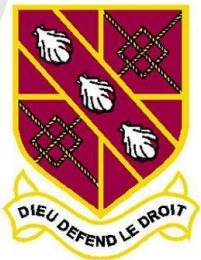




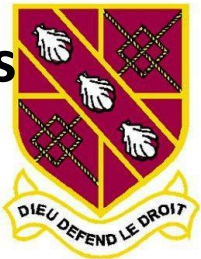
SPENCER HOCKEY CLUB JUNIORS YOUNG LEADERS PROGRAMME





The Young Leaders Programme is aimed at members in School Years 10 and 12 (in Sept 2022)

The focus is to provide training and volunteering opportunities and help develop CV and life skills.



The ambition is to deliver opportunities to:

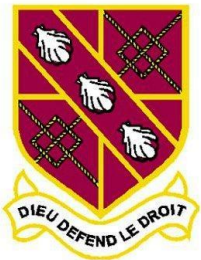
- Gain a **Young Leaders Award**, focusing on delivering fun, safe and engaging training sessions. Develop key soft skills - communication, planning and organisation.
- Put **leadership skills** into practice by **volunteering** with junior coaching sessions. Assist coaching teams, umpiring and becoming a role model on and off the pitch.



The programme will also include:



- **First Aid training, Safeguarding & Mental Health Awareness Training**
- **Provide a pathway to L1 Hockey Coaching Award qualifications and L1 Umpiring Qualification**
- **Sponsorship** opportunities for the programme itself – and individual reward for participants on completion of course and 10 hours of volunteering
- **Future Leaders Mentoring** create the opportunity to support the delivery of the next cohort through the programme. (Legacy programme)



10 to 15 places will be available. This will allow the group to have enough participants to practice elements of the course within the group itself. e.g. Leading a warm-up, part of training session, role-play, etc.



The programme will consist of six units:

- 1. Leadership in Hockey**
- 2. Coaching Juniors**
- 3. Strategy and Tactics**
- 4. Young Umpire Training**
- 5. Safeguarding & Mental Health**

