

LHC Code of Conduct for Players

- Arrive for training and matches on time to prepare thoroughly.
- Take responsibility for checking times, travel conditions, pitch locations, shirt colour requirements. Players are expected to be at match venues at least 30 minutes before start time. This may be increased by Team Captains
- Let Captains know availability as soon as possible and avoid late withdrawals except through injury or exceptional circumstances. Inform the coach as soon as you know you cannot attend, or are going to be late to a training session or match.
- Wear the right kit for matches and training. This includes a well-fitting mouth guard and shin guards. Club kit should be worn. All league home games are played in red shirts, black shorts, black socks. Away games are generally played in white shirts, black shorts, white socks. Any loaned shirts are the financial responsibility of the individual or the squad to which they have been loaned.
- Warm up and cool down properly. Inform the coach of any injury as soon as possible.
- Do not leave the match or training session early without first informing the captain/coach.
- Learn and play by the rules of the game.
- Respect the spirit of fair play in hockey. This is more than playing within the rules. It also incorporates the concepts of friendship, respect for teammates and the opposition, and respecting the decisions of the umpire or the coach
- Be a good sport – win with modesty, lose with dignity.
- Only the Team Captains should discuss decisions with umpires during a game. Direct any queries to your

Captain. Shake hands with opponents and umpires at the end of a game.

- Recognise and applaud good play. Set a positive example for others, particularly young participants and spectators. Never use inappropriate language or gestures
- Protect others involved in the game from verbal or physical abuse and threatening or intimidating behaviour.
- Pay all subscriptions and fees due to the club on time.
- Red and yellow card procedure will follow EH guidelines. Players may be reported to the Committee for repeated Green/Yellow cards or general disciplinary offences.
- Abide by the Leicester Hockey Club disciplinary policy.
- Abide by the England Hockey Safeguarding, Equity Policy, Anti-Doping Rules and other relevant policies. See our welfare page for the policies we are signed up to as a club.
- Abide by LGS site regulations. Note: LGS is a no smoking site.
- Ensure that social media sites do not contain material that may be, or considered to be, potentially derogatory, offensive or abusive. Comments that are open to the public must reflect respect, courtesy and tolerance and contain only appropriate material.
- Players are encouraged to arrange their own personal accident insurance.

LHC Code of Conduct for Parents and Carers

- On your child's behalf, assume the Code of Conduct for Players (Help them to organise correct kit, match times, locations, match fees)
- Set a good example by recognising fair play and applauding the good performances of all.
- Encourage your child to learn the rules and play within them.
- Discourage unfair play and arguing with officials, lead by example.
- Help your child to recognise good performance, not just results.
- Never force your child to take part in sport.
- Never punish or belittle a child for losing or making mistakes.
- Publicly accept officials' judgements.
- Support your child's involvement and help them to enjoy their sport.
- Support the team coach's instructions, team selection process and match tactics.
- Use correct and proper language at all times.

LHC Code of conduct for Coaches, Club Officials and Volunteers

- Consider the well-being and safety of participants before the development of performance.
- Develop an appropriate working relationship with players, based on mutual trust and respect.
- Make sure all activities are appropriate to the age, ability and experience of those taking part.
- Display consistently high standards of behaviour and appearance.
- Follow all guidelines laid down by the national governing body and the Club, covering safety, inclusion, ethics and conduct.
- Hold an appropriate DBS certificate. Pass an approved Safeguarding course. Pursue the appropriate coaching qualifications.
- Never exert undue influence over players to obtain personal benefit or reward.
- Promote the positive aspects of the sport including fair play, sportsmanship and enjoyment.