



Richmond Hockey Club

CHANGING ROOM POLICY

Players aged 10 and under must be supervised at all times in changing rooms by two members of staff, of the same gender as the players.

Adults working with young teams, including volunteers, coaches, umpires or staff, should not change/shower at the same time when using the same facility as young players.

Mixed gender teams must have access to separate male and female changing rooms (or arrange to use them at different times).

If young players play for adult teams, they and their parents must be informed of the club's policy on changing arrangements. If young people are uncomfortable changing or showering in public, no pressure should be placed on them to do so.

If you have young leaders (under 18) involved in running sessions for other young people, it is not appropriate for them to change together (they are in a position of trust). Make alternative arrangements for them for changing (i.e. before / after other young people or change at home).

If your club has disabled players, involve them and their parents / carers in deciding how, if applicable, they wish to be assisted to change and ensure they provide full consent to any support or assistance required.

If adults and young people need to share a changing facility, the club must have consent from the parents that their child/children can share a changing room with adults in the club.

Dated October 2021 by Richmond Hockey Club Committee