

HWHC TA 2025/26 Schedule (v6 Jan-25)				
OPEN/BOYS / GIRLS	DAY	DATE	TIME	ACTIVITY
August				
Open/Boys & Girls	Tuesday	26th	5pm - 7pm	Trials
Open/Boys & Girls	Wednesday	27th	5pm - 7pm	Trials
Open/Boys & Girls	Thursday	28th	5pm - 7pm	Trials
Open/Boys	Sunday	31st	10am - 12pm	Trials
Girls	Sunday	31st	12pm - 2pm	Trials
September				
Open/Boys	Wednesday	10th	6pm - 7.15pm	Training
Girls	Thursday	11th	6pm - 7.15pm	Training
Open/Boys & Girls	Sunday	14th	2pm - 6pm	Training
Open/Boys	Wednesday	17th	6pm - 7.15pm	Training
Girls	Thursday	18th	6pm - 7.15pm	Training
Open/Boys & Girls	Sunday	21st	2pm - 6pm	Training
Open/Boys	Wednesday	24th	6pm - 7.15pm	Training
Girls	Thursday	25th	6pm - 7.15pm	Training
October				
Open/Boys	Wednesday	1st	6pm - 7.15pm	Training
Girls	Thursday	2nd	6pm - 7.15pm	Training
Open/Boys	Wednesday	8th	6pm - 7.15pm	Training
Girls	Thursday	9th	6pm - 7.15pm	Training
Open/Boys	Wednesday	15th	6pm - 7.15pm	Training
Girls	Thursday	16th	6pm - 7.15pm	Training
Open/Boys	Wednesday	22nd	6pm - 7.15pm	Training
Girls	Thursday	23rd	6pm - 7.15pm	Training
<i>w/c 27th October - Half Term - No midweek training</i>				
November				
Open/Boys	Wednesday	5th	6pm - 7.15pm	Training
Girls	Thursday	6th	6pm - 7.15pm	Training
Open/Boys	Wednesday	12th	6pm - 7.15pm	Training
Girls	Thursday	13th	6pm - 7.15pm	Training
Open/Boys	Sunday	16th	2pm - 4pm	Internal Match
Girls	Sunday	16th	4pm - 6pm	Internal Match
Open/Boys	Wednesday	19th	6pm - 7.15pm	Training
Girls	Thursday	20th	6pm - 7.15pm	Training
Open/Boys	Wednesday	26th	6pm - 7.15pm	Training
Girls	Thursday	27th	6pm - 7.15pm	Training
December				
Open/Boys	Wednesday	3rd	6pm - 7.15pm	Training
Girls	Thursday	4th	6pm - 7.15pm	Training
Open/Boys	Wednesday	10th	6pm - 7.15pm	Training

Girls	Thursday	11th	6pm - 7.15pm	Training
Open/Boys	Sunday	14th	4pm - 6pm	Fixture 1: Home vs Surbiton
Girls	Sunday	14th	2pm - 4pm	Fixture 1: Home vs Surbiton
January				
Open/Boys	Sunday	4th	4pm - 6pm	Training & Assessment
Girls	Sunday	4th	2pm - 4pm	Training & Assessment
Open/Boys	Wednesday	7th	6pm - 7.15pm	Training
Girls	Thursday	8th	6pm - 7.15pm 7.15pm - 8pm	Extension Session (6 + 2 per week)
Open/Boys	Sunday	11th	3pm PB	Fixture 2: Away vs Reading
Girls	Sunday	11th	12.30pm PB	Fixture 2: Away vs Reading
Open/Boys	Wednesday	14th	6pm - 7.15pm	Training
Girls	Thursday	15th	6pm - 7.15pm 7.15pm - 8pm	Extension Session (6 + 2 per week)
Girls	Sunday	18th	4pm - 6pm	Training
Open/Boys	Wednesday	21st	6pm - 7.15pm	Training
Girls	Thursday	22nd	6pm - 7.15pm 7.15pm - 8pm	Extension Session (6 + 2 per week)
Open/Boys & Girls	Wednesday	28th	7pm	Anti-Doping Online Session
Girls	Thursday	29th	6pm - 7.15pm 7.15pm - 8pm	Extension Session (6 + 2 per week)
February				
Open/Boys	Wednesday	4th	6pm - 7.15pm	Training
Girls	Thursday	5th	6pm - 7.15pm 7.15pm - 8pm	Extension Session (6 + 2 per week)
Open/Boys	Sunday	8th	3.30pm PB	Fixture 3: Away vs Wimbledon
Girls	Sunday	8th	1pm PB	Fixture 3: Away vs Wimbledon
Open/Boys	Wednesday	11th	6pm - 7.15pm	Training
Girls	Thursday	12th	6pm - 7.15pm 7.15pm - 8pm	Extension Session (6 + 2 per week)
Open/Boys	Wednesday	12th	6pm - 7.15pm	Training
Girls	Thursday	13th	6pm - 7.15pm 7.15pm - 8pm	Extension Session (6 + 2 per week)
<i>w/c 16th February - Half Term - No midweek training</i>				
Open/Boys	Wednesday	25th	6pm - 7.15pm	Training
Girls	Thursday	26th	6pm - 7.15pm 7.15pm - 8pm	Extension Session (6 + 2 per week)
March				
Open/Boys	Wednesday	4th	6pm - 7.15pm	Training
Girls	Thursday	5th	6pm - 7.15pm 7.15pm - 8pm	Extension Session (6 + 2 per week)
Open/Boys	Wednesday	11th	6pm - 7.15pm	Training
Girls	Thursday	12th	6pm - 7.15pm 7.15pm - 8pm	Extension Session (6 + 2 per week)

Open/Boys	Wednesday	18th	6pm - 7.15pm	Training
Girls	Thursday	19th	6pm - 7.15pm 7.15pm - 8pm	Extension Session (6 + 2 per week)
Open/Boys	Wednesday	25th	6pm - 7.15pm	Training
Girls	Thursday	26th	6pm - 7.15pm 7.15pm - 8pm	Extension Session (6 + 2 per week)
April				
<i>Open/Boys & Girls - Easter Tour (Friday 3rd - Monday 6th April)</i>				
Open/Boys	Tuesday	14th	6pm - 8pm	Training
Girls	Thursday	16th	6pm - 8pm	Training
Open/Boys	Sunday	19th	2pm PB	Fixture 4: Home vs Reading
Girls	Sunday	19th	4.15pm PB	Fixture 4: Home vs Reading
Open/Boys & Girls	Monday	20th	6pm - 8pm	Assessment 1
Open/Boys	Tuesday	21st	6pm - 8pm	Training
Girls	Thursday	23rd	6pm - 8pm	Training
Open/Boys	Sunday	26th	TBC	Training / Fixture
Girls	Sunday	26th	TBC	Training / Fixture
Open/Boys & Girls	Monday	27th	6pm - 8pm	Assessment 2
Open/Boys	Tuesday	28th	6pm - 8pm	Training
Girls	Thursday	30th	6pm - 8pm	Training
May				
Open/Boys	Sunday	3rd	TBC	Fixture 5
Girls	Sunday	3rd	TBC	Fixture 5
<i>Monday 4th May - Bank Holiday</i>				
Open/Boys	Tuesday	5th	7pm - 9pm	Training
Girls	Thursday	7th	7pm - 9pm	Training
Open/Boys	Sunday	10th	TBC	Training / Fixture
Girls	Sunday	10th	TBC	Training / Fixture
Open/Boys & Girls	Monday	11th	7pm - 9pm	Block 1 Squad & Assessment 3
Open/Boys	Tuesday	12th	7pm - 9pm	Training
Girls	Thursday	14th	7pm - 9pm	Training
Open/Boys	Sunday	17th	TBC	Training / Fixture
Girls	Sunday	17th	TBC	Training / Fixture
Open/Boys & Girls	Monday	18th	7pm - 9pm	Block 1 Squad & Assessment 4
Open/Boys	Tuesday	19th	7pm - 9pm	Training
Girls	Thursday	21st	7pm - 9pm	Training
<i>w/c 25th May - Half Term - No midweek training</i>				
June				
Open/Boys & Girls	Monday	1st	7pm - 9pm	Block 1 Squad & Assessment 5
Open/Boys	Tuesday	2nd	7pm - 9pm	Training
Girls	Thursday	4th	7pm - 9pm	Training
Open/Boys	Sunday	7th	TBC	Training / Fixture
Girls	Sunday	7th	TBC	Training / Fixture
Open/Boys & Girls	Monday	8th	7pm - 9pm	Block 1 Squad & Assessment 6
Open/Boys	Tuesday	9th	7pm - 9pm	Training

Girls	Thursday	11th	7pm - 9pm	Training
Open/Boys	Sunday	14th	TBC	Training / Fixture
Girls	Sunday	14th	TBC	Training / Fixture
Open/Boys & Girls	Monday	15th	7pm - 9pm	Cup Squad
Open/Boys	Tuesday	16th	7pm - 9pm	Training
Girls	Thursday	18th	7pm - 9pm	Training
Open/Boys	Sunday	21st	TBC	Fixture 6
Girls	Sunday	21st	TBC	Fixture 6
Open/Boys & Girls	Monday	22nd	7pm - 9pm	Cup Squad
Open/Boys	Tuesday	23rd	7pm - 9pm	Training
Girls	Thursday	25th	7pm - 9pm	Training
Open/Boys	Sunday	28th	TBC	Fixture 7
Girls	Sunday	28th	TBC	Fixture 7
Open/Boys & Girls	Monday	29th	7pm - 9pm	Cup Squad
Open/Boys	Tuesday	30th	7pm - 9pm	Training
July				
Girls	Thursday	2nd	7pm - 9pm	Training
Open/Boys	Sunday	5th	TBC	Fixture 8
Girls	Sunday	5th	TBC	Fixture 8
Open/Boys & Girls	Monday	6th	7pm - 9pm	Cup Squad
Open/Boys	Tuesday	7th	7pm - 9pm	Training
Girls	Thursday	9th	7pm - 9pm	Training
Open/Boys	Sunday	12th	TBC	Fixture 9
Girls	Sunday	12th	TBC	Fixture 9
Open/Boys & Girls	Monday	13th	7pm - 9pm	Cup Squad
Open/Boys	Tuesday	14th	7pm - 9pm	Training
Girls	Thursday	16th	7pm - 9pm	Training
Open/Boys	Sunday	19th	TBC	Training / Fixture
Girls	Sunday	19th	TBC	Training / Fixture
Open/Boys & Girls	Monday	20th	7pm - 9pm	Cup Squad
Open/Boys & Girls	Tuesday	21st	7pm - 9pm	Training
<i>24th - 26th July - End of Cycle Cup</i>				