



Bedford Hockey Club

# BEDFORD HOCKEY CLUB

INFORMATION PACK 2025 - 2026



# Our Club

# Our Values

## Welcome to Bedford Hockey Club

Bedford Hockey Club was founded back in 1893 making it one of the oldest, largest & most successful clubs in the East Region. Chester Road has been our home since 1991 and we currently have over 500 registered players.

Our Junior Hockey Coaching welcomes children from Year 2 upwards and provides social and competitive hockey between September - March.

Bedford Hockey Club is dedicated to upholding the principles of equal opportunity. The club strives to guarantee that everyone, regardless of age, gender, ability, race, religion, ethnic origin, creed, colour, social status, or sexual orientation, has a fair and equal chance to engage in hockey at all levels and in all capacities. This commitment extends to all members and spectators. Bedford Hockey Club follows the guidelines set forth by England Hockey.



Bedford Hockey Club



# Our Club

## Junior Coaching

Bedford Hockey Club has created a welcoming and dynamic centre to allow our young players the space to learn about the exciting game of hockey alongside cementing skills and best practice. We welcome all prospective players and no previous hockey experience is necessary.

Our established hockey centre offers players dedicated coaching and a proactive and progressive approach to their development throughout the club.

Bedford Hockey Club offers a full schedule of training throughout the season on a Sunday morning for Junior players as well as the chance to play in local and regional matches against other teams.

For players joining the club or just trying hockey out, we offer **sticks and balls** we only ask for you to bring along your own **mouth guard** and **shin pads**. There is no requirement to wear/buy branded hockey club kit.

We will not be able to allow your child to play without **shin pads** and **mouth guard**.

## BDC

After Sunday morning juniors, players will transition into The Development Centre — an opportunity for U14, U16 and U18 players from clubs across the region to train in their age groups.

With Bedfordshire being a small county, pooling the expertise of staff from several clubs allows us to provide elite coaching and competitive age-group matches. We're proud to see our juniors develop their skills, gain match experience, and grow in confidence at BDC.

Girls and boys will train in separate groups on alternating weeks, and goalkeepers will continue to receive specialist coaching sessions alongside match play with their peers.



# Our Values at Bedford Hockey Club



## Enjoyment and Positive Experiences

We promote an environment to create a fun, engaging and safe space where young individuals can develop a lifelong love for hockey

## Skill Development

Bedford Hockey Club provides opportunities for players to learn and improve their hockey skills through skills sessions and matches

## Respect and Fair Play

We emphasise the importance of respecting the rules, opponents, officials and the spirit of the game

## Safe and Supporting Environment

We pride ourselves on our welcoming clubs and ensure a duty of care for all young players, creating an environment where each individual feels safe, supported and encouraged to learn and grow

## Holistic Player Development

Our club aims to develop 'complete players' by focusing on physical capabilities, mental skills, game understanding and highly skilled actions whilst developing important life skills like teamwork, respect, responsibility, and resilience.





# Coaching at Bedford Hockey Club

Bedford hockey club is proud to offer coaching to children from the age of 6 upwards and offer a dedicated training centre.

Our coaching team are made up of volunteering parents and players and consistently provide top class coaching with an emphasis on creating an enjoyable training session.



Bedford Hockey Club

# Coaching at Bedford Hockey Club

## U6's

Rob Tarrant  
Bel McConnell

## U8's

Susan Leach  
(Head of U8's)  
Jess Leach  
James  
Marriott



## U10's

Alex Hawke  
(Head of U10's)  
Dave Appleton

Holly Todd

Rachel Dixon

Matt Walsh



## U12's

*Head of Girls*  
James Pagliaro

*Head of Boys*  
Tim Wilson

Jake Woodrow  
(Support)



## Goal keeper coaching

Lucy Wilson  
(Head of Sunday Morning  
Goalies)

Manpriya Sira  
(Support)

Austin Reddy  
(Support)


Arthur Surridge  
(Support)





# Teamo Set up and how to use



**Bedford Hockey Club will be joining the sporting platform Teamo.  
Please use the following instructions to register your child.**

BEDFORD HOCKEY CLUB

powered by 



BEDFORD HOCKEY CLUB

Your club have chosen to use Teamo for their club database and communications hub.

Teamo gives clubs and teams a secure database, managed email system and interactive app for team management and more.

Before registering to **Bedford Hockey Club** with Teamo, you must agree to the Teamo, Sportplan Ltd T&C's.

☒ I have read and agree to Teamo's [T&C's](#)

Join club

**On your browser navigate to this link  
<http://teamo.chat/club/register/bedfordhockeyclub>  
where you will be directed to the Bedford Hockey Club registration page.**

**You will be given the option to register on behalf of a player in a set of simple pages.**

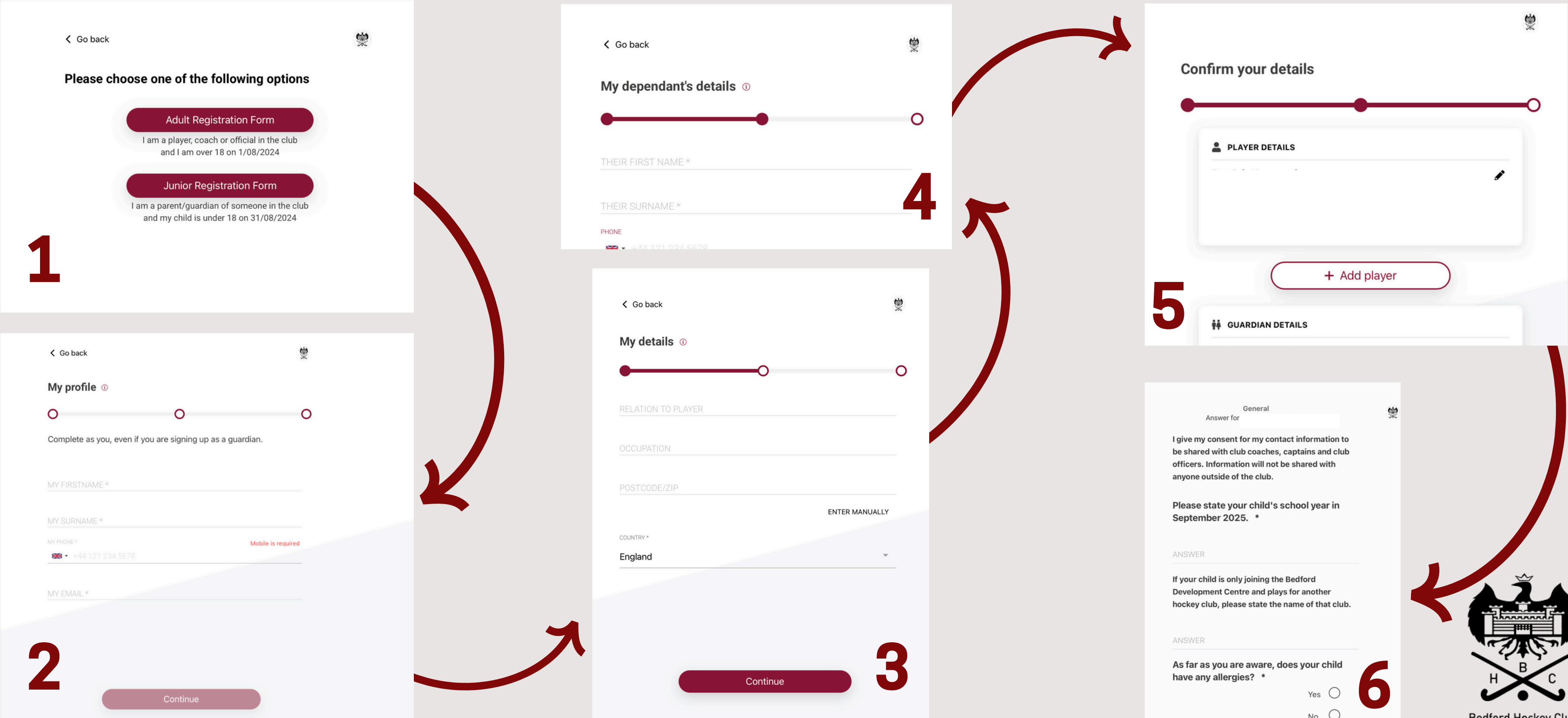
**For more help, please look through the next few pages for screenshots of the process or click below for a downloadable guide.**

**[Download Here](#)**



Bedford Hockey Club

# Teamo Set up and how to use





# Teamo Set up and App

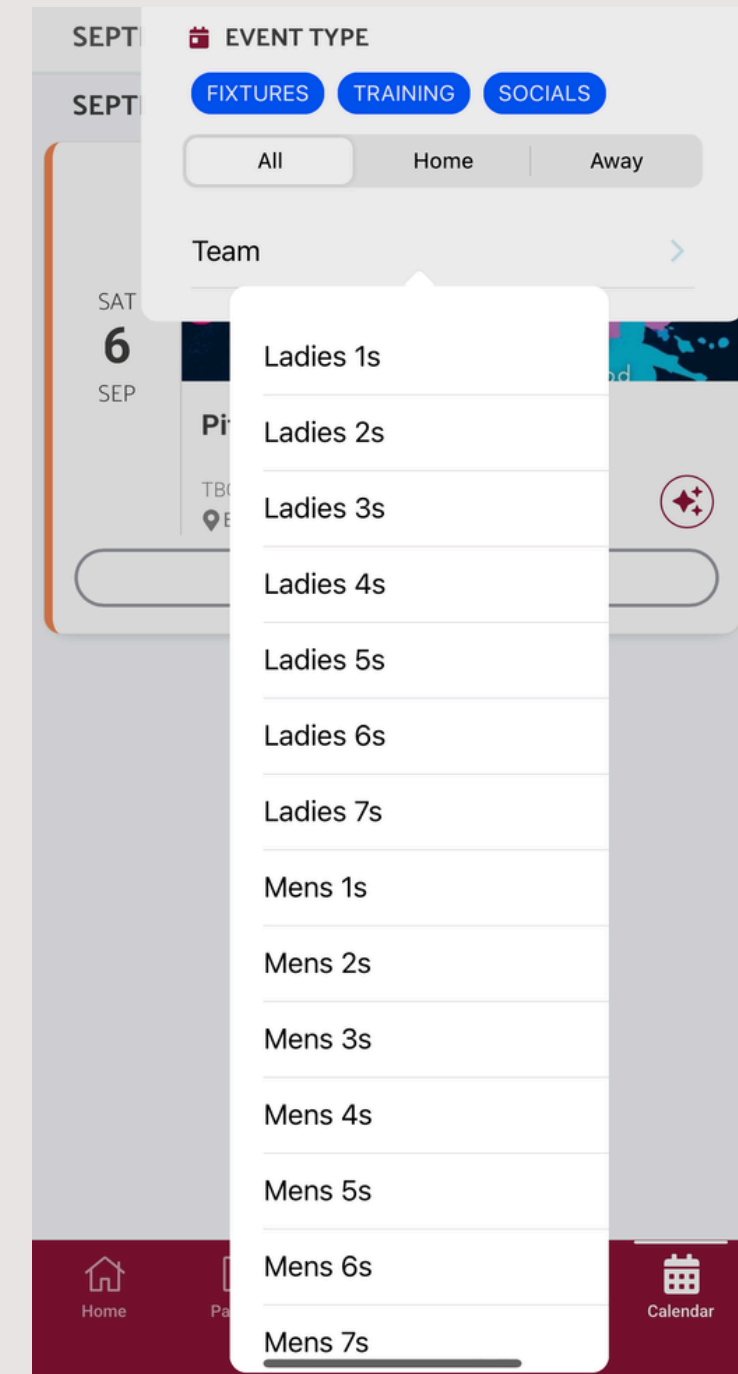
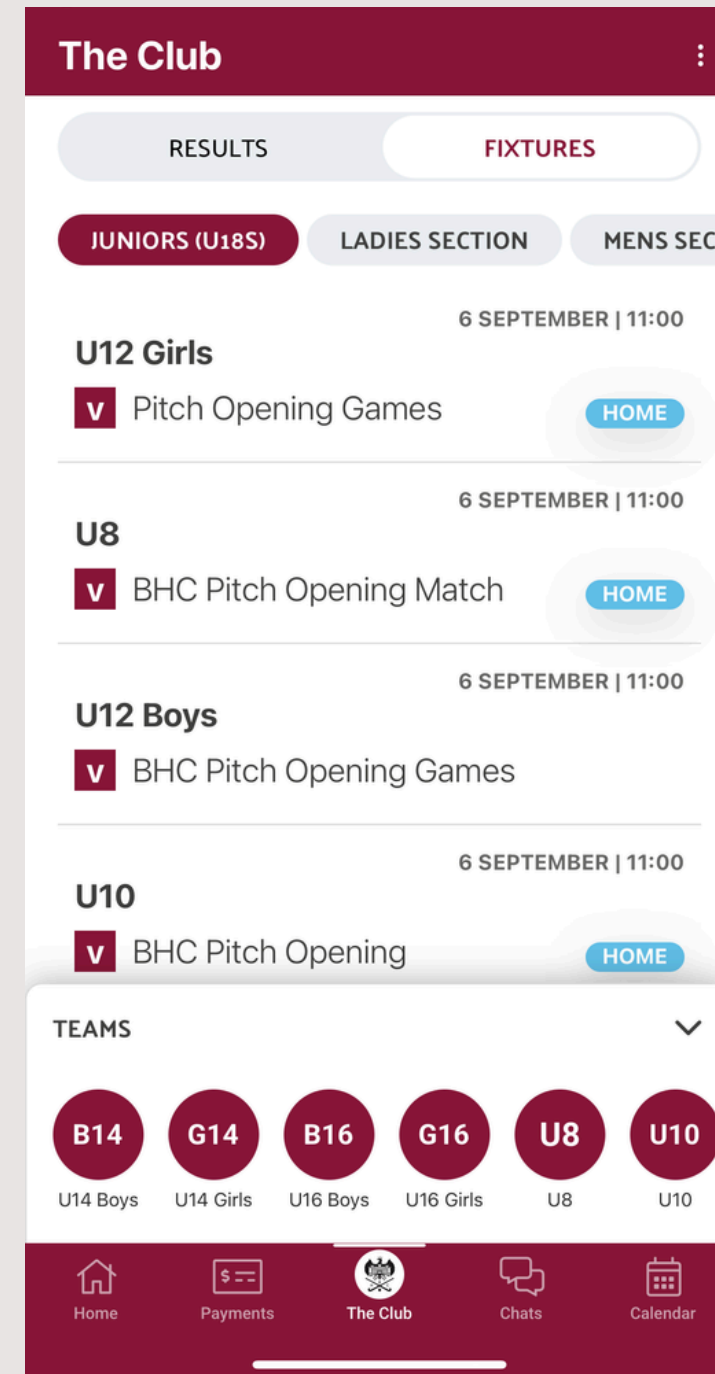
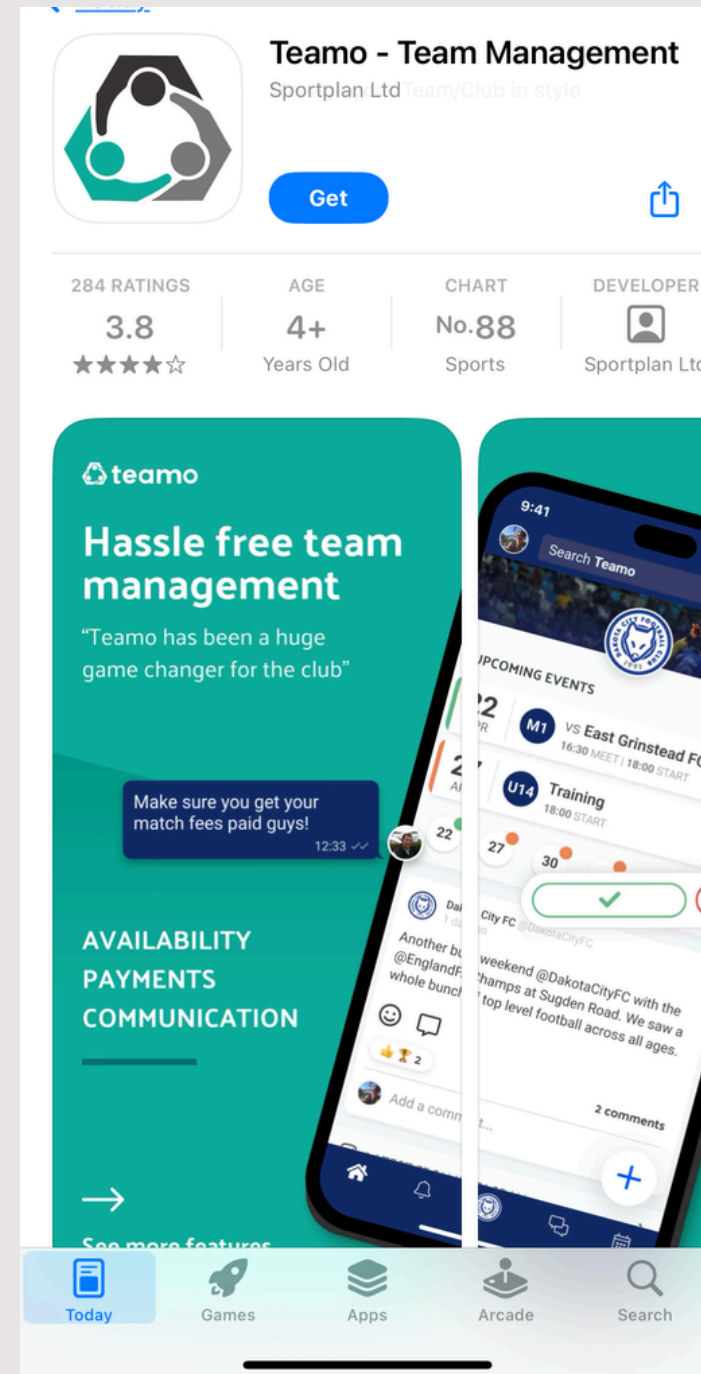
Please make sure you download the Teamo App and turn on notifications.

The Teamo App will become the first point of contact for updates on training, fixtures and general club news.

Subs and payments must be made through the online portal or App.

U6 and 8's Subs - £100  
U10 and 12's Subs - £110

Plus one-off £10  
registration fee per Junior  
Player



Bedford Hockey Club

# Training Schedule Bedford Junior Hockey

## 2025 dates for the diary

Sunday 14<sup>th</sup> September 2025 - Training  
Sunday 21<sup>st</sup> September 2025 - Training  
Sunday 28<sup>th</sup> September 2025 – **Tournament Leighton Buzzard**  
Sunday 05<sup>th</sup> October 2025 - Training  
Sunday 12<sup>th</sup> October 2025 - Training

Sunday 2<sup>nd</sup> November 2025- Training  
Sunday 9<sup>th</sup> November 2025 - Training  
Sunday 16<sup>th</sup> November 2025 – **U8's, U10's and U12's BHC Tournament**  
Sunday 23<sup>rd</sup> November 2025 - Training  
Sunday 30<sup>th</sup> November 2025 - Training  
Sunday 7<sup>th</sup> December 2025 - Training  
Sunday 14<sup>th</sup> December 2025 - Training

### Timings

U6's & 8's - 11am - 12pm

U10's & 12's - 11am - 12:30pm



## 2026 dates for the diary

Sunday 11<sup>th</sup> January 2026 - Training  
Sunday 18<sup>th</sup> January 2026 - Training  
Sunday 25<sup>th</sup> January 2026 – Training  
Sunday 1<sup>st</sup> February 2026 - Training  
Sunday 8<sup>th</sup> February 2026 - Training  
Sunday 15<sup>th</sup> February 2026 - Training  
Sunday 22<sup>nd</sup> February 2026 - Training  
Sunday 1<sup>st</sup> March 2026 - **Provisional training for U8's, U10's and U12's at Gordon Fields**  
Sunday 1<sup>st</sup> March 2026 - **Regional Tournament U10's and U12's A Teams ONLY**  
Sunday 8<sup>th</sup> March 2026 - Training  
Sunday 15<sup>th</sup> March 2026 - Training  
Sunday 22<sup>nd</sup> March 2026 - **U8's, U10's and U12's BHC Tournament and Save the Date for End of Season Party (more details to follow)**

### Training and Tournament - Invite Only

Sunday 12<sup>th</sup> April 2026 - **In2Hockey - Training and Game**  
Sunday 19<sup>th</sup> April 2026 - **In2Hockey - Training and Game**  
Sunday 26<sup>th</sup> April 2026 - **In2Hockey U10B and U10G A Team**  
Sunday 26<sup>th</sup> April 2026 - **In2Hockey U12B and U12G A Team**





# Tournament Details Bedford Junior Hockey

## 2025 tournaments

Sunday 28<sup>th</sup> September 2025 – **Tournament Leighton Buzzard**

Sunday 16<sup>th</sup> November 2025 - **U8's, U10's and U12's BHC Tournament**

**Please note that further fixtures may be added to the diary. Bedford Hockey Club are working closely with other regional clubs to secure dates which will be communicated closer to the time.**



## 2026 tournaments

Sunday 1<sup>st</sup> March 2026 - **Provisional training for U8's, U10's and U12's at Gordon Fields**

Sunday 1<sup>st</sup> March 2026 - **Regional Tournament U10's and U12's A Teams ONLY**

Sunday 22<sup>nd</sup> March 2026 - **U8's, U10's and U12's BHC Tournament and Save the Date for End of Season Party (more details to follow)**

Sunday 12<sup>th</sup> April 2026 - **In2Hockey - Training and Game - Invite Only**

Sunday 19<sup>th</sup> April 2026 - **In2Hockey - Training and Game - Invite Only**

Sunday 26<sup>th</sup> April 2026 - **In2Hockey Invite Only U10B and U10G A Team**

Sunday 26<sup>th</sup> April 2026 - **In2Hockey Invite Only U12B and U12G A Team**

All details of tournaments can be found on Teamo.



Bedford Hockey Club

# Tournament Schedule EAST League



As we move into the 2025/26 season at Bedford Hockey Club, our aim remains to give every Junior and BDC Member the best chance to develop their skills and love for the game.

We are excited to share that we have been given the opportunity to compete in the EAST League for players in the U12's group. This will mean that on occasional Sundays, our players will face teams who often represent their counties in the prestigious EAST Tournament, held at Harleston Magpies.

This is a fantastic opportunity for our club, and we have entered a team that will allow us to involve more players than ever at this high standard of hockey throughout the season. By doing so, we can help our young athletes grow in confidence, experience competitive play, and ensure that the ten players who ultimately represent Bedford in the finals are already well accustomed to playing at this level.

## Proposed Junior Fixture Dates 2025/26

Sunday 28<sup>th</sup> September - **U12, U14, U16, U18 East League Tournament**

Sunday 12<sup>th</sup> September - **U12, U14, U16, U18 East League Tournament**

Sunday 9<sup>th</sup> November - **U12 East League Tournament**

Sunday 11<sup>th</sup> January - **U12 East League Tournament**

Sunday 1<sup>st</sup> February - **U12 East League Tournament**

Sunday 15<sup>th</sup> March - **U12 East League Tournament**





# Junior Hockey Club Junior Selection Policy



**Like us at Bedford Hockey Club, we want every junior to feel valued, challenged, and supported.**

**We believe this approach gives each player the chance to develop their skills, grow in confidence, and contribute to the club in a positive and rewarding way — both on and off the pitch.**

At Bedford Hockey Club, our priority is to provide all juniors with opportunities to develop their skills, enjoy the game, and grow as part of a team. We aim to ensure selection for tournaments and matches is fair, transparent, and based on a combination of factors.

## **Selection criteria include:**

**Ability** – current skill level, game understanding, and readiness for the standard of competition.

**Participation** – consistent attendance and engagement in training sessions throughout the season.

**Availability** – for the specific dates of each tournament or fixture.

**Attitude & Behaviour** – respect towards coaches, officials, teammates, and opposition, both on and off the pitch.

**Commitment** – reliability, punctuality, and willingness to work hard in training and matches.

**Team Spirit** – supporting others, demonstrating good sportsmanship, and representing the club positively.

## **Additional points to note:**

Selection is not solely based on ability; we value commitment, attitude, and teamwork as highly as skill.

Coaches may rotate players to ensure all eligible juniors gain experience, especially in development-focused tournaments.

In some competitive tournaments, selection may prioritise players most suited to the required playing standard.

Goalkeepers will have opportunities for both specialist training and match play appropriate to their age and development stage.



# Bedford Junior Hockey Club Kit List



This season we have included a new mid-layer and rain coat, alongside a black skort.

Our maroon playing shirt, socks and white shorts will remain the same, with an optional purchase and addition of the new black pieces.

Uniform will be available to buy via the online shop with more information to come.





# Safeguarding and Administration

Bedford Junior Hockey and BDC designating safeguarding lead is Sharan Sira. Sharan has been a volunteer at the club for a number of years and provides a warm welcome to all visitors to the club.

If you are worried about any child or would like to discuss any safeguarding matter please contact Sharan Sira.

To view Bedford Hockey Club's policies on safeguarding, GDPR, and various Club procedure policies please see below.

**Equality.**

**Club Privacy.**  
**and GDPR**

**Anti-**  
**Bullying**

**Safeguarding**  
**& protecting.**

Bedford Hockey Club is dedicated to upholding the principles of equal opportunity. The club strives to guarantee that everyone, regardless of age, gender, ability, race, religion, ethnic origin, creed, colour, social status, or sexual orientation, has a fair and equal chance to engage in hockey at all levels and in all capacities.

This commitment extends to all members and spectators. Bedford Hockey Club follows the guidelines set forth by England Hockey.



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# Accessibility Fund

## Supporting All Our Players

At Bedford Hockey Club, we believe every young player should have the opportunity to enjoy and develop in our sport, regardless of personal circumstances.

We understand that sometimes the cost of membership, kit, or participation in events can be challenging. Our Accessibility Fund is here to provide confidential support to families who may need a little extra help.

If you feel this could benefit your child, please speak in confidence to Sharan Sira or email [juniors@bedfordhockeyclub.com](mailto:juniors@bedfordhockeyclub.com). All requests are handled sensitively, and there is no requirement to share more personal information than is necessary to provide the support.

Hockey is for everyone — we're committed to making sure no child misses out.



Bedford Hockey Club

# Sponsors at Bedford Hockey Club



Proud sponsors of Bedford Hockey Club, Sira Building was founded in 2004 and incorporated in 2011 by husband-and-wife team Sandeep and Sharan Sira. A true family business, Sira Building & Development Ltd is built on strong family values, which influence everything they do from the way they run their company to the way they support their community and the sport of hockey.

Sira Building manage the design, build, and maintenance of all types of buildings for both public and private sector clients. Based in Bedfordshire, they work throughout England, Scotland, and Ireland, serving a wide range of markets and industries. They pride themselves on delivering quality projects safely, on time, and within budget.

Both Sandeep and Sharan actively support the club, not only through sponsorship but also by playing and volunteering their time throughout the year, bringing the same dedication, teamwork, and integrity to hockey as they do to their business.



Times Tables Rock Stars was created by Bruno Reddy, a secondary school teacher with a passion to ignite a love of maths in his pupils.

‘Times Tables Rock Stars’ and its handy cousin ‘NumBots’ were developed as apps to turn maths into a fun and engaging way for children to learn. Used by over 17,000 schools and over 100,000 households, the apps are helping millions of children across the world to develop their understanding, recall and fluency in basic maths.

Both Bruno and Nicola Reddy support the club in volunteering their time throughout the year and playing within the club.



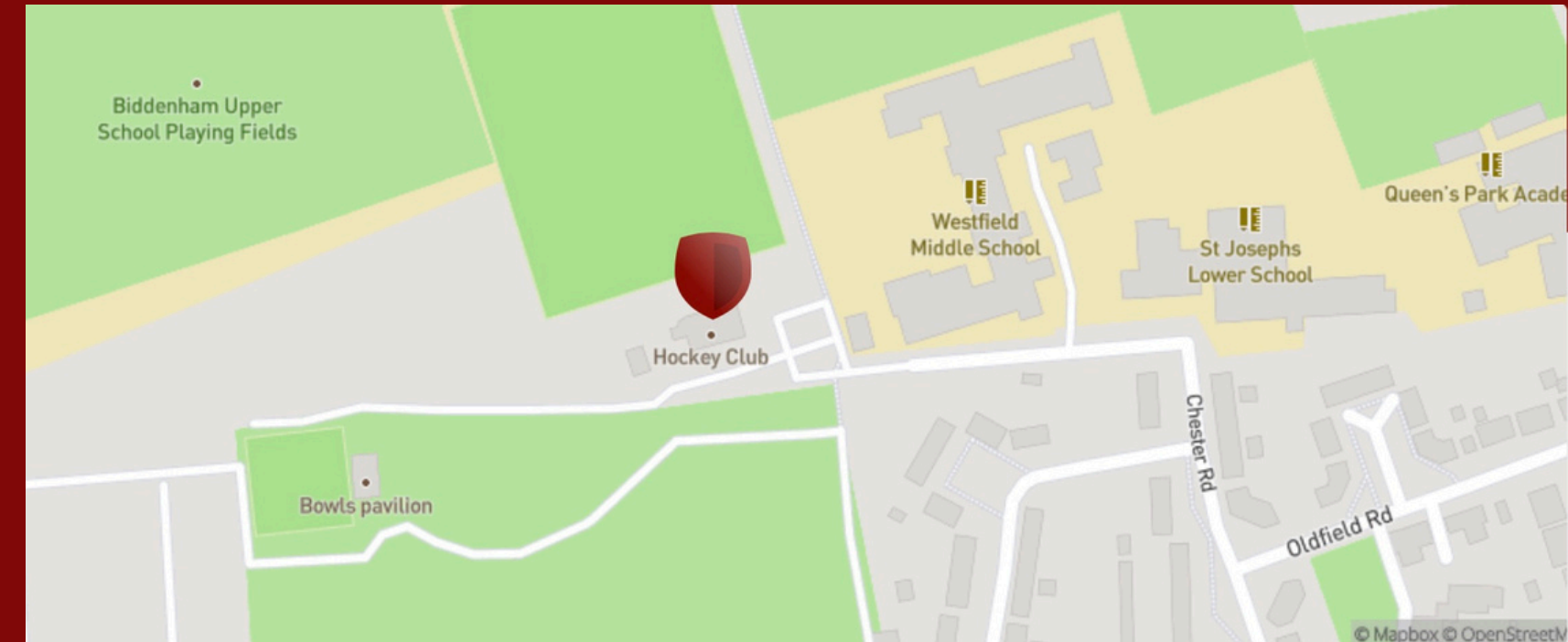


# Club details

Based in the heart of Bedford, the club provides players with brand new pitches for our juniors and seniors to play on.

## Bedford Sports and Hockey Centre

Chester Road  
Bedford  
Bedfordshire  
MK40 4HL  
07939524883



Bedford Hockey Club