

Blueharts Summer Cup 2026



CUP RULES

PLAYING

- Matches are expected to be played in a competitive but friendly manner appropriate to mixed hockey; players must take into consideration the playing standard of those around them and play [safe hockey](#).
- Players should only play for one team per week - *excluding GKs*.
- Matches will be played under [England Hockey](#) rules, with the following exceptions:
 - Matches will be 11-a-side, but teams must have a minimum of 5 female outfield players
 - Matches will be 4 x 15-minute quarters
 - Women's first strike on penalty corners, face protection should be worn by all defending players
- Players must be 13 years or older and have previously played adult hockey
- The gates to the pitch will open 30 minutes before pushback
- Teams may enter the pitch once gates open, but **no warm-up involving hockey balls is allowed until the previous teams have left the pitch**
- Post Thursday last match the goals are to be returned to the storage area.
- Games must not start until confirmation from the Blueharts Rep is given that everything is in place.

PLAYER CONDUCT

All players are expected to adhere to England Hockey's **Code of Ethics and Behaviour**. If any behaviour, **on or off the pitch**, is deemed not to align with this code, the competition organisers reserve the right to **remove the individual(s)** involved and **bar them from further participation**. Key points include:

- Show respect for the spirit of the game, including **fair play, sportsmanship and friendship**.
- Respect the **rights, dignity and worth** of others.
- Respect **umpires, officials, coaches, players and spectators**.
- Conduct yourself in a manner that **protects your own safety and the safety of others**.
- **Do not participate under the influence** of alcohol or drugs.
- Promote a **positive reputation for the sport** and avoid bringing it into disrepute.
- Be a **positive role model**, especially for younger players and spectators.
- Never use or tolerate **verbal or physical abuse, threatening behaviour, or inappropriate language or gestures**, including sexist, racist or abusive language.

Full Code: [England Hockey Respect Code of Ethics and Behaviour \(PDF\)](#)

PROVIDED BY BLUEHARTS HC

- Safe playing environment.
- Access to changing facilities – teams to follow Blueharts Changing room code of conduct.
- Access to warm up area – All U18s to be supervised by adults at all times.
- On site will be a Blueharts representative responsible for ensuring the safe environment prior to the game, turning on and off floodlights where needed and opening and closing up the pitch.
- All Captains should make themselves known to the Blueharts representative and confirm with them that everything is in place to play safe hockey.

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- If for some reason the Blueharts Rep can't be found the captains should report to the bar staff who will phone the emergency on call.

TEAM REQUIREMENTS

- Captains of teams with juniors must hold a current DBS certificate and a recognised safeguarding certificate dated within the last 3 years.
- Ensure players use suitable clean footwear (brushes located outside the pitch). Blades and studs of any description are not allowed whether moulded or not.
- Parking for players and spectators must be in the designated parking spaces to avoid blocking access by delivery and emergency vehicles. Parking is at the drivers own risk.
- Chewing gum, food or drink (except water in metal or plastic bottles) is expressly forbidden on the pitch or anywhere within the fence around the pitch.
- All litter is to be removed or placed in the bins provided.
- In the interest of player safety any jewellery should be removed.
- All players and spectators are expected to be respectful and give due consideration to the users of the clubhouse, grass pitches and the local residents.
- Repeated rude abusive behaviour, racial or discriminatory comments will result in team disqualification.

UMPIRES

- Each team must provide one qualified (L1 assessed or higher) to the umpire pool.
- Each team may provide any umpires (L1 unassessed) that are seeking experience to the pool.
- The Summer Cup Management will assign umpires to games.
- Each match will have at least 1 L1 assessed or higher officiating every game.
- It is the team Captains' responsibility to ensure all the umpiring rules above are complied with. If not, the game cannot proceed.

EMERGENCY PROCEDURES AND ACCIDENT REPORTING

- In the case of an emergency – Blueharts [emergency pitch procedures](#) are to be followed.
- Any accident requiring first aid, in particular head injuries and excluding muscle injuries must be reported here <https://forms.gle/D7okMRtZmFNcdCBE7>.
- All persons using the facilities do so at their own risk. Users are strongly advised to seek medical advice before undertaking exercise. Users with any known medical condition should consult their doctor before participating in any form of exercise.

KIT

- Sides should indicate the colour of their kit and the 'home' team will wear their normal kit, the 'away' side will have to provide alternative colours if there is a clash.
- The 'home' team should provide a match ball.
- All teams should have their own first aid kits.
- Other personal safety equipment should be worn such as shin, ankle and mouth protectors.

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SCORING

- Match results must be sent via message, emailed to summer.cup@outlook.com by 10:30pm on match day or uploaded to Teamo (Blueharts teams only).
- 3 points for a win, 1 point for a draw, 0 points for a loss.
- In the event of sides having the same points at the end of the league, goal difference followed by goals scored followed by head-to-head results will decide the league positions.

INSURANCE

- Each team / player will need to be linked to an England Hockey affiliated club to ensure they have adequate playing insurance or have relevant private playing insurance (this is to include Public Liability of at least £5 million).

FEES

- External (non-Blueharts) teams o Teams must pay the amount due on receipt of the invoices
 - Teams will be charged a one-off admin fee of £20 and £70 per match thereafter
 - Two invoices will be issued to teams – the first at the half-way point of the league and the second at the end of the league
- Blueharts teams
 - Teams and fixtures will be set up on the TEAMO app
 - Players must be assigned to the relevant team and pay the allocated match fee (£5) per game

Failure to comply with any of the Cup Rules may result in disciplinary action being taken by Blueharts Hockey Club.