



# Harpenden Hockey Club - Training Schedule Times 2025/26

## MONDAY

	Pitch A	Pitch B	
18:00			18:00
30'			30'
19:00	U10 / U12 BOYS	U14 BOYS	19:00
30'			30'
20:00	BACK TO HOCKEY	MIXED	20:00
30'		SENIORS	30'
21:00	LIGHTS OFF		21:00
30'			30'

## TUESDAY

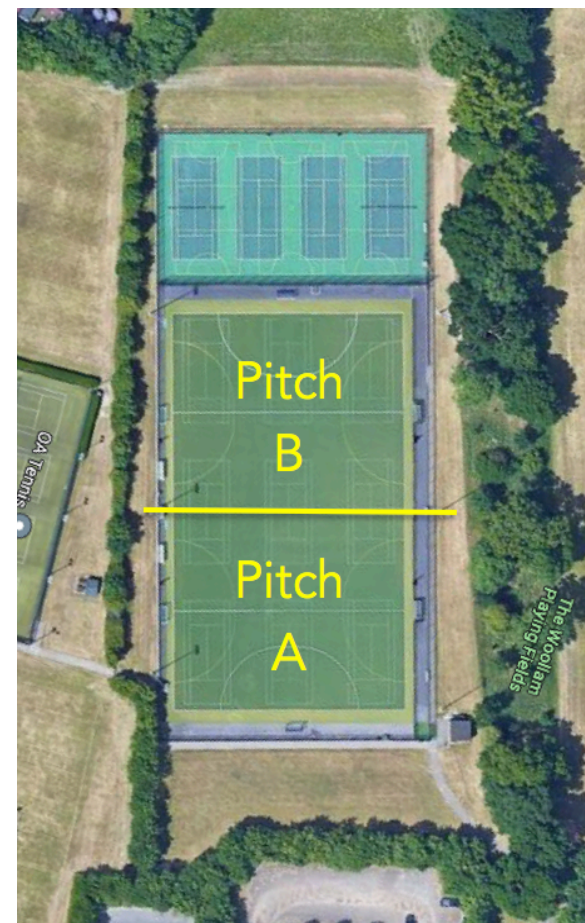
	Pitch A	Pitch B	
18:00			18:00
30'			30'
19:00	FEMALE TRAINING		19:00
30'			30'
20:00			20:00
30'			30'
21:00	LIGHTS OFF		21:00
30'			30'

## WEDNESDAY

	Pitch A	Pitch B	
18:00			18:00
30'			30'
19:00	OPEN 1 & 2 TRAINING	U16 BOYS / REST OF CLUB	19:00
30'			30'
20:00			20:00
30'			30'
21:00	LIGHTS OFF		21:00
30'			30'

## SUNDAY

	Pitch A	Pitch B	
09:00			09:00
15'			15'
30'			30'
45'			45'
10:00	U8 GIRLS / BOYS	U10 GIRLS	10:00
15'			15'
30'			30'
45'			45'
11:00	U12 GIRLS		11:00
15'			15'
30'			30'
45'			45'
12:00	U14 GIRLS / U16 GIRLS		12:00
15'			15'
30'			30'
45'			45'
13:00			13:00
15'			15'
30'			30'
45'			45'
14:00			14:00
15'			15'
30'			30'
45'			45'
15:00			15:00
15'			15'
30'			30'
45'			45'
16:00			16:00
15'			15'



## NOTES

**MIXED HOCKEY:** Every other Monday from 8-9pm, the pitch is available for Mixed Hockey. Primary aimed at the younger players in the club, that are looking to play mixed hockey. Focus is to build the social side between the Female/Male section of the club, playing games and build that connection with fellow players when we enter the EH Club Competition. Refer to Teamo Calendar on the schedule and confirm your attendance, join the Mixed Team to see schedule by using code **MX1YG**

**SENIORS "SOCIAL MIXED MASTERS":** On alternate Monday Nights from the Mixed Hockey, the club has put a dedicated slot so for all those Over 35 (Females and Males) that struggle to train, the opportunity to still play some hockey. The plan for these sessions are to make them enjoyable and play mini games between all those that attend. Refer to Teamo Calendar on the schedule and confirm your attendance, if you are not in the "Social Mixed Master" you can join by using code **PNH1T**

**GK COACHING:** Throughout the course of the session the club has schedule 10x dedicated goalkeeper training session on a Wednesday evening 7:15-8:45pm. The sessions are limited to 6x GK, please refer to Teamo Calendar on the dates and confirm your attendance.