## **Epsom Hockey Club**

## August 2025 Newsletter



Not long now until the start of the season! Pre-season training and matches have started so check back into Teamo and sign up!

You may have also seen that subscriptions are now being allocated for payment. This is a time consuming process and there may be a few errors for which we apologise but it's quite a task! Just let Maj know what the issue is and he'll do his best to sort it out (membership@epsomhc.co.uk). The process has been started early so there is time to deal with changes and movement between categories.

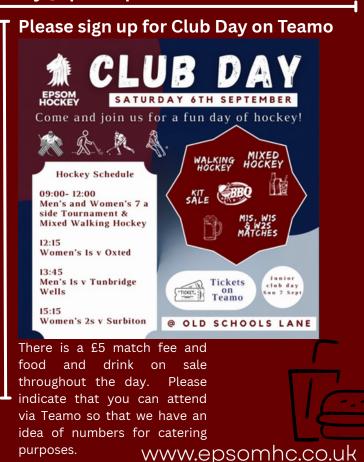
For those that attended the AGM and/or read the June Newsletter, you'll know why subs have had to go up this year. England Hockey has doubled (!) their affiliation fee and although we have tried to absorb some of this increase, we are also facing rising running costs and of course, there is a new clubhouse to build. Our rates are very much in line with other local clubs and in certain cases 30% less.

We have a strict "no pay - no play" policy so please be mindful of this and make sure there are no debts left over from last season.

We want to make hockey accessible for all and if you have genuine issues with covering payments, please reach out to Alex Waine, who will be happy to discuss individual cases in complete confidence (treasurer.hockey@spsomsportsclub.co.uk).



Come along and watch this thrilling 30-over mixed cricket match on Sunday 31st August @ 1pm at Schnadhorst Memorial Ground, Woodcote Rd, between Epsom Hockey Club and Epsom Cricket Club. The bar will of course be open. Come and support!



# **Epsom Hockey Club**







#### Clubhouse Build Update

Following the selection of a contractor, we are full steam ahead on finalising the contractual documentation, discharging pre-commencement planning conditions, agreeing site set-up and finalising the specifics of the build program. Full details on access, welfare provision, movement around the site etc to follow in due course, we appreciate that there will be some disruption and thank you in advance for accepting some short-term pain for major long-term benefit.

There is a lot to do in the next 4 weeks or so and you will start to see changes happening around the site as we get ready to put the first spade in the ground, which will be a massive moment for the club and one we should all be proud of achieving

Your donations are still needed to ensure that we get the best clubhouse possible - PLEASE PLEASE do give generously and we look forward to receiving your support in all our fundraising initiatives over the coming seasons.

Donations can be made via the just giving page (there is also a link on the hockey club website). https://www.justgiving.com/campaign/clubhouse

As always any fundraising ideas, sponsorship or larger donations are gratefully received - don't be shy! Please drop Emma a line at chair@epsomhc.co.uk

#### 300 Club

Don't forget to sign up to the 300 club. It's so easy to do, helps the club and gives you the chance of a cash prize!

As we look to the future we want to build up to 300 entries per month hence the name. To enter either simply set up a standing order for £10 per month or £120 annually

Payee: Epsom HC 300 Club Account number: 51808762

Sort code: 23-05-80

Reference (300, first name last name)



#### <u>Sponsorship</u>

We are keen to explore different avenues of revenue and really want to actively involve the local community. With over 1,200 members the footfall at OSL is ever growing and there are lots of opportunities for linking up with local businesses. Please get in touch if this is something which interest you either in growing your own business or someone you may know.

Contact: James (Bomber) Harris - vicechair@epsomhc.co.uk

**Epsom Hockey Club** 



| Pre-Season Training Schedule |   |
|------------------------------|---|
| ld Schools Lane              | WORK HARD, ACHIEVE GREATNES   |
| MONDAY                       | 7:30-9:00 - W 1 - 3<br>Starting 4 <sup>th</sup> Aug   |
| TUESDAY                      | 7:45-9:30 - Men's Performance<br>Starting 5 <sup>th</sup> Aug                                     |
| WEDNESDAY                    | 7:30-9:00 - Women's Performance<br>7:45-9:30 - Men's Performance<br>Starting 13 <sup>th</sup> Aug |
| THURSDAY                     | 7:45–9:30 - Men's Performance<br>on 7 <sup>th</sup> Aug ONLY                                      |
|                              | 7:30-9:00pm - W4 - 7 s<br>Starting 14 <sup>th</sup> Aug   |
|                              | 7:30-9:00pm - Men's Club<br>Starting 14 <sup>th</sup> Aug   |
| FRIDAY                       | 7:30-9:00pm - Mixed Hockey  |



many will be attending to plan

sessions accordingly.

#### A few other reminders......

With the season almost upon us, please remember the preference is that OSL is a dog free area. However, we do realise that it is not always practical to leave our furry friends home alone. If you do need to bring them, please can you keep them on a lead at all times, well away from the spectator and pitch areas and please clear up after your pooch.





**P**lease update Teamo with your vehicle reg, colour and make - there are cameras installed at Woodcote Road so if you park there and haven't registered your car, you could with a fine to pay.

If you've changed vehicles or have new drivers in the family, don't forget to add these!

**K**eep us updated on your news and match results - please send photos and news to our Social Media guru, Natalia Anda on communications@epsomhc.co.uk.

Don't forget to tag us on any hockey posts on instagram

@epsomhc
@epsomhcjuniors



### Who's Who and Who's New?





We are delighted to announce the appointment of Henry Emmett as Women's 1s Coach and Tom Dixon as Women's 2s Coach for the upcoming season. They will be supported by Richard Organ, former England Women's Indoor coach, who brings a wealth of experience and technical expertise as we work towards building a strong foundation on our journey to the National League.

A former Scotland U21 international goalkeeper, Henry has played National League hockey in both England and France. He brings a high-performance mindset and a breadth of coaching experience from working in women's and junior hockey across France, Australia, and the UK.

Tom brings valuable coaching experience from top schools in South Africa and has already been making a strong impact since joining Epsom HC a couple of months ago. His energy and commitment to player development, combined with Henry's elite-level insight, promise to foster a unified, competitive, and ambitious environment across both squads.

We are extremely lucky to retain Spuggie as coach in the Women's Section and she has expanded her role to include all teams from Women's 3s to Women's 7s. Last season's recipient of the "Be more Swight" Award, Spuggie is a much loved and valued coach across the Women's and Junior Sections.

We are very excited for the season ahead and confident that this coaching team will inspire progress, growth, and success throughout the club.

## Community Outreach







You may not be aware but Epsom Hockey Club runs a school outreach programme. We provide weekly coaching sessions to schools to give more children the opportunity to play hockey, encourage them to get active and make friends through sport. We currently work with three local state schools - Rosebery, Ewell Grove and Glyn, and run weekly sessions at each school. This has inspired many of the pupils to join our club, or has kept pre-existing members engaged with the club, expanding the size of our community.

We are looking to expand this programme but in order to fund it, we are reliant on grants and subsidies.

A huge thank you to **Toyota** who have recently made a generous donation of £2,000 towards our outreach programme.



### GENERAL COMMITTEE 2025-26 SEASON

| Chair                   | Emma Andersen                  |
|-------------------------|--------------------------------|
| Vice-Chair              | James Harris                   |
| Secretary               | Sue Everest                    |
| Treasurer               | Alex Waine                     |
| Men's Captain           | AJ Cerqueti                    |
| Womens' Co-Captain      | Sarah Orr & Becky Harris       |
| Junior Co-Chair To      | orben Andersen & Mark Sydenham |
| Welfare Officer         | Nita Underwood                 |
| Membership Secretary    | Majid Azam                     |
| Events Manager          | Lucy Jalland                   |
| Social Media Manager    | Natalia Anda                   |
| Website Manager         | Robin White                    |
| Facilities Manager      | Duncan Holmes                  |
| Sports Club Hockey Dire | ector Simon Everest            |
| Director of Hockey      | Mary Rooth                     |



## Club News



Well done to all our
members who have
recently collected exam
results - we wish you all
well in your next
ventures!





Congrats to Lawrence Marsh - 2nd top male scorer in the London Leagues last season t





Congratulations to Nicola Brown and the England Masters Women O45s team who won the 4 Nations in Glasgow

Congratulations to our European

Champions !!!!



Well done to the Epsom players representing various
Masters Teams at the European Champs in
Nottingham

to Tom and
Emma on tying
the knot!





#### Pat Gabbett

We received the sad news that one of our longest standing members, Pat Gabbett, recently passed away.

Pat was a member of the Hockey Club for over 50 years and was a generous, enthusiastic and much loved member of our community. He was always willing to help the club and others out and was heavily involved in the construction of the Woodcote pavilion.

In more recent times, he was regularly to be found helping out with umpiring, supporting events (including race nights) and catching up with friends both pitchside and in the bar.

We send our deepest condolences to his wife Joan, his family and friends at this time.



## Results:

What a great game at OSL on Saturday. Ended honours even with a 3-3 draw. Hard fought but a great social atmosphere after and a great start to the fundraising for the season. Well played all! An extra special thanks to our awesome

umpires - can't play without you.

Saturday 23rd August 2025

## Epsom U18s ∨ Epsom M1s







#### Pre-season v Durham Uni

A great game of hockey saw the EHC Men's 1XI come out on top of this tight affair.

An energetic game with lots of positives to take forward into the new season!

Many thanks to @durhamuniversityhc for the amazing game and we wish them all the best for the upcoming season.

- 1. Sam Nash
- 2. Alex Thompson
- 3. Niall Doidge
- 4. Jake Davies
- 5. Thomas Davidson
- 6. Jack Turnbull
- 7. Che Robinson
- 8. Josh Harris 9. Tom Dixon

- 10. Carsten Andersen
- 11. Jack Underwood
- 12. Sam Druce
- 13. Ollie Shindler
- 14. Sam Prouse
- 15. Ben Symons
- 16. Freddie Shaill
- 17. Adam Barker







### Junior Section News

Sign up on Teamo



## IST TEAM TAKE OVER!

Open junior hockey session with the Men's and Ladies 1st team

> Friday 29th August U12 and below 6-7 U14 and above 7-8 @Old Schools Lane

BBQ and Drinks available

All Juniors Welcome!