



U18 Injury & Parent Notification Flowchart

Pitchside guide | Coaches, captains & team managers | Matches and training

START: Responsible adult stops and checks the player, makes the area safe and arranges first aid. Follow the checks in order.

CHECK IN ORDER

YES: RESPONSIBLE ADULT TAKES ACTION

01 EMERGENCY?

Unconscious, breathing difficulty, severe bleeding or suspected serious neck/spinal injury.

YES

Responsible adult gets urgent medical help first, then contacts parent/guardian ASAP.
Call 999; follow dispatcher instructions and arrange first aid.

NO

02 HEAD INJURY / SUSPECTED CONCUSSION?

Suspected concussion or significant head injury; e.g. confusion, dizziness, headache or vomiting after impact.

YES

Responsible adult removes from play and contacts parent/guardian ASAP.
Arrange prompt medical assessment. No return that day; follow EH concussion guidance. Supervise and hand over.

NO

03 SIGNIFICANT INJURY?

Cannot continue; suspected fracture/dislocation, significant bleeding or serious eye/face injury.

YES

Responsible adult removes from play and contacts parent/guardian ASAP.
Arrange prompt medical assessment. No return that day; supervise and hand over.

NO

04 INJURY OF NOTE?

Participation affected, treatment needed, persistent pain/swelling, cut/graze or impact causing injury.

YES

Responsible adult informs parent/guardian promptly.
Arrange first aid; share what happened, symptoms, care and next steps.

NO

05 MINOR KNOCK ONLY

Settles quickly; no apparent injury; player continues normally.

Responsible adult informs parent/guardian as soon as practicable, where appropriate.
Monitor; if symptoms or treatment needs emerge, use the appropriate route above.

ALL ROUTES: INJURY DEALT WITH

Accident Book required?

On-site injury, or entry required by club procedure?

YES

Responsible adult ensures the entry is completed;
parent signs where practicable.

NO / AFTER ENTRY

Meets England Hockey reporting threshold?

YES

Responsible adult completes EH report (scan QR); seek support if needed.

NO: keep the appropriate club record; monitor and follow up.

EH REPORTING THRESHOLD: First aider/medical professional treatment; hospital treatment; later GP visit; suspected/confirmed concussion or other significant head injury. Report as soon as practicable; if unsure, seek advice and report.

WHO DOES WHAT?

Responsible adult (Coach / Team Manager / Captain / nominated adult): assesses injury, arranges first aid, contacts parent/guardian, ensures club record completion and submits EH report where required.

Welfare Officer / nominated reporting officer: advises and oversees reporting; can submit the EH report if the responsible adult needs support.

EH INJURY REPORT



Keep the player supervised until safe handover. Store records securely; parents should tell the club about later medical treatment.