

PLANNING SAFE HOCKEY



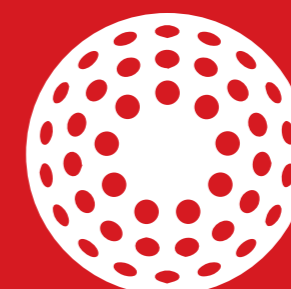
DON'T...



ALLOW UNSUPERVISED
WARM-UP ACTIVITY



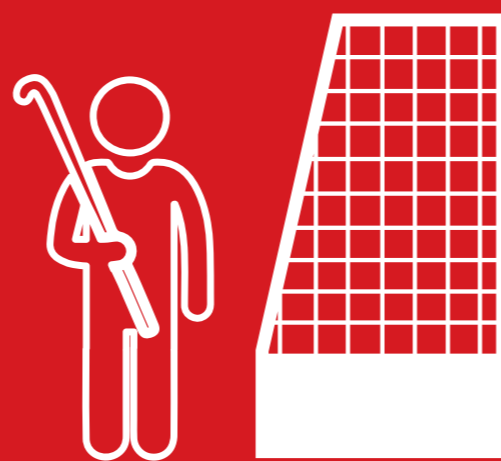
ALLOW UNSUPERVISED
ACTIVITY WHICH
COMPROMISES SAFETY
(I.E. TRICK SHOTS)



ALLOW HOCKEY BALLS
ON THE PITCH UNTIL THE
SUPERVISED WARM UP
STARTS



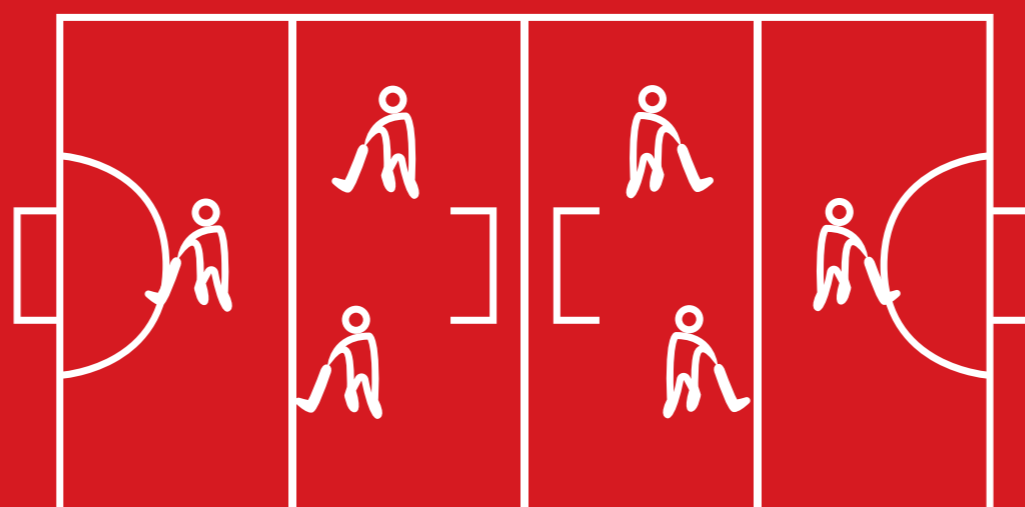
ALLOW UNSUPERVISED
STICK AND BALL TIME



SHOOT AT GOAL IF DOING
SO PUTS OTHERS IN
DANGER



LOSE CONTROL OF, OR
SWING, YOUR STICK WHEN
CLOSE TO OTHERS



SET UP ACTIVITY IN A WAY THAT
COMPROMISES SAFETY

PLANNING SAFE HOCKEY



DO...



ENSURE WARM-UPS ARE
FUN AND ENGAGING



CONSIDER THE AGE/
NEEDS/ABILITY OF YOUR
GROUP



ENSURE YOUR
ENVIRONMENT IS SAFE



TAKE A REGISTER AT THE
START OF THE SESSION



ENSURE ALL ACTIVITY IS
SUPERVISED



KNOW WHERE TO FIND
THE NEAREST FIRST AID
PROVISION



ENSURE MEDICAL INFORMATION AND
CONTACT DETAILS ARE ACCESSIBLE IN
AN EMERGENCY