 6 Dev	M3	Ipswich East 3
18/10/25	W3	IES 4 Dev	W2	Ipswich 4
25/10/25	M4	East Coast 2	M3	Ipswich 4
1/11/25	W3	Ipswich 6 Dev	W2	Bury St Eds 4
8/11/25	M4	Bury St Eds 6	M3	UEA Mens 3
15/11/25	M4	Ipswich 5	W2	Colchester 2
22/11/25	W3	Felixtowe 2	M3	Dereham 3
29/11/25			W2	Ipswich East 2
6/12/25	W3	Colchester 4	M4	Norwich Dragons 4
13/12/25				
20/12/25				
10/1/26			M3	Colchester 4
17/1/26	M4	Felixtowe 4 Dev	M3	UEA Mens 4
24/1/26	W3	Ipswich 5	W2	Felixtowe 2
31/1/26	M4	Ipswich 6 Dev	M3	Felixtowe 3
7/2/26	W3	Felixtowe 3 Dev	W2	Bury St Eds 3
14/2/26				
21/2/26	M4	Ipswich East 4	M3	Bury St Eds 5
28/2/26	W3	Bury St Eds 6 Dev	W2	Christchurch Ladies 1
7/3/25			M3	Thetford Town 1
14/3/25	W3	Framlingham 2	W2	Harwich & Dovercourt 1
21/3/25	W3	Harleston Magpies 5	M3	Norwich Dragons 3
28/3/25				

2025/2026 - Great Cornard Astro

		13:45 - 15:15		15:15 - 16:45
20/9/25	M1	Luton Town 1	M3	Ipswich Cranes 1
27/9/25	W1	Norwich City 1	M2	Colchester 3
4/10/25	M1	Upminster 1	M2	North Norfolk 1
11/10/25	W1	Dereham 2		
18/10/25	M1	Old Southendian 1	M2	Ipswich East 2
25/10/25	W1	Wisbech Town 1		
1/11/25	M1	Hertford 1	M2	Felixtowe 2
8/11/25	W1	Spalding 1	M1	Havering 1
15/11/25	M2	Dereham 2		
22/11/25	M1	St Albans 2	W1	City of Peterborough 1
29/11/25	M2	Bury St Eds 4		
6/12/25	W1	Norwich Dragons 1	M2	Bury st Eds 3
13/12/25				
20/12/25				
10/1/26	M1	Harpenden 1		
17/1/26	W1	Cambridhe City 4		
24/1/26	M1	Bedford 2	M2	Norwich City 4
31/1/26	W1	UEA Ladies 1		
7/2/26	M1	Letchworth 1	M2	Harleston Magpies 4
14/2/26				
21/2/26	W1	Cambridge South 1		
28/2/26	M2	East Coast 1		
7/3/25	M1	Brentwood 1	W1	St Neots 1
14/3/25	M2	Norwich Dragons 2		
21/3/25	W1	Ipswich 2	M1	Chelmsford 2
28/3/25				



SUDBURY HOCKEY CLUB

SPONSORSHIP OPPORTUNITIES

HELP US RAISE £150,000 BY 2030

We are on a mission to re-lay our Astroturf by 2026 - and we need your help to make it happen! Join us in supporting local sport and keeping hockey thriving in Sudbury.

£75 - MATCH SPONSOR

Support match day costs (pitch hire & teas). Your company logo featured on team sheet, social media, match reports, and club website.

£250 - ADVERTISING BOARD

2.44m x 0.6m branded board on display at Great Cornard LC Astroturf - visible all year round by pupils, parents, players, visitors & supporters

£500 - SCOREBOARD SPONSOR

Have your name on display for all to see and follow the match score!

From £10.00 - PITCH PATRON

Purchase a 1yr square of the new pitch from just £10. Premium squares also available - centre spot, D and Goals. A thank you board will display all donors names with plaques for sponsors over £250

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Senior Coaching

WOMEN'S LEAD COACH: **Will Chrystal**

Junior >12 Training: Tuesday 6:00 – 7:00pm

Women's Training: Tuesday 7:00 – 9:00pm

OPEN - MEN'S LEAD COACH: **Nick Thorpe**

Open - Men's training: Thursday 7:00 – 9:00pm

Subscriptions & Match Fees

ANNUAL SUBSCRIPTIONS

Seniors	£180 (£160 if paid before 30/9/25)
Juniors and Students*	£100 (£85 if paid before 30/9/25)
Goalkeepers	£50 (£30 if paid before 30/9/25)
Vice Presidents	£50
Associated/Social Member	£30

MATCH FEES

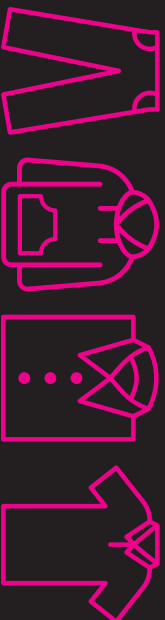
Seniors	£12
Junior and Student	£8
Goalkeepers (if using own kit)	£0

- * Students shall be aged 18-23 and in full-time education for more than 7 months of the year.
- Match fees are payable after the match via Teamo

Affiliations

England Hockey www.englishockey.co.uk

Suffolk Hockey Association <http://suffolkhockey.pitchero.com>



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Junior Section

JUNIOR COORDINATOR

Paul Rolfe | Mark Dudley

Mobile: 07970 721137 | 07947 500744

juniors@sudburyhockeyclub.co.uk

JUNIOR WELFARE OFFICER

Paul Rolfe

Mobile: 07970 721137

welfare@sudburyhockeyclub.co.uk

LEAD COACHES

TIM LUCAS (U8/ U10)

ALEX GOSPEL (U12)

MARK DUDLEY (U14/ U16)

Training times

U8 / U10	Sunday	09:30 - 11:00am
U12	Sunday	11:00 - 12:30pm
U14 / U16	Sunday	11.00 - 12:30pm
	Tuesday	06.00 - 7:00pm

- Training starts on Sunday 14th September 2025 and runs until Sunday 22nd March 2026 (inclusive) with a break for Christmas.
- At all times there will be other club coaches or assistants at the coaching sessions assisting the coaches.
- It is compulsory that juniors have mouth guards and shin pads and advisable that the correct footwear, appropriate playing attire and protective clothing such as a hand guard are worn whilst playing.
- Please note that the pick-up point and collection point for children is the Astro pitch NOT the Sports Centre car park.

FOR CANCELLATIONS OF TRAINING/MATCHES: If the weather is unsuitable there will be a message on the Club's Teamo site.

MATCHES: All League games and tournaments will be advertised as soon as the dates are known. Coaches will make player selections and notify players as soon as possible via Teamo. Please respond promptly to requests for match availability so that full teams can be selected in good time.

Junior Section Rules

Sudbury Hockey Club is fully committed to safeguarding the wellbeing of all its members. All officials of the club are expected to show respect and be open to listening and, when considered necessary, to act upon any concerns or complaints that members may have about the club.

Parents, carers, spectators and juniors will be expected to abide by the following Code of Conduct.

Juniors

- Play within the rules of hockey and respect officials and their decisions
- Respect opponents
- Keep to agreed timing for training, matches and competitions
- Inform your team coach/manager if you are going to be late
- Wear suitable kit for training, matches and competitions
- Pay fees for training and events promptly
- Do not consume alcohol or drugs of any kind on the club premises or whilst representing the club
- Use correct and proper language at all times

Parents/Carers

Parents/Carers can encourage your child by:

- Encouraging them to learn the rules and play within them
- Reinforcing that there is no place for unfair play or arguing with officials
- Helping your child recognise good performance, not just results
- Never forcing your child to take part in sport
- Setting a good example by recognising fair play and applauding the good performances of all
- Never punishing or belittling a child for losing or making mistakes
- Publicly accepting officials' judgements
- Supporting your child's involvement and helping them enjoy their sports
- Using correct and proper language at all times

Please note, if you would like to speak to a coach please do so when the session has finished. This will help sessions to begin on time and save interruptions.

Jonathan Lambert

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