

ENGLAND HOCKEY

SAFEGUARDING

GOOD PRACTICE, POLICY & PROCEDURE





**ENGLAND
HOCKEY**

Copyright © 2022 by England Hockey

All rights reserved. This book or any portion thereof
may not be reproduced or used in any manner whatsoever
without the express written permission of the publisher
except for the use of brief quotations in a book review.

Photo Credits

©Sarah Elisabeth Photography

Garry Bowden/Sport in Pictures

Leyland & Chorely Hockey Club

©2016 Sarah Skelton

Stone Hockey Club

©Focus Images

Bisham Abbey NSC

Marlow

Buckinghamshire

SL7 1RR

www.englandhockey.co.uk



TABLE OF CONTENTS

INTRODUCTION

GOOD PRACTICE

A

Additional Vulnerability

B

Best Practice

Bullying & Banter

C

Changing Rooms

Communication

D

Data Storage & Retention

M

Mental Wellbeing

P

Parent Engagement & Communication

Photography

Position of Trust

S

Supervision & Ratios

T

Tours & Overnight Stays

Transport

V

Video Conferencing & Livestreaming

W

WhatsApp

Y

Young People in Adult Hockey

Young People Motivation

POLICY & REPORTING

Safeguarding Policy

Reporting Procedures

Recognising Poor Practice and Abuse

RECRUITMENT

TEMPLATES



INTRODUCTION



I am very pleased to introduce our updated Safeguarding and Protecting Young People in hockey policy. There can be nothing more important than providing a safe, secure, fun and positive environment for children and young people in hockey and this policy not only aims to support you to achieve this, but also have the appropriate measures in place to enable you to get there.

The England Hockey team have developed a huge range of experience in this important area, and have been working with the NSPCC, the Child Protection in Sport Unit and other National bodies to pull this policy together that works for everyone in hockey.

Thank you for your ongoing commitment to hockey, and thank you for all you do to provide the very best environment for children and young people who take part in our great sport.

Nick Pink - Chief Executive, England Hockey

Sport and physical activity plays a positive role in the lives of many children and young people. As well as the obvious health benefits, it has the power to do so much more - children can gain important social and life skills by being involved in sport along with bringing communities together. For children and young people to enjoy a lifelong love of sport it is key that they feel safe taking part and have fun. That is why it is important everyone involved in providing sport does as much as possible to create and maintain positive and safe sporting opportunities.

This policy builds on learning from both within Hockey and the wider sports community and from other sectors, and sets out what everyone involved in Hockey should do to play their part in promoting the positive aspects of sport for children and young people. It also tells you what to do if you have a concern about a child or young person.

The NSPCC's Child Protection in Sport Unit is pleased to continue to endorse the work done by England Hockey.

Michelle North – Service Head NSPCCs Child Protection in Sport Unit

GOOD PRACTICE

GOOD PRACTICE



A large, stylized crest featuring three lions passant guardant, one above the other, on a shield. The crest is rendered in a dark blue color against a lighter blue background.

TABLE OF CONTENTS

GOOD PRACTICE

A Additional Vulnerability	M Mental Wellbeing	Transport
B Best Practice Bullying & Banter	P Parent Engagement & Communication Photography Position of Trust	V Video Conferencing & Livestreaming
C Changing Rooms Communication	S Supervision & Ratios	W WhatsApp
D Data Storage & Retention	T Tours & Overnight Stays	Y Young People in Adult Hockey Young People Motivation



TABLE OF CONTENTS

GOOD PRACTICE

A Additional Vulnerability	P Parent Engagement & Communication	W WhatsApp
B Best Practice Bullying & Banter	Photography Position of Trust	Y Young People in Adult Hockey
C Changing Rooms Communication	S Supervision & Ratios	Young People Motivation
M Mental Wellbeing	T Tours & Overnight Stays Transport	



TABLE OF CONTENTS

GOOD PRACTICE

A

Additional Vulnerability

B

Best Practice

Bullying & Banter

C

Changing Rooms

Communication

M

Mental Wellbeing

P

Parent Engagement &
Communication

Photography

Position of Trust

S

Supervision & Ratios

T

Transport

W

WhatsApp

Y

Young People in Adult
Hockey

A large, stylized crest featuring three lions passant guardant, one above the other, on a shield. The crest is rendered in a dark blue color against a lighter blue background.

TABLE OF CONTENTS

GOOD PRACTICE

A

Additional Vulnerability

B

Best Practice

Bullying & Banter

C

Changing Rooms

Communication

M

Mental Wellbeing

P

Photography

T

Transport

V

Video Conferencing &
Livestreaming

W

WhatsApp

Y

Young People in Adult
Hockey

Young People
Motivation

A large, stylized crest featuring three lions passant guardant, one above the other, on a shield. The crest is rendered in a dark blue color against a lighter blue background.

TABLE OF CONTENTS

GOOD PRACTICE

A

Additional Vulnerability

B

Best Practice

Bullying & Banter

C

Communication

M

Mental Wellbeing

P

Photography

S

Supervision & Ratios

V

Video Conferencing &
Livestreaming

W

WhatsApp

Y

Young People in Adult
Hockey

Young People
Motivation

ADDITIONAL VULNERABILITY

UPDATED MARCH 2022



Whilst the phrase additional vulnerability suggests that certain individuals could be at greater risk of abuse or harm, this should not be assumed.

It is essential to create a culture and environment within your club that allows all members to feel included and safe; an environment that allows your members to flourish.

Individuals may be at greater risk of additional vulnerability to harm or abuse for the following reasons:

- Increased likelihood of social isolation
- Fewer outside contacts than other young people
- Dependency on others for practical assistance in daily living

- Impaired capacity to resist, avoid or understand abuse
- Affected/ delayed speech and language to tell others what is happening
- Limited access for someone to discuss to
- Particular vulnerability to bullying

Be aware, adaptable, promote inclusion and support individuals to be individuals. Sport is a great place for people to express themselves as they may not feel comfortable to do so in other environments.

Groups considered to be at risk of additional vulnerability (but not exclusively)

- Deaf and disabled people
- Lesbian, Gay, Bisexual, Transgender/ Transsexual plus (LGBT+)
- Religion and minorities (including ethnic)
- Young umpires
- Talented young athletes U18
- Talented athletes 18-25

Deaf and disabled people

Sullivan and Knutson (2000) found that children who are deaf or disabled are up to four times more likely to be exposed to abuse of harm than non-disabled children ([Sport disability & vulnerability – CPSU factsheet](#)).

It is not only children with visible or physical disabilities who are at a greater risk of abuse, children with the following types of impairment are also at greater risk of abuse of harm:

- Hidden disabilities – such as learning disabilities, attention disorders, diabetes, dyslexia, epilepsy etc.
- Sensory – such as visual or hearing impairments
- Intellectual impairments – including young people with Down's Syndrome
- Interaction and communication difficulties – Autistic Spectrum Disorder (ASD) including Asperger's Syndrome

Find more information on [Safeguarding Deaf and Disabled Children on the CPSU's website](#).

LGBT+

Many young lesbian, gay, bisexual or transgender (LGBT+) people have difficult experiences when they reveal their sexual orientation or gender identity ([CPSU, 2016](#)). It is important that sport is an inclusive and welcoming place for all young people as it may be the only environment in which they feel comfortable to be themselves.

In order to create a safe and inclusive environment in your club you should:

- Ensure everyone is treated with respect and individuals have equal opportunities to succeed.
- Tackle homophobia and transphobia in the same way as sexism, racism or other forms of discrimination
- Challenge gender stereotypes and celebrate individual differences
- Promote inclusion
- Encourage all young people to be themselves and support them

This list is not exhaustive.

Further resources to support young LGBT+ people can be found at:

- [PrideSports](#)
- [CPSU](#)
- [Gendered Intelligence](#)
- [Stonewall](#)
- [Young Stonewall](#)

Religion and minorities (including ethnic)

In order to increase participation of young people from minority groups, clubs should promote inclusion of all young people within sport. As a club you may need to consider the following when supporting young people:

- Culture – including dress
- Festivals – e.g. Fasting during Ramadan
- Food and drink – you may need to consider this for Teas or social events
- English as a second language or parents not speaking English – consider how to communicate effectively
- Role models – whether within sport or outside, young people are often influenced by role models.

[Sporting Equals](#)

Grooming, Extremism & Radicalisation

Young people who are vulnerable may be at greater risk of being groomed or exploited for reasons such as social isolation, low self-esteem, feelings of rejection or discrimination and strong feelings of anger or grief. The process of radicalisation may involve grooming (online or in person), exploitation (including sexual exploitation), psychological manipulation, exposure to violent material and other inappropriate information or risk of physical harm or death through extremist acts. ([NSPCC](#)).

If you are concerned that a young person is being groomed or radicalised and is at risk of immediate harm you must call the police. If it isn't an emergency (i.e. a young person is not in immediate harm of danger), consult your welfare officer or England



Hockey's Ethics & Welfare Team in the first instance.

[NSPCC - Radicalisation](#)

[NSPCC - Grooming](#)

[Gov.UK Prevent Duty Guidance](#)

Young Umpires

It is often the case in hockey that young umpires will oversee games involving adult players. Managing the behaviours, experience and expectations of adults can be challenging for young, developing umpires. There is a heightened risk of experiencing verbal abuse if a decision made by the umpire is perceived to be wrong. It is important to ensure young umpires are supported and they have an experienced mentor who can advise them, both on and off the pitch.

Make teams aware if a young umpire is officiating and remind them of the club's expected behaviours towards young people.

Talented young athletes (Under 18)

Talented young athletes may be at risk of being vulnerable due to the increased pressure placed on them, whether that pressure is from parents/family, coaches, peers or even from themselves. It is important to support young people in their development and help them reach their potential.

Talented young athletes may be additionally vulnerable due to any of the reasons below:

- More intense, dependant relationship with coach
- Performance environment – pressure to perform
- Higher stakes – for young person and family
- More away, overnight trips and travel abroad
- Less family and social / other support network
- Relatively isolated
- Self-image
- Child performing in a mainly adult based environment
- Overtraining – training level/ commitments
- Greater risk of poor mental health/wellbeing (see England Hockey's mental wellbeing guidance)

This list is not exhaustive

In 2017, Baroness Tanni Grey-Thompson published the 'Duty of Care in Sport' report. This report was conducted as an independent review into the duty of care that sport has towards its participants and the measures sports organisations can take to fulfil this duty. The report can be found [here](#).

The CPSU have several resources available to support and safeguard talented and elite athletes, which can be found [here](#).

England Hockey's [#BehindEveryGreatPlayer campaign](#) in 2018 celebrated the importance of supportive role models in achieving sporting success.

Talented athletes 18-25

Although this guidance is aimed at the additional vulnerabilities faced by young people under the age of 18, it is essential to recognise that the transition to adulthood can be challenging for many young people aged between 18-25. Young people do not automatically become responsible adults overnight upon reaching their 18th birthday and may need continued support, especially if they are in a talent environment, as many of the factors that relate to under 18's will remain:

- A win at all costs approach
- Intense coach-athlete relationships
- Being away from family and support networks
- Fear of losing funding or a place on the programme if they speak out

In a talent environment, there will still be high dependency on coaches and support networks, therefore it is important to ensure that they have someone they can speak to who can help them through this transition.

[CPSU - Elite Athlete Welfare](#)

Further considerations

There are certain considerations that must be made to make sure young people are supported in their development such as:

- Facilities – are the facilities suitable for young people with additional needs
- Accessibility (not just disabled access!) –

are your sessions young people friendly?

- Privacy – changing facilities can often be a big issue for the groups identified in this document
- Support – do you have the necessary support in place for individuals who may be at greater risk of harm or abuse?
- Increased supervision ratios – do you need to increase supervision ratios in order

to better support your training sessions/matches

- Relevant training – do your coaches/volunteers require specific training to better support them in their role
- Awareness of the importance of mental health – be aware of the links between physical and mental health, how to promote positive mental health and what to do if you are concerned about a young athlete's mental health.



BEST PRACTICE

UPDATED MARCH 2022

Hockey is one of the few sports where young people play regularly in teams with adults, there are very few situations where no young people are present.

Therefore, it is important to remember that safeguarding is everyone's responsibility.

- The welfare of the child is paramount.
- All children, regardless of sex, gender, age, race, marital status, pregnancy, sexual orientations, religion, ability or disability, have the right to enjoy hockey in an environment that is safe from any kind of abuse.
- Safeguarding is not solely about preventing abuse, but also providing the best environment possible to allow young people to enjoy the sport.
- Create an environment where sport is fun and enjoyable for all and encourage fair play.
- Strive to be a good role model to all young people.
- Encourage involvement of parents/ carers backed up by good and consistent communication.
- Include young people in decision making processes – especially if that decision has the potential to impact a young people future involvement in the sport.
- Set guidelines on what behaviour/language is and is not acceptable – create a culture where inappropriate language/behaviour can be challenged.
- Take all allegations, concerns and suspicions of harm seriously and respond to them in a way that is fair, swift and appropriate.

- Work in an open environment wherever possible; avoid situations where you could be alone with a young person.
- Avoid placing excessive amounts of pressure on young people – whilst they may play in a competitive setting, there should be a greater emphasis on their development and having fun playing hockey.
- All clubs/associations with young people must appoint a club Welfare Officer (WO) to ensure compliance with England Hockey's policy, procedures and best practice guidance.
- All concerns should be reported to the WO in the first instance. If the concern involves the WO, you should contact England Hockey's Ethics & Welfare team. If a child is in immediate danger, contact the police.
- Remember – It is not your responsibility to decide if a situation is poor practice, abuse or bullying, but it is your responsibility to report your concerns.

Avoid

- Spending excessive amounts of time alone with young people, away from others
- Taking young people alone on car journeys, no matter how short the distance
- Taking young people to your home, or any place they will be alone with you
- Putting yourself in any situation with a young person that you/they are uncomfortable with

Never

- Engage in personal relationships (including sexual relations) with any young person
- Engage in rough, physical or sexually provocative games
- Allow or engage in any inappropriate physical, verbal or online communication (e.g. social media/messaging) with young people
- Allow young people to use inappropriate language unchallenged
- Make sexually suggestive comments to a

young person, even in fun

- Allow allegations of a young person to go unchallenged, unrecorded or not acted upon
- Do things of a personal nature for young people that they can do for themselves
- Invite or allow young people to stay with you at your home unsupervised
- Allow any form of bullying or bad behaviour by young people
- Allow yourself to be drawn into inappropriate attention-seeking behaviour or make suggestive or derogatory remarks or gestures in front of young people
- Jump to conclusions about others without checking facts
- Either exaggerate or trivialise child abuse issues
- Show favouritism to any individual

Key Top Tips

In the case of an emergency where these situations may be unavoidable, they should only occur with full knowledge and consent of the young person's parents/ carers. These situations should always be reported to your Club Welfare Officer.

If you accidentally hurt a young person, the young person seems distressed in any manner, appears to be sexually aroused by your actions, or misunderstands or misinterprets something you have done, report any such incident as soon as possible to another colleague and make a brief note of it. Parents or guardians should be informed of the incident.

It is strongly recommended that you do not work completely alone with groups of young people. Enlist the support of others – assistants, parents/ carers etc.

Make sure you provide support and guidance to all individuals representing your club on the appropriate ways to interact and engage with young people in hockey.



BULLYING & 'BANTER'

UPDATED MARCH 2022

"Every child has the right to experience sport in a safe environment, free from abuse and bullying"

**Child Protection in Sport Unit
(CPSU)**

Bullying is usually defined as behaviour that is: repeated, used with intent to hurt someone physically or emotionally and often aimed at certain groups such as race, religion, sex & gender or sexual orientation. Bullying can take place between adult(s) and young people, or between young people.

Bullying can take many forms including:

- **Emotional** – Persistently being unfriendly, excluding, tormenting, threatening gestures
- **Physical** – hitting, pushing, kicking or other physical assault
- **Verbal abuse** – offensive name-calling, insults or gossiping
- **Non-verbal abuse** – offensive hand signs or text messages
- **Racial, sexist or homophobic** – racist remarks, sexist jokes or comments, or homophobic, transphobic or gender-related jokes or comments
- **Sexual** – abusive sexualised name-calling, inappropriate and uninvited touching, or an inappropriate sexual proposition
- **Indirect** – spreading nasty stories or rumours about someone, intimidation, exclusion from social groups, manipulating or constantly undermining someone

(Source: [Anti-Bullying, CPSU, 2017](#))

Cyberbullying

Any form of bullying that is carried out through the use of electronic media devices, such as; computers, laptops, tablets, smartphones or gaming consoles ([Anti-Bullying Alliance](#)). Cyber bullying can occur between an adult and a young person or can be peer on peer between young people.

Bullying has become far wider spread due to online platforms. The nature of online activity means it is possible for the instigator to hide their identity, to harass the victim at any time and to reach a wider audience.

Sexting is another form of cyberbullying. This is when someone shares sexual, naked or semi-naked images/ videos of themselves and/or others or sends sexually explicit messages on any device that allows the sharing of media and messages. ([NSPCC](#))

There is no single sign that a young person is being bullied, however if you notice changes in behaviour such as nervousness or loss of confidence, physical injuries such as unexplained bruises, notice that their belonging are getting 'lost' or damaged, becoming afraid to attend school/training or making excuses to avoid attending these signs could indicate that the child is being bullied.

Banter

"The playful and friendly exchange of teasing remarks" - Oxford dictionary

Whilst banter is commonly used in sport at all levels, it is imperative to understand when the line has been crossed. Excessive and repetitive teasing is a form of bullying.

Banter involves people with equal power, where there is no intent to cause harm and no hurt involved. Banter becomes bullying when it is consistent, hurtful or when there is an imbalance of power, for example a coach and player, teacher and pupil or even peer on peer.

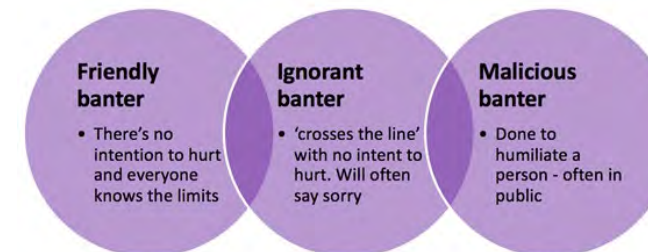
Just because you think something is banter or a joke doesn't mean other people will

People won't always feel confident to speak up if they are offended by something. They might even go along with it so as not to draw attention to

themselves

Banter should never be used as an excuse to bully another person and should be challenged.

More information and resources on banter [here](#).



Source: *Anti-Bullying Alliance – John Khan, Anti-Bullying practitioner*

What to do?

Don't make assumptions that young people can't deal with it, but equally don't ignore the problem. Ask the individual what they want you to do to take the matter forward rather than taking over so they don't feel excluded or more stressed/worried than they already are.

You will need to make a judgement call if a young person does not want you to do anything – is that young person at danger of further hurt and upset if you don't step in?

Reassure and encourage the young person and work with them to find an outcome – they may simply want to talk to someone about their situation, or they may want your help.

Dealing with bullying behaviour (this may differ dependent of age) – talk to the individual displaying bullying behaviour and explain the situation, trying to get them to develop an understanding of the consequences of their behaviour. This may be achieved by:

- Developing, maintaining and repairing positive relationships
- Helping young people learn and develop the skills to make good choices
- Enabling young people to recognise when they have harmed another person and how to put it right
- Encouraging young people to consider their feelings and the feelings of others
- Encouraging all children to consider the impact their behaviour has on others

- Parent involvement

Other considerations:

- Try to seek an apology from the person displaying bullying behaviour to the recipient
- Inform the parents of the person(s) displaying bullying behaviour so that they might talk to their child about the behaviour too
- Impose sanctions that are relevant and proportionate as necessary
- Hold meetings with the families to report on progress
- Keep written record of action taken
- Review any learning from having to respond to bullying behaviour

[CPSU, Anti-Bullying](#)

Who to contact?

- England Hockey Ethics and Welfare Team – offer support and advice on any aspect of bullying: safeguarding@englandhockey.co.uk 01628 897500
- [Anti-Bullying Alliance](#)
- [Childline](#) 0800 1111
- [NSPCC](#) 0808 800 5000
- [CPSU](#)



CHANGING ROOMS

UPDATED MARCH 2022



Changing rooms play an integral part of the environment in hockey, not only for their intended use but they also provide a place for pre-match discussion, debrief or to celebrate wins.

Whilst changing rooms may appear to be the ideal place for this use, they can also be an intimidating place for young people, especially those playing in senior teams.

The following are examples of good practice when using changing rooms:

- Players aged 10 and under must always be supervised in changing rooms by two adults of the same gender as the players, who hold appropriate checks.

- When young people are playing in senior teams with adults, it may be the case that they will use changing rooms at the same time. In this event, young people should have access to separate showers/ changing space within that room for privacy. Young people and their parents must be informed of the club's policy on changing arrangements.
- Young people can become intimidated or uncomfortable in certain situations and are often self-conscious and anxious about changing in front of others. If young people are uncomfortable changing or showering in public, no pressure should be placed on them to do so - encourage them to do this at home.
- If you are using a changing room for debriefs following a game, make sure that all parties have been informed and are suitably dressed.
- If you have young leaders (under 18) involved in running sessions for other young people, it is not appropriate for them change together as they are in a position of trust. Alternative arrangements should be provided to them for changing (i.e. before / after other young people or change at home).

- Any adult working with young people, including volunteers, coaches, umpires or staff, must not change or shower at the same time when using the same facility as young people.
- If your club has disabled players, involve them and their parents / carers in deciding how, if applicable, they wish to be assisted to change and ensure they provide full consent to any support or assistance required.
- There is a potential that mobile phones may be used inappropriately in changing rooms, resulting in inappropriate photography or filming, therefore clubs are advised to consider banning the use or misuse of mobile phones in changing rooms. Posters such as England Hockey's 'no camera zone' template can be used to increase visibility of the club/association's stance towards the use of mobile phones in changing rooms, a template can be found [here](#).
- Always use appropriate language and behaviour around young people. Don't use 'banter' as an excuse. See England Hockey's guidance on bullying and banter [here](#).
- If no changing facilities are available, all players should be informed in advance and advised to make alternative arrangements/ bring appropriate additional clothing.
- It is the responsibility of all members to report any unacceptable behaviour and to challenge any action which contravenes the Code of Ethics & Behaviour (Respect).

Transgender and Transitioning Young People

There are a number of considerations relating to changing rooms to be made when addressing the needs of young transgender or transitioning people, including:

- The young person's feelings and preference about which gendered changing room they would like to use
- The privacy of the young person
- The feelings and privacy of other young people in the same changing room
- Practical arrangements such as leaving young people unsupervised, the risks of bullying or unwanted/inappropriate behaviour towards the individual

If a young person self-identifies as a gender that differs to the gender they were assigned at birth, they may wish to start changing with other young people of the same gender identity or ask for privacy. Consider what reasonable adjustments to changing arrangements can be made to accommodate the needs of all young people to help reduce the risk of bullying behaviour or distress. You may wish to provide private, separate changing spaces for the individual(s).

Further information can be found [here](#).



COMMUNICATION

UPDATED MARCH 2022



Positive communication is essential in sport; whether the method of communication used is for messages detailing training, selection of match day squads or the celebration of members and their successes, clear and effective communication is key for all involved in hockey – including young people.

Communicating when you are in a Position of Trust

In line with England Hockey's '[Position of Trust](#)' guidance, certain considerations must be made when individuals who are in a position of trust communicate with young people. Individuals in a position of trust for young people in hockey have a duty of care to protect the welfare of these young people.

This is not exclusive to coaches. Positions of trust in hockey will include young leaders, coaches at all levels, captains, team managers, medical professionals, umpires, coaches and mentors. This list is not exhaustive.

Basic do's and don'ts when communicating with young people

Do:

- Promote positive communication
- Contact players only when necessary
- Make sure the method of communication is right for your environment
- Copy a parent/guardian into any communication with young people
- Check that young people are receiving important information if your route of communication is through a parent/guardian
- Agree good practice on how to communicate with young people in your club (e.g. club policy on communication)
- Make sure there is a mechanism for two-way communication, allowing young people to express their views
- Use social media channels in a positive way to promote and celebrate the successes of your clubs

Don't:

- Contact young people unnecessarily
- Rely on apps/ text/ email to get your messages to young people
- Communicate directly with U18s without gaining consent from parent/guardian
- Give the wrong impression to a young person
- Communicate with young people on matters not related to hockey
- Accept 'friend requests' from young people if you are in a position of trust over them
- Use inappropriate language or share unsuitable content with young people
- Compromise the safety of young people by making or receiving phone calls when your full attention should be directed to the individual(s) (e.g. when coaching)

Personal vs 'professional' profiles

It is advised that you keep your private and professional accounts separate on social media. Ensure that professional accounts do not contain or promote inappropriate content. It is important to set and maintain boundaries with young people that you are coaching as you are in a Position of Trust.

Things to be aware of

It is important to acknowledge technology and the speed at which it moves - many young people may not use or have access to an email account, or age limits for apps such as WhatsApp may restrict the ways in which you can contact young people – ensure you find a method that works for your club and you agree it with parents/guardians.

Bullying does not only occur verbally, 'cyber-bullying' can occur online from devices such as phones or tablets. Bullying generally occurs between peers. For more information of bullying, see [England Hockey's anti-bullying guidance](#).

Technology - There are several apps that can be used as communication tools. Some of these, such as [WhatsApp](#), have legal restrictions and minimum age limits. Therefore, it is essential to check the method of communication before using it with young people.

Systems – Club membership systems such

as Pitchero, ClubBuzz etc. are widely used in hockey. They provide tools for easy administration, communication, websites etc. When using systems such as these in clubs, make sure you inform parents and young people what you intend to use the information for and how it will be stored ([see Data storage & retention](#)). If you are using these systems for the purpose of communication, ensure you follow the guidance outlined in this document.

1-on-1 communication - there may be times when you need to communicate with an individual away from their peers or team-mates. In this situation, make sure they are supported by another individual such as a peer, parent or guardian and you have another adult present. If you need to communicate with a young person individually via text, email etc. make sure a parent/guardian is included in the conversation.

Grooming – 1-on-1 communication can be used to groom young people for sexual abuse or radicalisation. If you are concerned that a young person is being [groomed](#) or [radicalised](#) and is at risk of immediate harm you must call the police. If it isn't an emergency, consult your welfare officer or England Hockey's Ethics & Welfare Team in the first instance.

Social network – Social media sites such as Facebook, Twitter, Instagram, Snapchat etc. are widely used by young people. It is essential that individuals such as coaches who are in a position of trust over an U18 are not linked with young people on social media. Individuals in a position of trust are advised to set their privacy settings so that young people cannot access their information.

Livestreaming and video conferencing – The use of platforms such as Zoom, Skype, Teams etc for coaching or communicative purposes has rapidly increased over time. Guidance on the use of video conferencing or livestreaming can be found [here](#).



Giving young people a voice

In addition to considering how you communicate with young people in your club/association, it is also important to consider how to ensure that young people can express their thoughts and opinions. You may wish to run forums on a regular basis to allow young people to share their views, you might consider having youth representatives on your committee – whatever route you choose to follow, it is important to make sure young people feel confident to express concerns, share their thoughts and aid development of the club, themselves and their peers.

Access **FREE** online training about giving young people a voice [here](#).

Best Practice Advice from CPSU [here](#).

Parent/Guardian expectations and engagement

Parents and guardians play a huge role in the development of young people. They are often the people responsible for driving players to training and matches and can invest large amounts of time, effort and financial resource into ensuring they support their child/ children in the sport.

England Hockey's [#BehindEveryGreatPlayer campaign](#), launched in 2018, celebrated the importance of supportive parents and/or guardians in achieving sporting success.

It is important to ensure that clubs/associations work with parents and/or guardians, outlining expected behaviours of both parents and/or guardians and the club/association. Clubs/associations should not assume the knowledge level or commitment to the sport of parents and/or guardians. Outlining expected behaviours and values at the start of each season and offering regular meetings to parents can go a long way in supporting parents and/or guardians within hockey. Not all parents and/or guardians will engage with the sport their child/ children have chosen, therefore it is essential to consider how you will communicate with young people and their parents and/or guardians to make sure important messages get through to young people.

Positive parental engagement is important, parents can be a brilliant resource to their own child(ren) and potentially to the club or organisation as they may bring skills, knowledge and expertise.

Poor parental behaviour also has an impact on young people, the ['Magic Sports Kit'](#) is a very powerful video that highlights the impact from a child's perspective.

Further resources:

- [CPSU - Parents](#)
- [England Hockey Code of Conduct for Spectators and Parents](#)



DATA STORAGE & RETENTION

UPDATED MARCH 2022



What do you need to know about young people in your club/association in order to fulfil your duty of care?

Certain data and consent must be gained when you have young people in your club/association. When gaining consent from parent / guardian, you must inform them of the following:

- The reason for collecting data
- How you will store it
- How it will be shared (e.g. with the young person's coach).

All personal information should be processed, stored and retained in accordance with the General Protection and Data Regulation (GDPR) requirements.

You will need to collect the following:

- Consent for photographic & recorded images
- Medical information & consent to administer medication, i.e. epi-pens (including emergency medical attention)
- Next of kin and emergency contact details

This list is not exhaustive

This information could be collected by use of a membership form and collated in a centralised database. Ensure that any data collected is protected, for example by use of a password. Club systems, such as Pitchero or ClubBuzz may have tools in place to assist clubs with storing and managing data in a way that is compliant with GDPR.

Clubs should have a storage and retention policy relating to the information they hold regarding their members. The Information Commissioner's Office (ICO) guidance regarding data storage and retention can be found [here](#). How long you hold data will depend on what it is and whether there are any statutory requirements for data to be held for certain periods of time. For an example of this, see England Hockey's Privacy Notice and associated policies, found [here](#) or by searching 'Privacy Policy' on England Hockey's website. England Hockey will generally store data for 10 years before it is deleted, unless there is a requirement for data to be held outside of this period (e.g. employment data).

Your data storage and retention policy should also outline how you will erase data once it is no longer required. You can find guidance from the ICO on deleting personal data [here](#).

How should I share this data and who with?

Sensitive data is any information that can be used to identify an individual, or contains information regarding an individual e.g. allergies, medication etc. Once you have consent for sensitive data to be collected, you need to consider who will require access to this and how it can be accessed. If data, such as medical information or consents, for your members (including young people) is stored on a centralised database, you will need to make sure this data is accessible in an emergency to fulfil your duty of care.

You will need to make sure that any relevant adults e.g. the coach, team captain (if over 18) or nominated responsible adult is aware of any medical conditions that may affected a young person whilst in their care (such as asthma, epi-pens etc.) as they have a legitimate interest to hold this data to fulfil their duty of care. You will need to make sure this information is updated as required.

Whilst most clubs may use an electronic system to collate medical information, emergency contact details and consents, if this is not accessible pitch side you may need to consider a 'back up' for sharing this data – you could have a printed copy in a sealed envelope in case of emergency.

If you use back up paper copies of medical information, emergency contacts and consents, consider how the individual this is shared with stores this data – giving guidance such as not leaving these documents in an open kit bag that may be easily accessible to other people.

These data storage principles also apply to storing photographic or recorded images, including, but not limited to:

- Gaining consent to record, store and use images
- Informing individuals on where these images will be stored
- Consideration to who has access to these images
- Password protection if images are stored on a shared area
- Having a storage and retention policy (including deletion of images)



MENTAL WELLBEING

UPDATED MARCH 2022



“Mental Wellbeing describes your mental state – how you are feeling and how well you can cope with day-to-day life. Our mental wellbeing is dynamic. It can change from moment to moment, day to day, month to month or year to year” Mind (2019)

What factors can affect a young person's mental wellbeing?

There are many different factors that can affect a young person's mental wellbeing, for example:

- Social pressures
- Family pressures
- Relationships
- School pressures e.g. exams
- Pressure to perform
- Social media
- Additional vulnerability e.g. LGBT+, talented athletes, ethnic groups etc. (find England Hockey's 'Additional Vulnerability' guidance [here](#)).

This list is not exhaustive

For some young people, these factors may not affect their mental wellbeing, whereas others may be largely affected and will subsequently suffer with poor mental wellbeing. It is important to support all young people and create an environment where they feel they can speak to someone if they are struggling with mental health issues.

Everyone will be exposed to situations which may affect their mental wellbeing, both in a positive or negative way. Every individual will be affected in a different way; it is normal to have times of low mental wellbeing where we feel stressed, upset or overwhelmed.

Physical activity has many positive benefits for mental wellbeing and should be widely encouraged. Not only does sport offer a relief from other issues a person may be dealing with, but it offers social interaction with team sport such as hockey providing an extensive support network for individuals.

What signs should clubs look out for?

Every individual is different. Individuals who are experiencing decreased mental wellbeing may display some of the following signs:

- Dramatic changes in an individual's language of behaviour
- Social withdrawal
- Rapid mood changes
- Dramatic changes in routine (e.g. sleeping habits or eating)
- Difficulty concentrating
- Unexplained weight loss or gain
- Physical harm or substance abuse

If you are concerned about a young person, speak with your welfare officer in the first instance.

If you are concerned that the young person is in immediate danger of harming themselves or others, you should call 999.

How can clubs support young people?

It is important to promote positive wellbeing and create a nurturing environment where young people feel they can raise concerns and feel supported to speak to someone when they are struggling – whether this is another member of the team, a coach, the welfare officer, or anyone else they feel comfortable to speak to. Young people need to feel reassured that their concerns will be listened to and that someone can support them.

If someone discloses to you, take advice – you do not have to fix this! Your role is to support and advise services that can support young people. Schools will often have links with people who can offer a greater level of support to young people. You are advised to have awareness of mental health, to reassure the individual and to seek advice on how you can support the individual.

England Hockey commitment to Mental Wellbeing – Goal in Mind

In 2020 England hockey signed the Sport and Recreation Alliance 'Mental Health in Sport' Charter ([link](#)), a commitment to take action in relation to mental wellbeing across the sport.

'Goal in Mind' is the name of England Hockey's campaign to promote positive mental health and tackle discrimination.

Further details can be found on the England Hockey website [here](#).

What resources are available to help clubs support young people?

There are a number of organisations and charities set up to support young people who are experiencing decreased mental wellbeing, including those specific to self-harm and eating disorders.

[NSPCC Child Protection in Sport Unit \(CPSU\): Promoting positive mental wellbeing.](#)

[Mind](#) have a range of resources available to support organisations in the sport and recreation sector:

- [MIND](#)
- [Young Minds](#)
- [Believe Perform](#)
- [Time to Change](#)
- [Childline](#)
- [Beat \(eating disorders\)](#)
- [Self Harm UK](#)
- [Samaritans](#)
- [Princes Trust](#)

Training

UK Coaching have worked with 1st4Sport's and mind to develop an [online course](#) 'Mental Health Awareness for Sport and Physical Activity'.

Reporting concerns

If you are concerned about a young person's mental wellbeing, report to your organisations Welfare Officer or take advice from England Hockey's Ethics and Welfare Team.

Safeguarding@englandhockey.co.uk

01628 897500



PARENT ENGAGEMENT & COMMUNICATION

UPDATED MARCH 2022



Parents and guardians play a huge role in supporting their children in all aspects of their sporting life and the importance of positive engagement should not be under-estimated

Parents and guardians are often responsible for driving players to training and matches and can invest large amounts of time, effort and financial resource into ensuring they support their child/children in the sport.

Positive engagement with parents and guardians is essential, strong communication will help parents / guardians understand what is expected of them and their child / children.

What should parents/guardians expect from clubs/ organisations?

- Effective communication with parents/ guardians – consider how you will

communicate with parents/ guardians - tell them what to expect i.e. frequency / mechanism / their role

- Ensure safety of young people while in care of club
- Adopt England Hockey's Safeguarding policy and implement best practice
- Ensure all concerns are taken seriously and dealt with in an appropriate manner in accordance with England Hockey's reporting procedures.
- Have a named Welfare Officer(s) and know how to contact them.
- Ensure coaches are appropriately skilled and have completed training relevant to their role, including safeguarding education (this should be renewed every 3 years)
- Ensure Disclosure and Barring Service (DBS) checks are completed where required
- Arrangements for pick up and drop off, including ensuring young people are not left unattended, ensuring young people do not enter the pitch unsupervised and do not start using balls or sticks until supervised activity commences.

- Hold their child's medical details and parent / guardian contact details securely and only share with those that 'need to know' them to fulfil their duty of care.
- Be made aware of any injuries, and subsequent treatment, to their child as a result of their hockey activity.

Club/ Organisations should make parents / guardians aware of the specifics of how they operate, including the following:

Engagement

Clubs should be clear on how they will engage with parents – this could be through a beginning of season briefing or regular newsletters.

Be clear with parents how you will engage and who they should speak to about different aspects of their child's hockey experience / how to contact them i.e. coach / junior organiser / welfare officer.

Hockey specifics – don't assume parents will understand hockey terminology or etiquette. Be clear on parent and child expectations on all aspects of club activity i.e. not sitting in dug outs / drop off arrangements / times of matches / equipment / clothing / safety.

Safe Hockey - let parents / guardians know about supervision ratios / first aid arrangements / on and off pitch etiquette (walking behind goals etc). England Hockey Safe Hockey Guidance can be found [here](#).

Collection / drop off arrangements

It is important to consider how your club/ organisation needs to adapt its practices in relation to the age of the young person. For example, drop off and pick-up arrangements may differ for a 10-year-old compared with a 16-year-old. Clubs/ organisations should also consider their venue and environment in relation to the guidance provided to parents/ guardians.

Transport

Clubs should be clear on the plans for transporting young people to matches. Parents may be asked to be involved in transport. Young people should never travel alone with another adult (see England Hockey transport guidance).

Communication

Parents should be copied into all communication to U18's.

For transparency clubs should be clear on how they will / won't communicate with all young people

i.e. use of whatsapp groups (be aware of age limitations for various social media platforms). See England Hockey Communication guidance [here](#).

Social Events

When organising social events, clubs / organisations should consider the environment that young people are involved in. Consider the nature of the event and the mix of adults / young people. Is the environment suitable?

Be clear on the position on alcohol (illegal to sell to under 18's) and ensure young people and their parents understand it.

Clubs/organisations have a duty of care to young players at all times. This should be considered when planning and during an event.

Selection / transition

Engagement with parents / guardians about the process for transition into adult hockey is essential. Transparency around understanding the rationale / process, who will make the decisions, what factors are involved in making those decisions is really important to parents and their child. Every child is different, so a 'one size fits all' approach might not be appropriate, but needs explaining.

What should clubs expect from parents/ guardians?

- Ensure young people are dropped off and picked up promptly from the venue and that young people are not left unsupervised at any time
- Ensure there is an appropriate coach in attendance before dropping your child off before a session or match
- Contact session organisers/coaches if running late to collect young people
- Adhere to the Parents section of the Code of Ethics and Behaviour (Respect)
- Always use appropriate language
- Stay off the pitch during training and matches
- Provide emergency contact details and any relevant information about young people including medical history. Update the club if this information changes.
- Speak to the Welfare Officer as soon as possible if you have a concern. The sooner the club are aware, the sooner it can be looked into / resolved.
- Support with transport arrangements.



PHOTOGRAPHY/ STREAMING / IMAGERY

UPDATED MARCH 2022



Positive images of young people enjoying hockey are essential to promote the sport and a healthy lifestyle.

Parents/carers want to celebrate the achievements of their children through photographs and recorded images. Use of recorded images can also be a valuable coaching aid. England Hockey is committed to providing a safe environment for all young people and it is therefore committed to ensuring that all necessary steps are taken to protect young people from the inappropriate or uninformed use of their images in resources and media publications, on the internet, and elsewhere.

Photographic and recorded images can also be used as a means of identifying young people if accompanied by personal information. Additionally, images can be used or adapted for inappropriate use. This includes any device that is equipped to capture and record images (e.g. digital camera,

video recorder, mobile phone, tablet etc) both live and delayed.

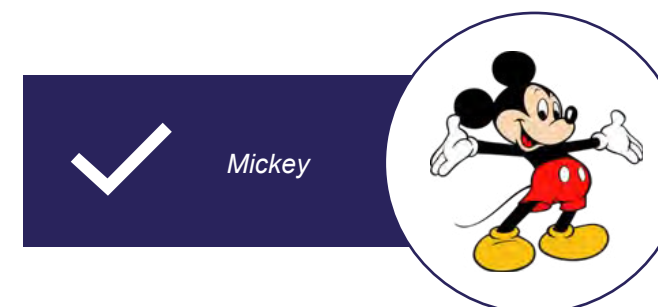
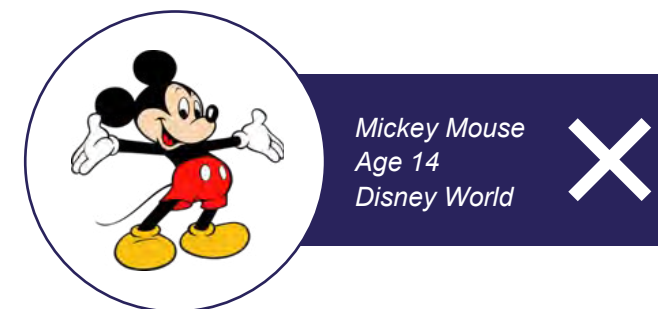
A clear statement should be written, publicised and promoted for all hockey activities, which includes 'the interests and welfare of young people taking part in hockey is paramount'. The use of posters identifying 'no camera zones' in changing rooms and the promotion of positive imagery can help to protect young people but consider how visible and accessible this information is. If using hired facilities, it may not be possible to put up posters around the pitch and in changing rooms – consider how to communicate these messages to members.

Whilst we want to promote positive and appropriate use of images, we must also be aware that some young people will be subject to legal proceedings and in some cases, restrictions will be in place to ensure the young person is protected. In this circumstance, gain consent and information from the parent / guardian and work with them to make sure appropriate measures are in place. Also agree who 'needs to know' this information, so that you are compliant with the arrangements.

Protecting the Identity of Young People

It is essential to protect the identity of young people when using images on websites, social media,

promotional material etc. Ensure that the personal details of a young person are not connected to an image – for example don't use a young person's full name, age and location in conjunction with their image.



When taking and/or publishing photographic and recorded images of young people, written consent from both the young person and their parent/ guardian must be gained. (See [template](#) for more information). Consent forms must clearly detail the intended collection and use of photographic/ recorded images (e.g. for promotional use, coaching aids etc.) and how collected images will be stored.

Encourage the reporting of inappropriate use of images to the welfare officer, so that the circumstances can be investigated, and appropriate action taken.

Ensure that young people are in appropriate dress when taking photographic/recorded images – this will reduce the risk of inappropriate use. Images should focus on the activity rather than the young person.

Communicate your policy on imagery to all parents / guardians so they know how any images taken will be used i.e. no identification / newsletter only / website.

Recorded images

Recorded images are commonly used for coaching purposes or as evidence for exam boards during GCSEs & A Levels. When filming young people in hockey it is important that you make others aware of your intentions including the purpose of filming, how the images will be used and stored

and what will happen to the footage once its need has been fulfilled. If you are filming a match, inform the opposition the reasons for filming and ask for consent to film. Make other young people and their parents/carers/guardians aware of the purpose and gain their consent to be filmed.

Live streaming is becoming an increasingly popular way of sharing content. Live streaming involves broadcasting a live video to an audience over the internet using a device such as a mobile phone or tablet – this could be to a single person or a wider audience. Unlike recorded images, live videos are uncensored and can't be edited. When used in a positive way, live streaming can be a great tool in sport. However, it can be unpredictable and hard to moderate. For further information visit www.thinkuknow.co.uk/parents or click [here](#) for more advice on live streaming.

Club/ Event Photographers/ Videographers

The use of official club/event photographers/ videographer is a great way of taking professional images reflecting the positive and inclusive nature of hockey. Club/event photographers do not fulfil the requirements of regulated activity in relation to DBS checks (see England Hockey DBS guidance here). However, when photographers/videographers are used to capture images of young people, it is important to agree good practice between the club and photographers/videographer to ensure that all parties are protected.

When young people are being photographed/ filmed, consider the following:

- Make sure club/ event photographers/ videographers are easy to identify – photography/ filming bibs are often the easiest way to make official photographers/ videographers identifiable.
- Have a 'sign up' system for registering official club photographers/ videographers so you know who they are and what the purpose of them taking photographs/ footage is. This might apply to a club photographer or local newspaper reporter / photographer.



- Make sure photographers/ videographers are not left alone unsupervised with young people
- Don't allow photo/ filming sessions to take place outside of the club/ event or at the home of a young person
- Encourage positive photography/ filming to celebrate the achievements of young people
- If playing in a game, make the opposition aware that you have an official photographer/ videographer on site and the reasons for doing so (e.g. filming the game for coaching purposes)
- Consider who holds the photographs/ footage and how they are stored – who has access to these?
- Agree where photographs/ footage will be published – notice boards, website, local newspaper etc.
- Understand their policy on retention and deletion of images.
- Agree positive good practice for your club and share this with photographers/ videographers – including a list of do's and don'ts

This list is not exhaustive.

You cannot control every aspect of photography, most people now have a camera on their phone, however you can promote positive and appropriate use. You can and should challenge inappropriate use.

Storage of Consent Forms and Images

As consent forms contain sensitive information, they should be stored appropriately in conjunction with the General Data Protection Regulation (GDPR). Consider how these forms are stored and for how long. You will also need to consider who you give access to these forms.

Similarly, you need to consider how you store photographic/recorded images.

- Who has access to these?
- How are they accessible?
- Where are they stored?
- You also need to consider where these images are displayed - are they public or private?

- Once an image is posted on a public site it will be accessible outside of your club.
- Further information on storage of images and data can be found [here](#).

Visibility of Policy and Procedures

England Hockey has a variety of positive messaging templates that can be used by clubs to promote the use of positive photography.

- [No camera zone](#) - designed for changing room use
- [Positive imagery](#) - designed for spectators, poster that can be displayed pitchside to promote positive imagery and respect for other people's children's images.
- [Changing rooms](#)



POSITION OF TRUST

UPDATED MARCH 2022



All adults who work with young people in hockey are in a position of trust which has been invested in them by parents, the sport and the young person.

A relationship between a young person and their leader is not one of equals, it gives power to the leader and with that comes responsibility, which must be used responsibly, both on and off the pitch. This imbalance of power means understanding boundaries and respecting them is essential.

Young people trust and are dependent on leaders for their sporting development. All relationships between young people and those adults should be healthy, supportive, positive and aimed to improve the holistic development of all young people.

Being in a position of trust brings accountability and leaders will be seen as role models, with this comes a heightened responsibility. Actions and behaviours will come under greater scrutiny, therefore language, relationships, communication must be appropriate. Be aware that behaviours can be misinterpreted, whether intended or not.

In a non-sporting environment, the most obvious comparison to a position of trust is a teacher – this is a useful and relevant comparison, as boundaries in a school environment are clear. In sport these boundaries are less explicit, but nonetheless as important.

This relationship can be described as one in which the adult is in a position of power and influence by virtue of their role and should be positive and professional.

Positions of trust in hockey will include young leaders, coaches at all levels, captains, team managers, welfare officers, medical professionals, umpires and mentors (collectively called leaders).

This list is not exhaustive.

Principles of good practice when in a position of trust:

- Create a culture / environment that is positive, engaging and inclusive to all.
- Always consider the impact of your actions and behaviours on young people
- Be transparent /open in your actions – it's reduces the likelihood of misinterpretation
- Know your audience, be respectful.
- Once in a position of trust, you are always in a position of trust, regardless of the environment i.e. you are still a young person's coach when you are at a social event.
- If you are concerned your words or actions may have been misinterpreted, tell someone (Welfare Officer)

England Hockey has guidance on good practice in a number of areas including [communication](#), [transport](#), use of social media, [photography](#).

Below are examples of actions to avoid when in a position of trust and why:

- Giving a lift to a young person (without anyone else in the car) – could be seen as favouritism / vulnerable position for young person and leader.
- Engagement in social media – avoid 1:1 communication, don't use any language that could be seen as sexual, keep language & content appropriate.
- Do not engage in any form of sexual activity with a young person (under 18) –it is a breach of the England Hockey Safeguarding Policy.

Transition into coaching / leadership positions

It is important to remember that all coaches are in a position of trust. Newly qualified, young coaches may begin to start coaching their peers. However, it is vital that they remember they are still in a position of trust. Young people starting to coach may require greater support from their clubs to understand their role and the boundaries associated.

England Hockey recognises that relationships may develop between adult coaches/ leaders and players. If you hold a position of trust and enter a

relationship with one of your players, regardless of your age or their age, England Hockey recommends that you withdraw from that position.

Position of trust – the legal and England Hockey position

In March 2021, it was announced that the 'loophole' which previously did not protect 16- and 17-year-olds against sexual relationships with adults holding a 'position of trust' over them would be closed by legislation. This 'loophole' provided the opportunity for the power imbalance caused by positions of responsibility to be exploited. The change in legislation will specifically recognise the position of trust that sports coaches and others that have regular direct access to children in sport have.

England Hockey has a responsibility to protect all young people under 18 years old and takes its stance on position of trust very seriously. Nobody in a position of trust must engage in sexual activity with anyone under the age of 18. It exploits the position of power held over the young person.

Under England Hockey's Safeguarding Policy and Code of Ethics and Behaviour (Respect), any sexual relations with a young person are not tolerated. A breach of the Code of Ethics & Behaviour or England Hockey's Safeguarding Policy would result in disciplinary action and potential intervention from other organisations, such as the police.

All those within the club have a duty to raise concerns about the behaviour of any member of the hockey family which may be harmful to the young people in their care, without prejudice to their own position.

The [CPSU](#) provide additional guidance on preventing abuse of positions of trust within sport.



SUPERVISION & RATIOS

UPDATED MARCH 2022



Supervision of Young People

Principles that underpin good practice for supervision of young people:

- It is the responsibility of those commissioning, planning or providing sessions/activities to ensure that those running the activity are suitable to do so. For example they have:
 - Undertaken an appropriate recruitment and selection process, this may include a DBS check which has been risk assessed (depending on the role)
 - Insurance appropriate to the activity
 - Adopted and are implementing codes of conduct
 - An appropriate training for the activity
 - An understanding of their responsibility to safeguard children
 - Undertaken training appropriate to the role they are doing
- Leadership, coaching and officiating awards

create opportunities for young people to develop their coaching or technical skills and sense of responsibility. However, this should not result in these young people being given full or lead responsibility for managing groups of children. Under 18 coaches or officials should be in addition to those appropriate adults with responsibility for supervising the activity. The organisation's duty of care and Safeguarding and Protecting Young People policy extend to all under 18s, whether they are participants, coaches or officials.

- Whatever the recommended ratio of adults to participants is, a minimum of two adults should be present. This ensures at least basic cover in the event of something impacting on the availability of one of the adults during the activity (in the event of a participant requiring the attention of an adult during the activity following an accident for example).
- In the planning of all activities, and regardless of any other assessments that may be required (for example of equipment or for Health and Safety purposes), a risk

assessment should be undertaken which specifically informs decision-making about appropriate supervision levels.

- Key factors to assess include:
 - Age of children
 - Additional supervision/support needs of some or all participants (for example, due to disability)
 - Competence/experience of participants for the specific activity
 - Nature of activity
 - Nature of venue (whether closed and exclusive, or open and accessible to members of the public).
 - Equipment
 - Weather

Recommended Minimum Supervision Ratios

It is essential when working with young people to ensure appropriate supervision ratios of adults to young people. Meeting supervision ratios will allow clubs to minimise risk to young people, enhancing the experience young people gain from a session and reassures parents and carers. Clubs may also benefit from having a greater number of 'helpers' to support coaches at hockey sessions. England Hockey recommends the following supervision ratios:

Children under 8 years old:

1 adult: 8 children (with a minimum of 2 adults)

Children over 8 years old:

1 adult: 12 children (with a minimum of 2 adults)

Junior administration e.g. signing in and out

Administration processes such as signing young people in and out of session are strongly recommended as best practice for clubs with junior members.

Clubs/Associations should access their own environment, membership and resources and make their own decision on the processes they put in place to manage registration into and out of club activity.

Clubs may decide on an age limit and most appropriate method of registration and should communicate this to all parents / guardians. This ensures that the club/association are aware of any young people who are using alternative methods of transport to get home (e.g. cycling, bus, by foot etc.). Clubs can also use this process to clearly outline their roles and responsibilities in terms of supervision i.e. at what point they become responsible for the young member.

There are many different systems that can be used for such processes, whether these are online, using apps or even paper registers. This role could be completed by a number of different people, such as junior co-ordinators, parent helpers etc.



TOURS & OVERNIGHT STAYS

UPDATED MARCH 2022



Planning Competitions & Events, (Inc. Tours & Overnight Accommodation)

When planning events, activities, competitions or tours that involve young people, there are many factors to consider and preparation is paramount.

It is essential to engage parents in all plans and keep them updated. It should be noted that it is the responsibility of the club/association to ensure a welfare plan is in place – It is not England Hockey's role to endorse or approve welfare plans.

A detailed welfare plan should be produced including the following:

- Travel/transport
- Contact details for all adults on trip
- Addresses of hotels/playing sites
- Medical info
- Parents contact details
- Code of conduct
- Alcohol guidance
- If there is a mix of genders, then appropriate

changing/showering/sleeping facilities need to be arranged

- Reporting procedures
- Ratios
- Photography
- Missing player policy
- Roles and responsibilities of staff/volunteers
- Ensure appropriate checks for staff/volunteers
- Communication
- Insurance
- If travelling abroad – passport/visas, insurance, foreign currency, medical considerations (e.g. vaccinations), mobile phones for contact
- Risk assessment for trip

This list is not exhaustive

Further to this, consider the following:

- Which adults are leading the event, activity, competition or tour?
- Do they have appropriate checks (DBS, qualifications etc.)?
- Who is responsible for safeguarding during the event, activity, competition or tour?
- Completion of a risk assessment of facilities, surrounding and accommodation that are being used and highlight any concerns
- Promotion of the reporting procedures for responding to and reporting concerns that are identified
- Establish fire and emergency procedures for the durations of the event, activity, competition or tour
- Parental consent to include medical & photography consent, dietary requirements and emergency contact details
- Detailed itinerary and information including kit
- Ensure young people are always supervised by a minimum of two adults
- Increased awareness of young people with additional vulnerabilities
- Arrangements for meals, arrivals, departures

Overnight Accommodation

Plans for room allocation and room sharing must also be detailed. Young people must not share a room with those over the age of 18, unless you are travelling with a group of young people who are 17-18 years old, e.g. Peers of the same school age group. This also applied to anyone in a position of trust (e.g. coaches, umpires, mentors etc.); If a 16-18-year-old is in a position of trust, they must not share a room with another young person.

For the purposes of tours and overnight accommodation, young people who are of school age but have reached their 18th birthday should be treated in the same way as those who are under the age of 18 for the duration of the tour or overnight stay.

For more information on planning events, activities, competitions or tours visit:

- [CPSU](#) - Safe Sports events, activities and competition guidance

- [CPSU](#) - Safe Sports Events Management Tool
- [CPSU](#) - Away days
- [CPSU](#) - Overnight trips and travel abroad, including hosting
- If you are organising transport as part of a tour or overnight stay, please see [England Hockey's Transport Guidance](#).



TRANSPORT

UPDATED MARCH 2022



It is the responsibility of parents/carers to transport their children to and from a training session, match or away fixture.

It is strongly advised that private cars are not used by coaches, club volunteers, team managers, umpires etc. to transport young players at any time.

If, for any reason, this is the only feasible method of transport, the following guidelines must be followed:

- Drivers must ensure the safety of passengers
- Drivers must ensure the appropriate child car seats are used
- Drivers must ensure that their vehicle is roadworthy and that they have a valid

licence and insurance cover

- Drivers must only use vehicles with seat belts and ensure that their passengers are wearing these when in transit
- Drivers must be aware of their legal obligations when transporting young players
- Parents/guardians/carers must give written permission if their child/children are being transported in another adult car
- Clear information on the expected time of departure and arrivals needs to be communicated to relevant people, i.e. parents/guardians/carers
- Drivers should not be alone with a young person in the car at any time. If this situation arises, drivers need to ensure that the young person is in the back of the car.

Late Collection

If a parent / guardian is late the club should:

- Attempt to contact the parent/guardian
- Check the club contact number for any

information regarding the young person

- Wait with the young person at the club, with wherever possible other staff/volunteers or parents
- Inform the club's Welfare Officer
- Remind parents/carers of the policy relating to late collection
- If parents/carers remain uncontactable staff will need to report the situation to Local Authority Children's Social Care Dept (Social Services) or the Police

Staff/volunteers should avoid:

- Taking the child home or to any other location
- Asking the child to wait in a vehicle or the club with you alone
- Sending the child home with another person without permission.

Hiring transport

When booking transport for an away fixture you will need to remember the following points:

- Passenger safety
- Competence of the driver and whether the driver holds an appropriate valid licence
- Number of driving hours for the journey and length of the drivers' day including nondriving hours
- Whether more than one driver is required
- Type of journey, traffic conditions, weather, appropriate insurance cover
- Journey time and distance and stopping points
- Supervision requirements
- Suitability of transport if the team includes disabled players
- Drivers to take breaks and be aware of emergency procedures.

Useful links

[CPSU](#)



VIDEO CONFERENCING & LIVESTREAMING

UPDATED MARCH 2022

Positive communication is essential in sport and can greatly impact the mental wellbeing of individuals.

In light of the Covid-19 pandemic, England Hockey are aware of an increased use of video conferencing and livestreaming platforms to connect those involved in hockey. Video conferencing and livestreaming can be used in many ways such as for coaches or team managers to check in with their squads or to keep connected with teammates.

If you are considering the use of video conferencing and livestreaming platforms to connect with young people, you are advised to take the following advice into account:

- **Platform** – There are many online platforms that can be used to livestream video calls such as Zoom, Skype, Teams etc. Ensure you use a recognised platform provider
- **Setting** – Where and how is the call taking place? When making a call ensure that you are in a neutral area where nothing personal or inappropriate can be seen or heard in the background
- **Consent** – Ensure that parental consent is gained prior to any livestream or video conferencing calls taking place between young people and coaches/team managers.
- **Parents/Guardians** – Keep parents/guardians informed and updated.
- **Language & behaviour** – Agree expected behaviours in line with England Hockey's Code of Ethics & Behaviours (Respect) and challenge any behaviour that contravenes this.
- **Duration & Timing of calls** – Schedule

calls at an appropriate time and ensure that the length of the call is not excessive. Avoid unnecessary calls.

- **Personal details** – Avoid sharing personal details such as phone numbers and email addresses
- **Reason for calls** – Video conferencing and livestreaming platforms should not be used for personal calls between coaches/team managers and young people. Ensure parents/guardians are aware of the reason for the call
- **Recording calls** – Calls with young people should not be recorded, especially if the young person is not aware or has not given consent to be recorded.
- **Call Settings** – when setting up calls with young people, ensure you check the joining settings. If you are able to set default settings on the platform you are using, we strongly recommend that the following settings are used:
 - Mute Participants on Entry – **On**
 - Screen Sharing – **Host Only**
 - Allow Annotations – **Off**
 - Disable Private Chat – **On**
 - Allow Participants to Use Whiteboard – **Off**
 - Remote Control – **Off**
 - Kick User Out – **On**

Where possible it is advised that more than one adult (18+ years) is present on any call, regardless of whether the call is made to a large group of young people, or on an individual basis.

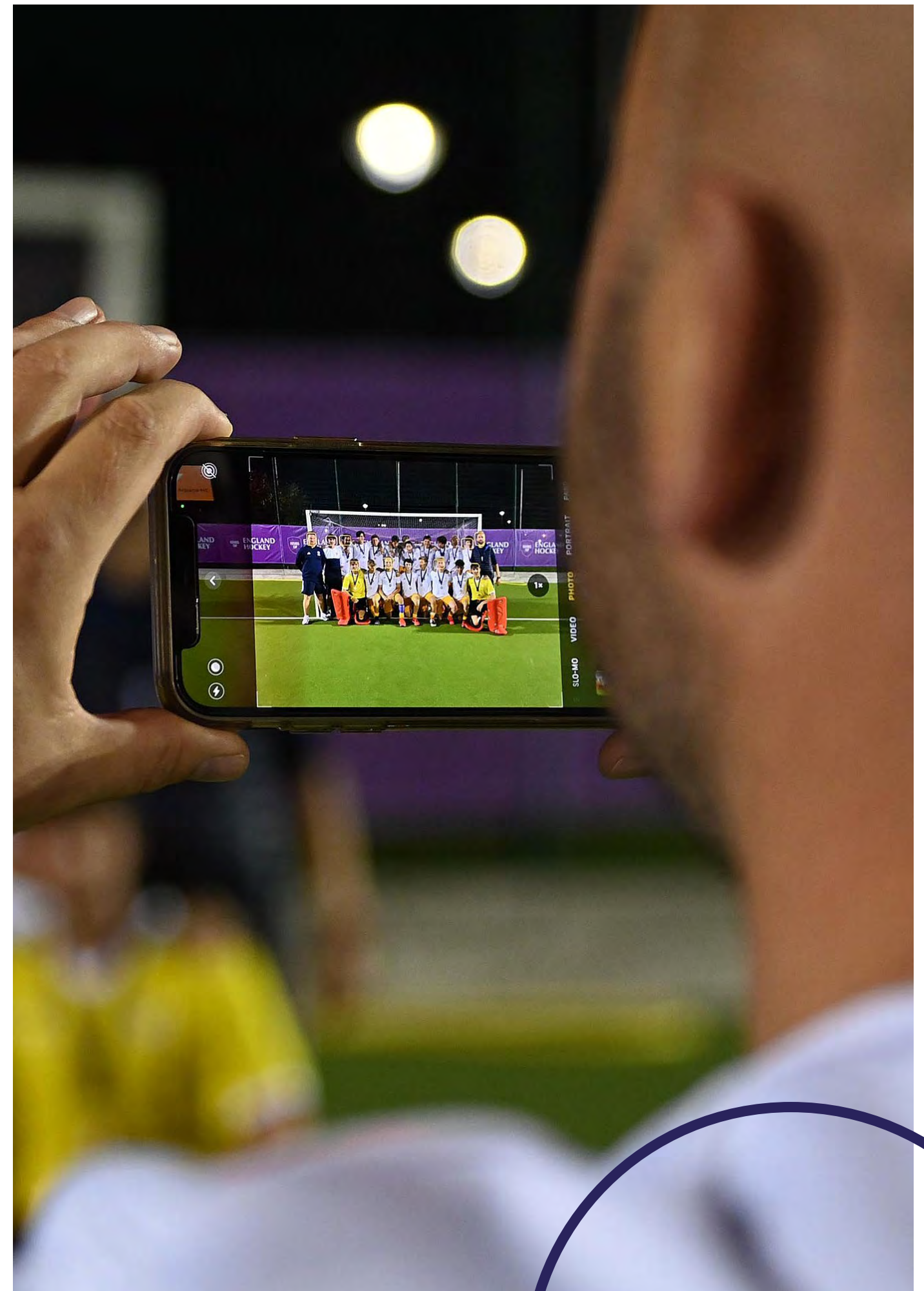
Zoom-Bombing

England Hockey are aware that video conferencing platform Zoom has experienced an increase in hijacking of calls if the host settings are not controlled. Information on how to prevent Zoom-Bombing can be found [here](#).

Further information

Further guidance on the use of livestreaming or video conferencing from the Child Protection in Sport Unit (CPSU) can be found [here](#).

If you are concerned about the welfare of a young person, you should contact your Welfare Officer or England Hockey's Ethics & Welfare Team at safeguarding@englandhockey.co.uk



WHATSAPP

UPDATED MARCH 2022



Good Practice for Using the App

What is Whatsapp?

WhatsApp is a popular instant messaging app, which lets you send messages, images and videos to friends. You can have 1-1 conversations as well as group chats.

The app is being increasingly used within hockey as a useful communication tool. This guidance recognises good practice for using the app and highlights some risks when using it with u18's.

Dos And Don'ts Of Using Whatsapp

Dos

- Have a coach set the group up (allowing admin rights)
- Ensure the group has at least 2 adults
- Tell athletes what the app is/isn't to be used for
- Inform parents of its intended use
- Get the team to agree how the app is to be

used i.e. only hockey orientated content

- Keep language appropriate
- Ensure members have a mechanism to report inappropriate content

Don'ts

- Assume everyone is on WhatsApp
- Use the app for private messaging
- Use the app to replace formal feedback

Concerns For Using Whatsapp

Individuals having access to everyone's number. In some environments this may allow individuals to contact each other in a negative way e.g. bullying in a performance environment.

Individuals not using WhatsApp. If a member of the team doesn't use the app, will they miss out on important information?

This guidance should be applied to all equivalent social media/group communication apps.



YOUNG PEOPLE IN ADULT HOCKEY

UPDATED MARCH 2022



England Hockey believes that all young people should be provided with opportunities to improve their hockey, aiming to inspire more, better, happier players.

Young individuals playing club hockey are often introduced to senior teams and development sides, allowing them to gain experience playing with and against older players. This step up can be pivotal to their hockey playing career; however, sometimes decisions can be made hastily without proper consideration for the young person involved.

It is important to remember that young athletes are not 'mini adults' and therefore certain considerations must be taken into account. This guidance intends to ensure that all hockey players, both adults and young people, can have a positive and enjoyable experience within hockey. So, what do you need to consider?

When considering the individual, there are certain areas that should be explored such as; Is it right for the individual? Why is the young person playing in a senior team? What support do they require? What support does your club currently have in place for young people? What additional support do you need to consider?

There are many reasons why young people may play hockey in adult teams, therefore we must consider the reality of why they are involved. There may not be a junior section for players to join, therefore the only option for them to play may be in an adult team. This may be a development team encouraging young players to 'step up' into a more challenging environment to improve their skills. In some cases, young people might play in senior teams to make up numbers. Whatever the reason for involving young people in senior teams, it is vital that they receive a positive experience which will help them develop and grow as people and players. These young people are the future of the game and therefore they should be encouraged, supported and developed.

It is important to maintain regular communication with young people, and their parent(s)/guardian(s),

when they are playing in senior teams and to involve them in decision making. It is advised that, as a squad, you agree a set of guidelines at the start of the season that all players sign up to.

Who is a 'young person'?

"Young people are defined as children that have not reached their 18th birthday".

Definition – from SafeGuard

Hockey is one of the few sports where young people are able to play as part of a senior team. However, regulation states that young people cannot be part of a senior team until they have reached their 13th birthday (Juniors playing in adult leagues, 2016).

Clubs/ associations should consider the differences between players of different ages, for example consider the following based on a 13-year-old player and a 17-year-old player:

- Physiological and psychological maturity
- Social media/networking
- Commitments outside of hockey – do they have exams at school, weekend or evening jobs, what else do they do?
- Impact of peer groups
- Readiness for increased physicality of senior game
- Appropriate language and behaviour
- Skill / technical ability
- Peer involvement

Young people mature at different rates, both physically and emotionally. Where an individual may be ready to play in a senior team, others may not be ready to make this step up. This should be considered on an individual basis. Consider who is responsible for making these decisions (coach, team manager, junior coordinator, Welfare Officer etc.) and what guidance they are basing their decision on, such as policies regarding inclusion and selection criteria, and make sure these are communicated to all players and parents/guardians.

Is it right for the individual?

When asked why young people play hockey, they answered for the following reasons: Inclusivity, fun, teamwork, communication, friendship. Even

in a senior team, these core values should still be prioritised.

Hockey aims to develop people as well as players. The Player Development model has been established to represent the hockey landscape and the segments that position the player at the heart of hockey and identifies the 'ideal' experiences and environments for players to come in, get better and stay in the sport. It shows how people enter, develop within and through, and interact, based on the needs and motivation of players. The emphasis is on providing great experiences and exceptional environments for players to be successful and stay in the sport.

What is the young players experience?

When young people are playing hockey in any capacity it is essential that they receive a positive experience, that they are encouraged to develop and that they are supported. The culture and environment within the club can have a huge impact on the experience young people have. Every player will have a different motivation and reason for playing therefore its essential to consider the following:

Age – Answer will be different between a 13-year-old and a 17-year-old. Some 13 years old are more mature physically and emotionally than a 14/15-year-old. Equally a promising 13-year-old may shrink in an adult environment and it might be better for them to play in their own age group with their friends.

Experience – Linking into the above, do they have enough experience in their own age group? Are they going to have a better experience playing in a senior team?

Peers – What are their friends doing? Do they play hockey to be with their friends? if so moving them away from that environment may not develop them as players even if they have the talent to play in senior teams.

Readiness to transition to senior hockey? – Is the young person ready to transition in a senior team and will they develop? If the young person is not getting any benefit from moving out of their own age group to play in a senior team the move is not justified. For some players transition to senior teams is essential and an important part of their development. Every player will be different and



transition decisions should be taken on an individual basis.

Decision to transition? - Transparency of the decision making process around transition is helpful for all involved. Who will make that decision? what factors that are taken into account? Clear guidance and communication of these factors are essential.

Culture – What is the attitude, language and behaviour towards young people like in your club? Are you creating an environment where young people can thrive? Changing rooms, social areas (e.g. bar area) and other social activities could be challenging environments for young people if they are perceived to be unwelcoming.

Support - what support is given to young people when they play in a senior team? Who is responsible for their welfare? Have someone, with the right skills, appointed to offer support both on and off the pitch and make the transition as smooth as possible.

Consider if the senior team is in a position for a young person to join – would it be productive and right for all involved? What else are they doing?

School – Does the young person also play for a school team? Consider if/when they are playing in school teams

Age groups – Are they also playing for their own age group? If playing/ training for/with their own age group as well as in the senior team this will need to be considered

Other sports – Is the young person taking part in any other sports at school/club outside of hockey? Is hockey their only commitment? Young people will often take part in a variety of different sports and activities, do not assume hockey is their only focus outside of school.

Other commitments – What else is the young person doing outside of hockey? E.g. school exams, music, drama, other activities. Don't assume that hockey is the only commitment they have.

Talented players – for more details around England Hockey's [Talent System Framework](#)

It is important to be aware of the signs of overtraining when working with juniors (both in age group and in senior teams). Young people are often enthusiastic and want to be involved in as many different activities as possible.

Willingness to play - As with any individual stepping into a new team, it is not uncommon that young people will show a willingness to learn and be involved in all aspect of the team. In this case, it is vital to ensure that young people do not over

train and their involvement in matches is monitored as they may continue to play within their age group as well.

Parent/ Guardian expectations – Consider how you manage the expectations of parents/ guardians and how you plan to communicate with them (see communication guidance and parent / guardian engagement). Young people will often be reliant on parents/ guardians for support, transport, funding etc. and will want to ensure that the environment is one that is safe for their children.

Communication

How do you communicate with young people in your club/association?

It is important to follow the basic do's and don'ts of communicating with young people (as found in England Hockey's [communication good practice](#)). Communication tools such as [WhatsApp](#) have minimum age limits and therefore must not be used as the primary method of communication for teams containing young people.

You should also consider how you engage with, and manage the expectations of, parents/ guardians. Regular communication is vital, do not assume that messages will be passed on to parents, inform them directly and welcome regular contact and communication as this will help develop young people within and outside of hockey. Young people will often be reliant on parents/ guardians for support, transport, funding etc. and will want to ensure that the environment is one that is safe for their children.

On & Off pitch environment

Consider the following:

- Who is responsible for young people when they are substituted, sent off or are injured?
- Is there sufficient support in place for young people during training and both home and away matches?
- Does the club have a transport policy for young people?
- Does the club have a changing rooms policy for when young people are present?
- Who holds contact details and medical data for young people & in what format?

- Has photography consent been gained for young people?
- Have the umpires/opposition been informed that there are young people playing?

Other considerations:

Playing positions and duration of play

Young players are often played in unfamiliar positions; for example, a promising young defender may be played as a 'winger' to be 'blooded' into an adult team. Whilst learning all positions is to be encouraged as is interchange through playing lines, denying young people the chance to develop their game within the increased pressure of a new environment is not helpful to their development. Playing minutes - sometimes a young player will be given brief shifts of a few minutes here and there. This is not helpful to their learning and is physically poor practice.

Appropriate language and behaviour

Players/coaches/supporters – language and behaviour

Coaching language and behaviour – should be positive, structured and inclusive. Consider how you would communicate with young people of different ages. Coaches, captains, team managers etc. Should consider how and when they communicate with young people. It may be wise to avoid singling the young person out or not communicating with them at all or making sure conversations are not 1-to-1 when speaking with young people, having someone else present may be better for both you and the young person. Would this be different for a 13-year-old and a 17-year-old?

On and off the pitch - from and towards young people

Avoid negative actions and swearing both on and off the pitch. Challenge young people if they display these behaviours. You could set standards expected of the team at the start of the season, get everyone to sign up and challenge each other if these standards are not upheld. Create a positive team experience regardless of whether young people are part of the team or not.

This also relates to changing rooms, club houses and any other social setting where young people are sharing facilities with anyone over the age of 18. Young people can become easily intimidated and feel uncomfortable in these environments. Consider the language used and behaviour towards young people – see England Hockey's guidance on changing rooms for further guidance.

Reporting inappropriate language and behaviour

It is also important to ensure you report any behaviour that is racist, abusive, discriminatory or sexual in nature to the relevant people. Ensure that all club members and associated personnel (e.g. parents) are aware of England Hockey's reporting policy and who they can contact if they have a concern.

Support network

Any individual who is in a 'position of trust' over a young person is considered to be in loco parentis for the time that young person is in their care. When the young person is on the pitch, this individual may be the coach, team manager, captain or a nominated responsible adult. However, it is important to consider who is responsible for any young people within a senior team when they are in social settings such as: changing rooms, club house/bar area and other social activities.

Clubs/associations may also consider appointing a mentor for young people playing within senior teams who can support and encourage them, both on and off the pitch.

Certain individuals working directly with young people, such as coaches, team managers team captains/nominated responsible adults will require safeguarding training and may require a valid DBS certificate. Find further information regarding safeguarding training [here](#) and DBS eligibility



guidance [here](#).

What if a 'young person' (e.g. a 17yo) is elected to be team captain?

Consider agreeing guidelines on what the function of communication is and challenge if anyone is using it inappropriately.

Consider appointing a mentor / named supporter to the young person so they have someone they can speak to outside of the team if they are faced with making difficult decisions or they feel uncomfortable.

Leadership at a young age should be encouraged, work as a team to support the young person in the best way possible but remember, they may need more support in their role.

Think about what the player is responsible for but also who is responsible for them. Again, this may be different based on age.

Social events

Hockey is a sociable sport, bringing together a variety of people from different backgrounds, including those who are U18. The sociable side of hockey should not be discouraged, celebrating wins and learning from losses vastly improves team cohesion and can build lifelong friendships. If there are U18's playing in your team, consider the following:

- Who is responsible for junior members at social events? – identify an individual within the team (captain/team manager etc.) who is responsible for the safety & welfare of junior members when at social events.
- Are their parents/carers present?
- Do you have contact details for a parent/ carer of that U18?
- Is the U18 in a vulnerable position where they may be exposed to alcohol?
- Could you impose a curfew for U18s to prevent them being exposed to uncomfortable/inappropriate situations?
- How could you involve U18's in social

events whilst ensuring their welfare is at the forefront?

Guidance on alcohol

It is illegal for any person under the age of 18 to buy alcohol, to have an adult buy alcohol on their behalf or to drink alcohol in a licensed premise. Whilst we acknowledge that young people over the age of 15 can consume alcohol in the presence of a parent/ guardian/ carer or in a supervised environment we recommend that alcohol should not be provided to any person under the age of 18 within hockey. Alternative drink options such as soft drinks/ water/ squash etc. should be provided.



YOUNG PLAYER MOTIVATION

UPDATED MARCH 2022



It is important to consider how you can encourage and motivate young people in hockey to ensure they feel supported.

Punishments and 'Forfeits' will often discourage young people and can have many negative impacts, such as loss of confidence. It is essential to create an environment where young people feel support and that allows them to develop. If you are considering how to increase player motivation, consider the following:

Give players a sense of control

While guidance from a coach is important to keeping

players on task and motivated, allowing players to have some choice and control over what happens in the activity is one of the best ways to keep them engaged. For example, allowing players to choose the type of activity they do or which problems to work on can give them a sense of control that may just motivate them to do more.

Define the objectives

It can be very frustrating for players to complete a task or even to behave in a session if there aren't clearly defined objectives. Players want and need to know what is expected of them in order to stay motivated to work. At the beginning of the season (session), lay out clear objectives, rules, and expectations of players so that there is no confusion and players have goals to work towards.

Create a threat-free environment

While players do need to understand that there are consequences to their actions, far more motivating for players than threats are positive reinforcements. When coaches create a safe, supportive environment for players, affirming their

belief in a player's abilities rather than laying out the consequences of not doing things, players are much more likely to get and stay motivated to do their work. At the end of the day, players will fulfil the expectations that the adults around them communicate, so focus on can, not can't.

Use positive competition

Competition in the coaching environment isn't always a bad thing, and in some cases can motivate players to try harder and work to excel. Work to foster a friendly spirit of competition in your sessions, perhaps through group games related to the tasks and create opportunities for players to show off their skills.

Offer rewards

Everyone likes getting rewards and offering your players the chance to earn them is an excellent source of motivation. Consider the personalities and needs of your players to determine appropriate rewards for your group.

Give players responsibility

Assigning players roles and responsibilities to build a community, connection to give players a sense of motivation. Players can see roles as a privilege rather than a burden and will work hard to ensure that they, and other players, are meeting expectations. It can also be useful to allow players to take turns leading activities or helping so that each feels important and valued.

Allow players to work together

While not all players will jump at the chance to work in groups, many will find it fun to try to solve problems, and work on skills with other players. The social interaction can get them excited about things in the session and players can motivate one another to reach a goal. Coaches need to ensure that groups are balanced and fair so that some players aren't doing more work than others.

Give praise when earned

There is no other form of motivation that works quite as well as encouragement. Even as adults we crave recognition and praise, and players at any age are no exception. Coaches can give players motivation by rewarding success publicly, giving praise for a

job well done, and sharing exemplary work.

Be excited

One of the best ways to get your players motivated is to share your enthusiasm. When you're excited about coaching, they'll be much more excited about learning. It's that simple.

Know your players

Getting to know your players is about more than just memorizing their names. Players need to know that their coach has a genuine interest in them and cares about them and their success. When players feel appreciated it creates a safe learning environment and motivates them to work harder, as they want to get praise and good feedback from someone they feel knows and respects them as individuals.

Help players find intrinsic motivation

It can be great to help players get motivated, but at the end of the day they need to be able to generate their own motivation. Helping players find their own personal reasons for working hard, whether because they find the sessions interesting, want to go to attend the coaching sessions is one of the most powerful gifts you can give them.

Manage player anxiety

Some players find the prospect of not doing well so anxiety-inducing that it becomes a self-fulfilling prophecy. For these players, coaches may find that they are most motivated by learning that struggling with a task isn't the end of the world. Offer support no matter what the result is and ensure that players don't feel so overwhelmed by expectations that they just give up.

Make goals high but attainable

If you're not stretching and challenging your players to do more than the bare minimum, most won't seek to push themselves on their own. Players need and like to be challenged and will work to achieve high expectations so long as they believe those goals to be within their reach, so don't be afraid to push players to get more out of them.



Give feedback and offer chances to improve

Players who struggle with skill acquisition can sometimes feel frustrated and get down on themselves, draining motivation. In these situations, it's critical that coaches help players to learn exactly where they went wrong and how they can improve next time. Figuring out a method to get where players want to be can also help them to stay motivated to work hard.

Track progress

It can be hard for a player to see just how far they've come, especially with skills that are not that difficult for them. Tracking can come in handy in the club or Performance Centre environment, not only for coaches but also for players. Coaches can use this to motivate players, allowing them to see visually just how much they are learning and improving as the year goes on.

Make things fun

Not all coaching needs to be a game or a good time, but players who see the coaching session as a place where they can have fun will be more motivated to pay attention and do the work that's required of them than those who regard it as a chore. Adding fun activities into your session can help players who struggle to stay engaged and make the session a much more friendly place for all players.

Provide opportunities for success

Players, even the best ones, can become frustrated and demotivated when they feel like they're struggling or not getting the recognition that other players are. Make sure that all players get a chance to play to their strengths and feel included and valued.

It can make a world of difference in their motivation.

Alternative options

Rather than performing 'forfeits' players could be given tasks to complete such as acts of kindness, such as:

- Filling a water bottle

- Collecting balls
- Carrying a bag
- Giving praise to another player

There is also an opportunity to flip the task so that the 'winners' receive a bonus – this could be double point for goals scored, a penalty stroke when given a penalty corner etc. This provides a learning focus for individuals and removes the 'punishment' element.

Sometimes, a group simply needs to know the learning focus and can be happy to self-review it based on simple targets. No need to add false motivation with consequences, the self-fulfilling drive of sensing and gaining progress should be enough - If your Motivational Climate is clear and healthy!



POLIC
& REPC
RTING



SAFEGUARDING AND PROTECTING YOUNG PEOPLE IN HOCKEY POLICY

UPDATED MARCH 2022



1. Introduction

1.1 England Hockey believes that all young people have the right to be safe and enjoy their involvement in hockey. We accept a responsibility to promote the welfare of young people and protect them from harm, in partnership with The Hockey Family.

1.2 England Hockey defines **The Hockey Family** as all individuals, clubs, county and regional associations, leagues and other organisations involved in any capacity in the game of hockey, and whether or not they are members of England Hockey. For the avoidance of doubt, this includes all participants and anyone working within hockey (in a paid or voluntary capacity, and whether as an employee or on a self-employed or other work basis) including all coaches, umpires, referees, players and other officials. Parents / legal guardians and spectators at hockey events and activities are also deemed members of the Hockey Family, as are commercial and education Partners.

1.3 In England a child is defined as anyone who has not yet reached their 18th birthday. Child protection

guidance points out that even if a child has reached 16 years of age and is:

- living independently
- in further education
- a member of the armed forces
- in hospital; or
- in custody in the secure estate

they are still legally children and should be given the same protection and entitlements as any other child (Department for Education, 2018).

1.4 For the purpose of this policy Safeguarding is defined as 'the action that is taken to promote the welfare of children and protect them from harm' NSPCC. Child protection is part of the safeguarding process. It focuses on protecting individual children identified as suffering or likely to suffer significant harm. This includes child protection procedures which detail how to respond to concerns about a child (the **Reporting procedures**).

1.5 This Safeguarding and Protecting Young People in Hockey Policy (the "**Safeguarding Policy**") applies to all employees of England Hockey and each member of The Hockey Family. The Safeguarding Policy sits alongside all other England Hockey policies and regulations including, but not limited to, the Code of Ethics and Behaviour. Adherence to the Safeguarding Policy will be managed through the Safeguarding and Protecting Young People Complaints and Disciplinary Regulations ("Safeguarding Regulations").

2. Purpose of Policy

2.1 This Policy has been produced to promote the welfare, of young people and protect them from harm or risk of harm, this includes physical and mental wellbeing. The Policy sets out the commitments made by England Hockey with regard to safeguarding young people and certain general principles and specific guidance that must be followed by The Hockey Family.

2.2 Members of The Hockey Family must be aware of and comply with England Hockey's Safeguarding Policy, Safe Recruitment Policy, Reporting Procedures and Code of Ethics and Behaviour. England Hockey will provide good practice guidance and templates to support clubs / associations in creating a safe environment for young people.

3. Legal context, requirements and Government Guidance

3.1 The practices, procedures, principles and guidance within this Safeguarding Policy and associated reporting procedures are based on the principles contained within the Children's Act 1989 & 2004 and the Government guidance 'Working Together to Safeguarding Children 2018'.

3.2 The practice, procedures, principles and guidance within the Safe Recruitment Policy are based on the principles of The Protection of Freedoms Act 2012 and the requirements of the Disclosure and Barring Service (DBS) in relation to recruitment of those in regulated activity.

3.3 As a body funded by Sport England & UK Sport, England Hockey work with the NSPCC's Child Protection in Sport Unit (CPSU) to meet the 'Standards for safeguarding and protecting children in sport'. England Hockey is committed to the continued evolution of safeguarding best practice and the creation of a safer environment for all young people in hockey.

4. England Hockey's role and responsibility

4.1 As the national governing body, England Hockey will publicise and promote within hockey its Safeguarding Policy, we will also support affiliated clubs and associations within The Hockey Family in adopting and implementing their own policies. This support will include producing template policies and procedures and good practice guidance and by providing access to training and education opportunities.

4.2 England Hockey is committed to providing access to appropriate advice and support through England Hockey staff in the Ethics and Welfare Team and ensuring that concerns relating to the safety and welfare of young people in hockey are taken seriously and acted upon swiftly and appropriately. See England Hockey's Reporting Procedures.

4.3 England Hockey recognises the roles and responsibilities of the statutory agencies in safeguarding young people and the responsibilities and expertise of the relevant agencies in determining whether young people have, or may have, been abused or otherwise harmed or are at risk of harm. England Hockey is committed to complying with the statutory procedures of the Local Safeguarding agencies (previously Local Safeguarding Children Boards (LSCBs). Accordingly, England Hockey will work cooperatively with the relevant statutory agencies on matters relating to safeguarding young people and where England Hockey receives report of a concern, it will refer the matter to the relevant statutory agency where appropriate.

4.4 England Hockey is also committed to directly challenging conduct within The Hockey Family that is, or may be, harmful to young people. It may, therefore, instigate proceedings under its own Safeguarding and Protecting Young People Complaints and Disciplinary Regulations (Safeguarding Regulations (www.englandhockey.co.uk/safe) where concerns or complaints are raised (by sources internal or external to hockey) relating to the safety and welfare of young people. England Hockey will take action against any person or organisation within its jurisdiction whose conduct is found to have harmed a young person in hockey or whose conduct (within or outside hockey) poses or may pose a risk of harm to young people in hockey. England Hockey may also refer matters back to a club, county or regional association, league or other relevant organisations, with advice and support as appropriate, for resolution where appropriate.

4.5 England Hockey is committed to encouraging



and supporting everyone within hockey to recognise and regard as essential, the effective and safe recruitment of all individuals working with young people in hockey.

4.6 England Hockey is committed to providing education and training opportunities for The Hockey Family in relation to safeguarding and protecting children.

¹ HM Government 'Working Together to Safeguard Children 2018' A guide to inter agency working to safeguard and promote the welfare of children.

² [DBS Eligibility Guidance](#)

5. Club/ Association responsibility

In line with England Hockey's Safeguarding 'Call to Action', all affiliated clubs and associations are required to:

5.1 Adopt England Hockey's Safeguarding Policy and associated guidance.

5.2 Have at least one named Welfare Officer, whose contact details are easily accessible to all club members and who has attended a 'Time to Listen' safeguarding workshop.

5.3 Follow England Hockey's recruitment guidance by ensuring that their club/association is registered on England Hockey's DBS system, have at least one active DBS Verifier and that the club/association actively use the DBS system to complete DBS checks on the appropriate individuals.

5.4 Ensure that all coaches/ individuals who work regularly with young people have appropriate safeguarding training.

5.5 Understand and follow England Hockey's reporting procedures and disseminate this information to their members.

5.6 Provide an environment that is positive, safe, engaging and inclusive. The welfare and wellbeing of young people must be paramount.

5.7 Understand that safeguarding young people is everyone's responsibility, not just the Welfare Officer.

6. Hockey Family Responsibilities

England Hockey recognise that not everyone in hockey operates within a club / association. Those that do operate outside this structure must also comply with the following specific guidance:

6.1 Abide by England Hockey's Safeguarding and Protecting Young People in Hockey Policy, Procedures and Good Practice guidance, which specifies conduct in relation to the safeguarding of young people within hockey, among other issues.

6.2 Follow England Hockey reporting procedures where there are concerns relating to the safety or welfare of young people.

6.3 Seek advice from England Hockey Ethics and Welfare Team (see 8.2) when dealing with issues or concerns that are more complex than first perceived.

6.4 Provide appropriate education and training to all those involved in hockey related activities.

7. General Principles

The following general principles regarding safeguarding and protecting young people will be applied by England Hockey and should also be applied by everyone within The Hockey Family.

7.1 The safety and welfare of young people is paramount.

7.2 The rights, dignity and worth of all young people must always be respected.

7.3 The views and opinions of young people are sought, considered and integrated into all aspects of hockey.

7.4 All young people, regardless of age, disability, gender reassignment, race (including ethnic origin, nationality and colour), religion or belief, sex (gender), sexual orientation, marital and civil partnership and pregnancy and maternity have the right to be protected from harm.

7.5 It is recognised that some young people have additional vulnerability, which may be due to disability, language, sexual orientation, culture or for the fact that they perform in an elite environment. It is therefore important to raise awareness of additional risks and address particular needs, as required.

7.6 The creation of a safe culture and environment will allow young people to thrive within hockey and feel supported should they need to raise any concerns.

In 'Working together to Safeguard Children 2018' children say they need:

- Vigilance: to have adults notice when things are troubling them
- Understanding and action: to understand

what is happening; to be heard and understood; and to have that understanding acted upon

- Stability: to help them develop an ongoing stable relationship of trust with those helping them
- Respect: to be treated with the expectation that they are competent rather than not
- Information and engagement: to be informed about and involved in procedures, decisions, concerns and plans
- Explanation: to be informed of the outcome of assessments and decisions and reasons when their views have not been met with a positive response.
- Support: to be provided with support in their own right as well as a member of their family
- Advocacy: to be provided with advocacy to assist them in putting forward their views
- Protection: to be protected from all forms of abuse and discrimination and the right to special protection and help if a refugee

7.7 Safeguarding is everyone's responsibility, but it is the responsibility of child protection experts to determine whether or not abuse has taken place. It is everyone's responsibility in hockey to report concerns.

7.8 Statutory agencies have a role in safeguarding young people and information should be shared with them as appropriate.

7.9 In order to safeguard all young people, The Hockey Family must work in partnership to implement policies, respond to concerns and deliver best practice.

7.10 For clarity, the Safeguarding Policies and any related procedures and good practice relating to the safeguarding of young people in hockey need to be applied both in relation to activities for young people specifically and where young people may be involved within the adult game, for example, where players or umpires under 18 years of age are incorporated into adult team hockey. This applies in all hockey environments, on and off the pitch.

8. Additional guidance for Clubs and Associations:

8.1 England Hockey documents and guidance:

- Reporting Procedures

- Good Practice Guidance
- Safeguarding and Protecting Young People Complaints and Disciplinary Regulations ("Safeguarding Regulations")
- Code of Ethics and Behaviour (Respect)

Can be found [here](#).

8.2 England Hockey Contacts

England Hockey Ethics and Welfare Team Contact details:

Responsibility for safeguarding in hockey falls with the Ethics and Welfare Team, who will be pleased to answer any questions or queries relating to any aspect of safeguarding and protecting young people:

- Ethics and Welfare Manager (Lead for Safeguarding) – contact for any child protection concerns
- Ethics and Welfare Officer – general safeguarding enquiries
- Ethics and Welfare Administrator – recruitment related queries

Tel:

01628 897500

Email:

safeguarding@englandhockey.co.uk

Address:

England Hockey, Bisham Abbey National Sports Centre, Marlow, Bucks SL7 1RR



ENGLAND HOCKEY

REPORTING PROCEDURES

UPDATED MARCH 2022



Image from Leyland & Chorley Hockey Club

The Government's guidance 'Working Together to Safeguard Children 2018', states that 'safeguarding is everyone's responsibility' and sets out how individuals and organisations should work together to safeguard and promote the welfare of children.

For the first time in statutory guidance sport has been identified as a specific environment with responsibility for safeguarding young people.

England Hockey has developed policies, procedures and systems to manage concerns or allegations of poor practice and abuse against young people. England Hockey will always work in accordance with procedures as set out in the guidance.

The responsibility of The Hockey Family is to read, implement, monitor and evaluate their safeguarding policies, procedures and systems, so that in the event of a concern being raised a smooth process can be followed.

This section is divided into two parts:

- **Responding to concerns**

- If a young person or adult has concerns, it is important that they are able to report them

to someone. It is therefore important that everyone knows how to respond to any concerns, and who will do this.

- **Taking appropriate action**

- Once a concern has been reported, it is important that appropriate action is taken. It will not be the club's responsibility to decide if action needs to be taken, unless a child is at immediate risk of harm. It is, however, the club's responsibility to report the concerns appropriately in accordance with England Hockey's policies, procedures and systems.

Responding to Concerns

Concerns may be raised in response to the following:

- Something a young person has said to you – a disclosure

- Signs or suspicions of abuse
- Allegations made against a member of staff or a volunteer
- Allegations made about a parent / legal guardian, carer or someone not working within the sport
- Bullying
- A breach of England Hockey's Code of Ethics and Behaviour (Respect)
- Observation of inappropriate behaviour
- Anything which makes them uncomfortable based on inappropriate behaviour of an adult or changes in behaviour of a young person
- Inappropriate behaviour of a young person towards another young person
- Behaviour being contrary to England Hockey's Safeguarding and Protecting Young People in Hockey Policy and Procedures.
- Receiving a call from a statutory agency i.e. Police, Children's Services
- Reading or hearing something of concern about a member of the Hockey Family in the media

This list is not exhaustive

It is important to note that even if an incident or allegation occurs outside the hockey environment, it should still be reported to England Hockey if the adult or young person concerned is involved in hockey. This is in accordance with standard practice in sport.

Always

- Stay calm
- Reassure the person reporting their concerns that they have done the right thing in telling you
- Keep an open mind
- Listen carefully to what is said and take the person reporting it seriously
- Find an appropriate early opportunity to

explain that it is likely that the information will need to be shared with others – do not promise to keep secrets

- Ask open questions for clarification only, avoid asking questions that suggest a particular answer (i.e. yes or no questions). To help you to do this, try to ask questions starting with tell me about, explain to me, describe.
- Tell them what you will do next and with whom the information will be shared
- Report the incident to your Welfare Officer or England Hockey Ethics and Welfare Manager/ Team
- Record in writing what was said using the young person's own words as soon as possible, using the England Hockey Safeguarding Referral Form (Template 2)

Never

- Panic
- Make promises you cannot keep, including promises to keep secrets
- Make a young person repeat the information unnecessarily
- Question the detail of what the young person has shared
- Delay in reporting to your Welfare Officer or England Hockey Ethics and Welfare Manager
- Make assumptions
- Approach the alleged abuser
- Take sole responsibility.

Important reminders:

- Your organisation's Welfare Officer should be your first point of contact
- Welfare Officers should not deal with issues in isolation, they should receive support in dealing with issues by other trusted people (will vary according to organisation)
- Minimise the number of people that you



share a concern with, only share information on a need to know basis.

- If in doubt – ask for advice from your organisation’s Welfare Officer or England Hockey Ethics and Welfare Team.
- Deal with incidents and concerns quickly – problems escalate when they don’t get addressed

It is acknowledged that taking appropriate action is never easy and the discovery that a member of a club or colleague may be acting inappropriately, bullying or abusing a child will raise concerns and emotional feelings for the person receiving the concern, and among other colleagues.

These emotions may evolve around feelings of:

- Doubt: Is it true?
- Guilt: Should I have known?
- Did I miss something?
- Did I have any suspicions?
- Should I have said something?
- Fear: Will others or I be suspected?
- What actions should be taken?
- Confusion: What will happen?
- What will be the effect?
- Concerns: What can I do to support all those people who may need support?
- How will it affect further relationships or contact with children?
- Are there systems in place to expose future situations?

These are natural responses but remember that the safety and welfare of young people is paramount.

It is not the club’s responsibility to decide if a child is being abused or poor practice has occurred.

Any concerns or allegations will be managed confidentially by England Hockey, with the club’s cooperation and assistance.

It is your responsibility to report your concerns, not act on them.

Speak to your Welfare Officer or England Hockey Ethics and Welfare Manager who will:

- Support you
- Listen to you
- Take all concerns seriously

- Act immediately within hockey’s policies, procedures and systems
- Advise you what actions you need to take (if required)

Scenarios

Dealing with concerns – when to involve England Hockey:

It is important to deal with issues swiftly and effectively, using the most appropriate people and level of support. If in doubt, take advice. It is always better to raise a concern and take advice, than do nothing at all.

The following examples highlight concerns and gives guidance on how to respond and the most appropriate level for the concern. Some concerns can be dealt with at club level with support from England Hockey but others will need to be dealt with centrally by England Hockey.

Scenario one - WhatsApp group conversation (banter)

Concern: there is a 14year old male playing alongside adults in the local league. The club are using WhatsApp as a method of communication. The boy’s parent has read through the conversation and is concerned about the content in the chat and suggests it’s inappropriate. The parent has raised this with the team captain and their response was ‘they need to ‘man up’ it’s only banter’.

Response / things to think about:

- This type of concern should be reported to the club / organisation Welfare Officer, who may seek advice from England Hockey.
- Always take any concerns raised seriously.
- Make a record of what was reported as soon as possible and keep notes of any subsequent conversations / action.
- WhatsApp terms of use now state individuals must be 16yrs old to use WhatsApp, therefore clubs should not use this method of communication below this age.
- At this stage there is no detail about the what is inappropriate about the chat – don’t make assumptions.
- Don’t allow ‘banter’ to be used as an excuse. Banter becomes bullying when there is an imbalance of power, when its consistent or hurtful. Excessive and repetitive banter can

quickly become bullying.

- How easy is it for the 14yr old to say they are not comfortable with this chat?
- Is the conversation still available on WhatsApp? WO could review – discuss content and its appropriateness with England Hockey if necessary. Depending on nature of messages, will depend on action required. complete the safeguarding referral form and contact your Welfare Officer. In their absence, contact England Hockey’s Ethics and Welfare Manager on 01628 897500 or email: safeguarding@englandhockey.co.uk
- Additional contact details can be found in the ‘Useful Contacts’ document.

Who do you report the concerns to?

- If the nature of the messages means that referral to England Hockey is required (and the England Hockey Ethics and Welfare Manager is not available) and a child is at immediate risk or in danger, you must avoid delay and seek advice from your local authority Children Social Care Department (previously Social Services) and the Police.
- Opportunity to review ‘dos & don’ts’ on WhatsApp – get all members to agree what it should and shouldn’t be used for – it makes it easier to challenge if these are agreed.
- Find appropriate way of involving 14yr old that makes them feel part of the team
- Involve the parent in messaging, so they have sight of all communication
- Consider appointing a mentor for the young player – someone they can relate to and share their concerns with.

Scenario two - sudden weight loss

Concern: Your welfare officer receives a call from the Head Coach who has concerns about a young player. The player has been a regular squad player for the last couple of seasons and the coach has noticed that they have lost a lot of weight recently. The weight loss appears to be affecting their ability to train, they are lethargic and are struggling to keep up. Other players have commented on them being a fussy eater.

Response / things to think about:

- Welfare Officer to manage this situation sensitively and take advice from England Hockey Ethics and Welfare Manager if

necessary.

- Make a note of what was reported, including time, names, details
- Action must be taken – you cannot ignore and do nothing
- Don’t make assumptions
- Has anyone spoken to the player directly? How is the player? How do they feel? Are they concerned? Are they looking for help?
- Have the player or their parents disclosed any information to the coach or Welfare Officer in relation to this players health?
- How old is the player? This may have an impact on parental involvement.
- England Hockey would always advocate parental involvement, unless there is good reason not to.
- If the player is happy for you to speak to parent, do so, if not, seek advice.

Scenario three – call from a statutory agency

Concern: Your club Chair receives a call from the local police force with information relating to one of your umpires who has been arrested for possession of inappropriate images of under 18’s. The club Chair calls the Welfare Officer and proposes to hold a committee meeting to discuss this.

Response / things to think about:

- Make a record of what was said, including names, numbers, dates, times etc. and as much detail as possible.
- Phone England Hockey Ethics and Welfare Manager immediately, do not discuss this matter with the committee, any other club members or the umpire himself.
- England Hockey’s Safeguarding Case Management Panel is consulted on the incident and will lead the process for establishing facts, liaison with statutory agencies and will inform club of any actions agreed.
- England Hockey will advise the club on next steps and any relevant communication with the umpire and membership.

Taking Appropriate Action

England Hockey has clear procedures for reporting



concerns. It is important that you follow the procedure detailed and fulfill YOUR role in the process.

It is not your responsibility to decide if a situation is poor practice, abuse or bullying, but it is your responsibility to report your concerns.

How do you report the concerns?

The following diagrams illustrate the reporting process depending on whether the concerns are from within or outside the hockey environment.

It is important that information regarding the concern is recorded properly and promptly. To assist with this process, England Hockey has developed a Safeguarding Referral Form which outlines the information that is required.

As soon as possible after concerns have been reported to you, should report to the Local Authority Children's Social Care Department (Social Services) or Police or the Local Authority Designated officer (LADO) if the person is in a position of trust, in the area that the child lives (see England Hockey



Please fill in the above [form](#) and send directly to safeguarding@englandhockey.co.uk.

Club / Organisation / Individuals responsibility

If a club / organisation decides to remove someone from their club for child protection reasons, they MUST inform England Hockey immediately. This ensures that they simply do not move to a new club/ organisation

For other situations, where a child is not at immediate risk or danger:

Working in an affiliated club or organisation

- You must report your concerns, or any information received to the Welfare Officer

- The Welfare Officer may seek advice or refer the matter to England Hockey Ethics and Welfare Manager.

Working in a school

- You must inform the designated teacher, who will follow their reporting procedures. Also advise England Hockey's Ethics and Welfare Manager for their information.

If your concern is regarding the Welfare Officer, report directly to the England Hockey Ethics and Welfare Manager.

Why is it important to report concerns to England Hockey?

Advice, guidance and support

It is England Hockey's responsibility to support clubs and individuals in managing concerns and to advise and support accordingly.

In some cases, England Hockey will manage concerns directly via its Case Management Group (CMG).

England Hockey may have additional information that is relevant to a particular case.

Take advice early – many concerns can be dealt with promptly and proportionately when they are acted on quickly. This can also prevent issues escalating.

England Hockey's responsibility

England Hockey recognises that dealing with a child protection allegation can be a stressful experience, especially if the person the concern is about is an established member; England Hockey will support welfare officers and clubs to manage this process. In some circumstances England Hockey will take the responsibility for managing the case, providing a more objective view on the situation and helping the club manage conflicts that can often arise within a club or organisation.

Case Management Group (CMG)

England Hockey have a centralised case management process, this is led by a Case Management Group (CMG). The CMG is a small group of individuals (internal and external) with specialist expertise and skills.

A centralised reporting system provides England

Hockey with the ability to gather and collate relevant information, gain an overview and take appropriate action. England Hockey may have received information from several different sources, information which in isolation may not be of concern, but collectively forms a wider perspective. It also allows the sport to manage cases where an individual may hold roles with various organisations or may seek alternative clubs if one takes action against them.

England Hockey's responsibility is to risk assess information received centrally. Every case or concern will be dealt with on an individual basis and will be assessed in relation to risk or harm to children or young people. England Hockey have responsibility across the whole sport, so information assessed can be considered. There are a number of different outcomes of the risk assessment process, these may include putting; a plan together to manage that risk, disciplinary action and/or suspension.

Where necessary England Hockey will lead the liaison and communication with relevant statutory agencies. England Hockey will inform organisations and/or individuals on a 'need to know' basis – information sharing is sensitive and England Hockey will advise and, where appropriate, inform relevant parties.

CMG will support clubs in dealing with child protection matters – including membership and media enquiries.

CMG will provide individuals that are subject to an investigation with information on the process and procedures, likely timescales and details on next steps. Where appropriate and possible CMG will provide support to an individual that is under investigation, this is likely to be via signposting to appropriate organisations and may vary according to the individual circumstances of a case.

What happens next?

Statutory Agencies will follow procedures under The Children Acts 1989 & 2004, and Government Guidance "Working Together to Safeguard Children 2018".

Where a concern is reported to England Hockey and further action is required, England Hockey's Ethics and Welfare Manager and England Hockey's Case Management Group will follow the Safeguarding and Protecting Young People Complaints and Disciplinary Regulations. These are available on request from England Hockey and on the [England Hockey Website](#)

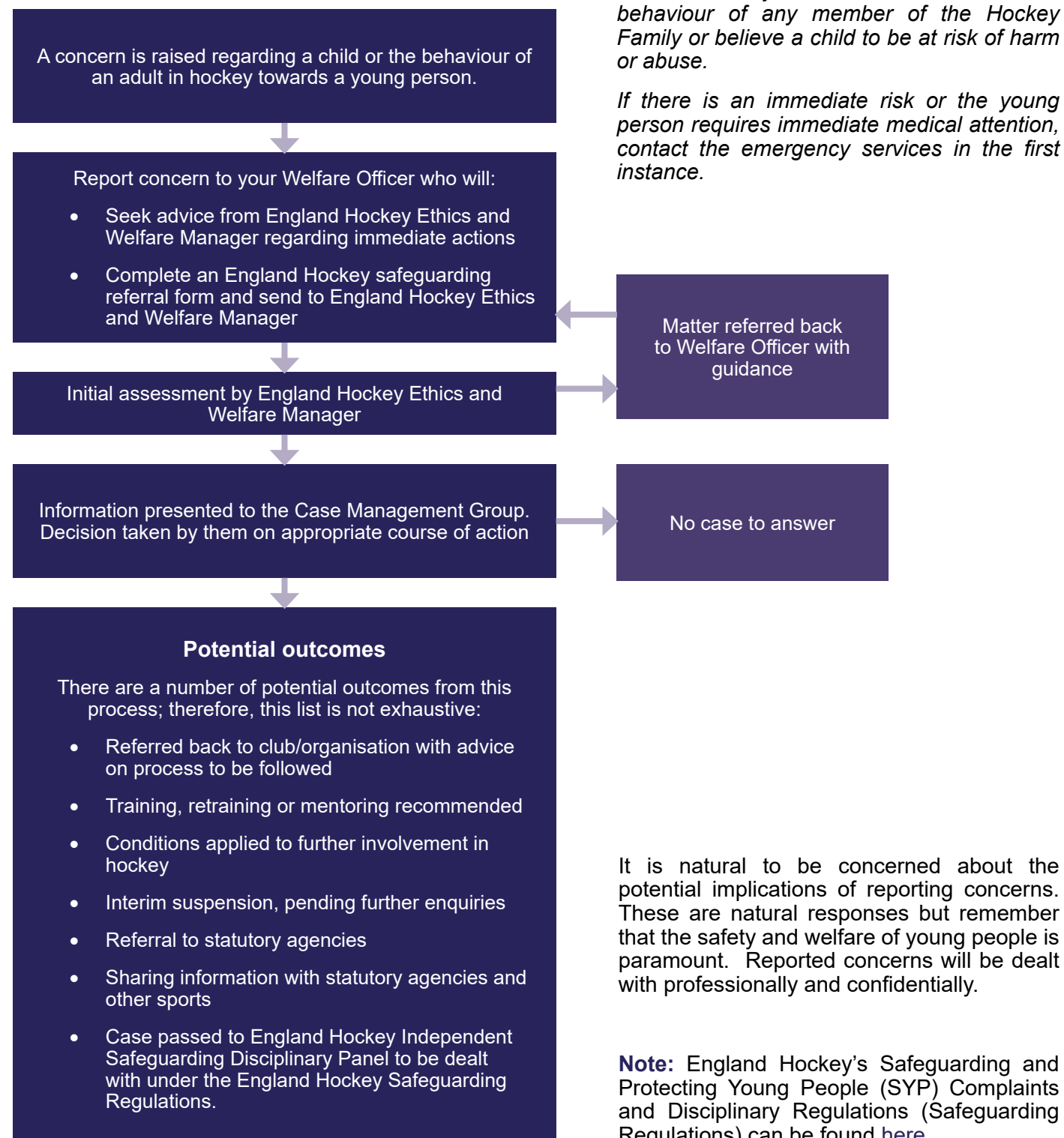
At all times England Hockey will support and



communicate with the Club Welfare Officer where appropriate in the management of the situation.

In some circumstances it may be most appropriate for the matter to be handled at local level e.g. on matters relating to minor poor practice or bullying. If this is appropriate suitable guidance will be given by the England Hockey Ethics and Welfare Manager.

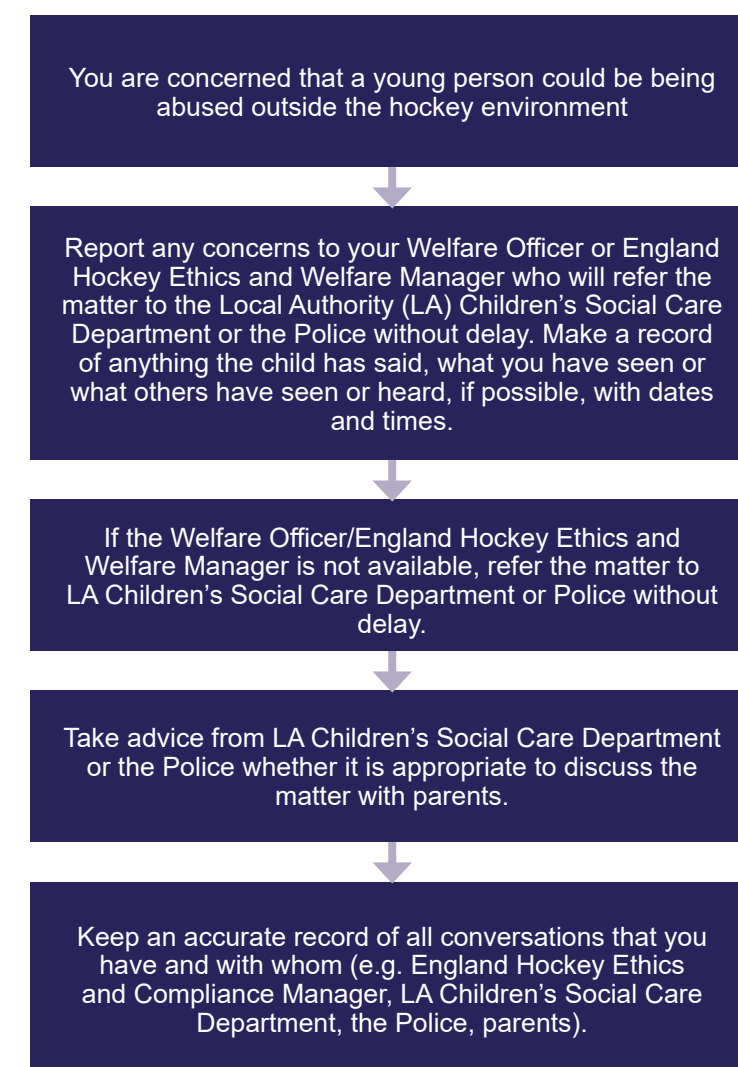
REPORTING CONCERNS OF POSSIBLE ABUSE WITHIN A HOCKEY ENVIRONMENT IN RELATION TO A YOUNG PERSON



REPORTING CONCERNS OF POSSIBLE ABUSE OUTSIDE THE HOCKEY ENVIRONMENT IN RELATION TO A YOUNG PERSON

What to do if you are concerned that a young person is being abused or is at risk of harm outside the hockey environment (but that concern is identified through that young person's involvement in hockey).

If there is an immediate risk or the young person requires immediate medical attention, contact the emergency services in the first instance.



England Hockey Contact for Reporting Concerns:

Ethics and Welfare Manager (Lead for Safeguarding):

Tel: 01628 897500 / 07738 644171

Email: safeguarding@englandhockey.co.uk

NSPCC Helpline (free 24-hour helpline): 0808 800 5000

Also see '[Useful Contacts](#)' document.



GOOD PRACTICE IN SHARING INFORMATION

Some information that may need to be shared regarding a concern for the well-being of a young person may be personal and/or sensitive. The following principles are good practice in how this information is shared:

Golden Rules of Sharing Sensitive Information

1. **The General Data Protection Regulation (GDPR), Data Protection Act 2018** and human rights law are not barriers to justified information sharing, but provide a framework to ensure personal information about living individuals is shared appropriately.
2. **Be open and honest with the individual** (and / or their family where appropriate) from the outset about why, what, how and with whom information will, or could be shared, and seek their agreement, unless it is unsafe or inappropriate to do so.
3. **Seek advice** from other practitioners or your information Governance lead, if you are any doubt about sharing the information concerned, without disclosing the identity of the individual where possible.
4. **Where possible, share information with consent**, and where possible, respect the wishes of those who do not consent to having their information shared. Under the GDPR and Data Protection Act 2018 you may share information without consent if, in your judgment, there is a lawful basis to do so, such as where safety may be at risk. You will need to base your judgement on the facts of the case. When you are sharing or requesting personal information from someone, be clear on the basis upon which you are doing so. Where you do not have consent, be mindful that an individual might not expect information to be shared. **England Hockey can provide guidance if necessary.**
5. **Consider safety and well-being:** base your information sharing decisions on considerations of the safety and well-being of the individual and others who may be affected by their actions.
6. **Necessary, proportionate, relevant, adequate, accurate, timely and secure:** ensure that the information you share is necessary for the purpose for which you are sharing it, share only with those individuals

who need to have it, is accurate and up-to-date, is shared in a timely fashion, and is shared securely.

7. **Keep a record** of your decision and the reasons for it - whether it is to share information or not. If you decide to share, then record what you have shared, with whom and for what purpose. (Inform the England Hockey Ethics and Welfare Manager of your actions.)

Confidentiality:

- Every effort must be made to ensure that confidentiality is maintained when an allegation has been made and is being investigated.
- Only tell individuals who need to know and can help to manage the concern.

Confidentiality is essential and if maintained will ensure:

- The safety of the young person involved
- That action is taken to protect the young person
- That individuals involved in any complaint are protected from gossip and assumptions
- That individuals who have a complaint against them receive fair treatment, without prejudice or pre-judgment
- That all policies, procedures and systems can work to manage any situation quickly, professionally and effectively.

Impact if confidentiality is breached:

If confidentiality is breached the following can happen:

- The young person is put in danger either by
 - Further inappropriate action of any adult/ young person involved or
 - Other individuals who hear about any concern through rumours
 - Through lack of action
- Any investigation by either England Hockey or the statutory agencies may be invalidated by misinformation or rumours
- Individuals with a complaint against them may be victims of inappropriate behaviour from club members

- The policies, procedures and systems in place will not support or uphold any complaint or concern.

Whistle blowing policy:

If there is a concern with regard to the behaviour of any individual (adult and/or young person) towards a young person, it is important that you share your concerns with the England Hockey Ethics and Welfare Manager.

All information received and discussed will be treated in confidence and only shared with those individuals within England Hockey who will be able to manage and resolve the situation. On occasion it may be necessary to seek advice or inform the statutory agencies e.g. Children's Social Care or the Police or the Local Authority Designated Officer (LADO) if the person is in a position of trust. All concerns will be taken seriously and managed according to the England Hockey Safeguarding Young People Policies and Procedures.

General principles

A member of the Hockey Family is often the first to realise that a young person's safety and welfare are under threat. However, they may not express their concerns because they feel that speaking up would be too difficult to handle. It may also be that they fear harassment or victimisation. In these circumstances it may be easier for them to ignore the concern rather than report what may just be a suspicion of poor practice.

England Hockey is committed to the highest possible standards of openness, honesty and accountability. In line with that commitment, individuals are encouraged, if they have serious concerns about any aspect of a young person's safety and welfare, to come forward and voice those concerns.

This policy makes it clear that individuals **can** raise a matter of concern without fear of victimisation, subsequent discrimination or disadvantage. The policy is intended to encourage and enable individuals to raise serious concerns **within** England Hockey rather than overlooking a problem or blowing the whistle outside.

It is in the interest of all concerned that disclosure of potential abuse or irregularities are dealt with properly, quickly and discreetly. This includes the interests of England Hockey, its employees, all persons registered as members of England Hockey and any persons who are the subject of any complaint, as well as the person making the complaint.

Safeguards

England Hockey is committed to good practice and high standards and wants to be supportive of everyone within the Hockey Family.

England Hockey recognises that the decision to report a concern can be a difficult one to make, not least because of the fear of reprisal from those responsible for the allegation. If an individual believes what they are saying to be true, they should have nothing to fear, because in reporting their concern they will be doing their duty to the young person concerned.

England Hockey will not tolerate any harassment or victimisation (including informal pressures) and will take appropriate action to protect individuals when they raise a concern in good faith.

Any investigation into allegations of poor practice will not influence or be influenced by any disciplinary procedures that already affect individuals unless there may be a pattern of poor practice/abuse which requires the cases to be linked /dealt with together.

Confidentiality:

England Hockey will do its best to protect the identity of the whistleblower when they raise a concern and do not want their name to be disclosed. It must be appreciated that the investigation process may reveal the source of the information and a statement by the whistleblower may be required as part of the evidence. They will be given prior notice of this and a chance to discuss the consequences.

Anonymous allegations

This policy encourages the whistleblower to put their name to their allegation. Concerns expressed anonymously are much less powerful, but they will be considered (at the discretion of the England Hockey Case Management Group).

In exercising the discretion, the factors to be taken into account would include:

- The seriousness of the issues raised;
- The credibility of the concern; and
- The likelihood of confirming the allegation from attributable sources or factual records.

Unfounded allegations:

If an individual makes an allegation in good faith, but it is not confirmed by the investigation, no action will be taken against them. If, however, it is established that they have made malicious or frivolous



allegations, or for personal gain, disciplinary action may be taken against them. In such cases, England Hockey's disciplinary procedure will apply.

Use of the whistle blowing policy:

The whistle blowing policy should only be followed if the person raising the concern feels unable to follow the standard reporting procedures as set out in England Hockey's Safeguarding and Protecting Young People in Hockey Policy and Procedures.

How to raise a concern

Individuals should raise the concern in the first instance with the England Hockey Ethics and Welfare Manager on 01628 897500 or by post to England Hockey, England Hockey, Bisham Abbey National Sports Centre, Marlow, Buckinghamshire, SL7 1RR (you should mark the envelope 'private & confidential'); or email: safeguarding@englandhockey.co.uk

If you believe that you have not received a satisfactory response to your concern, you should contact the England Hockey Chief Executive Officer.

Concerns may be made verbally or in writing to the England Hockey Ethics and Welfare Manager (as above). The individual should set out the background and history of the concern, giving names, dates and places where possible and the reason why they are particularly concerned about the situation. The earlier the individual expresses concern, the easier it is for someone to take action.

Although the whistleblower is not expected to prove the truth of an allegation, they will need to demonstrate to the England Hockey Ethics and Welfare Manager that there are sufficient grounds for their concern.

If your concern is about the England Hockey Ethics and Welfare Manager, you should refer the matter to England Hockey's Chief Executive Officer.

If you do not want, or feel unable, to report the matter to England Hockey, a number of external agencies are also available for reporting purposes. See 'Useful Contacts' document.

How will England Hockey respond?

The action taken by England Hockey will depend on the nature of the concern. In all cases the matter will be referred to the England Hockey Case Management Group.

In order to protect individuals it is likely that the England Hockey Ethics and Welfare Manager

will conduct initial enquiries so that the Case Management Group can decide whether an investigation is appropriate and, if so, what form it should take.

The amount of contact between the people considering the issues and the whistleblower will depend on the nature of the matters raised, the potential difficulties involved and the clarity of the information provided. If necessary, further information will be sought from the whistleblower as part of the investigation process.

When any meeting is arranged, the whistleblower has the right, if they so wish, to be accompanied by a friend or a person of their choice who is not involved in the matter to which the concern relates.

England Hockey will take steps to minimise any difficulties which individuals may experience as a result of raising a concern. For instance, if the whistleblower is required to give evidence in criminal or disciplinary proceedings, England Hockey will advise them about the procedure.

England Hockey accepts that the whistleblower needs to be assured that the matter has been properly addressed. Subject to legal constraints, they will receive information about the outcome of any investigation, and the action that is to be taken against those whose actions caused them concern. Also, if appropriate, what policy changes are to be made to minimise the possibility of a similar concern being raised in the future.

How can the matter be taken further?

This policy is intended to provide individuals with a way in which they can raise concerns about the safety and welfare of any young person involved in any hockey activity under the jurisdiction of England Hockey. England Hockey hopes individuals will be satisfied that any child protection matter they raise has been considered properly. If they are not satisfied, and if they feel it is right to take the matter outside England Hockey, they should contact:

- Their Local Safeguarding Organisations (previously known as Local Safeguarding Children's Board (LSCB))
- Their Local Authority Designated Officer (LADO) if the person is in a position of trust
- Their local Children's Social Care Dept
- Their local police

If they do take the matter outside England Hockey, they will need to ensure that they do not disclose prohibited confidential information. They must check this before they make contact.





What is poor practice?

Poor practice is behaviour which does not meet the standards set out by England Hockey, such behaviour could be intentional or accidental.

This includes behaviour which contravenes;

- England Hockey Code of Ethics and Behaviour
- England Hockey Equality Policy
- England Hockey Safeguarding and Protecting Young People in Hockey Policy, Procedures and Good Practice Guidance.

All members of the Hockey Family have a responsibility to identify and address behaviour that contravenes the above guidance and policy. England Hockey offer advice and support in dealing with these matters.

Ignored or repetitive poor practice, if unchallenged, can have a negative impact on young people and should not be underestimated.

Behaviour and culture

Child abuse:

Child abuse can and does occur inside and outside the family environment. It is not always easy, even for experts, to determine where abuse has occurred. Staff and volunteers in hockey are not experts in recognition, however all adults working within hockey have a duty of care to be vigilant and respond appropriately to suspicions of poor practice, abuse or bullying. This does not mean that it is your responsibility to decide if a situation is poor practice, abuse or bullying **but it is your responsibility to report your concerns.**

What is abuse?

A form of maltreatment of a child. Somebody may abuse or neglect a child by inflicting harm, or by failing to act to prevent harm. Children may be abused in a family or in an institutional or community setting by those known to them or, more rarely, by others. Abuse can take place wholly online, or technology may be used to facilitate offline abuse.

Children may be abused by an adult or adults, or another child or children.

There are four recognised forms of child abuse (Definitions taken from Working Together 2018):

1. Emotional abuse

The persistent emotional maltreatment of a child such as to cause severe and persistent adverse effects on the child's emotional development. It may involve conveying to a child that they are worthless or unloved, inadequate, or valued only insofar as they meet the needs of another person. It may include not giving the child opportunities to express their views, deliberately silencing them or 'making fun' of what they say or how they communicate. It may feature age or developmentally inappropriate expectations being imposed on children. These may include interactions that are beyond a child's developmental capability, as well as overprotection and limitation of exploration and learning, or preventing the child participating in normal social interaction. It may involve seeing or hearing the ill-treatment of another. It may involve serious bullying (including cyber bullying), causing children frequently to feel frightened or in danger, or the exploitation or corruption of children. Some level of emotional abuse is involved in all types of maltreatment of a child, though it may occur alone.

In a hockey situation, emotional abuse may occur when coaches, officials, volunteers or parents:

- Provide repeated negative feedback
- Repeatedly ignore a young player's efforts to progress
- Repeatedly demand performance levels above the young player's capability
- Over emphasise "a win at all costs" ethic.

2. Abuse by neglect

The persistent failure to meet a child's basic physical and/or psychological needs, likely to result in the serious impairment of the child's health or development. Neglect may occur during pregnancy as a result of maternal substance abuse. Once a child is born, neglect may involve a parent or carer failing to:

- a. Provide adequate food, clothing and shelter

(including exclusion from home or abandonment)

- b. Protect a child from physical and emotional harm or danger
- c. Ensure adequate supervision (including the use of inadequate care-givers)
- d. Ensure access to appropriate medical care or treatment

It may also include neglect of, or unresponsiveness to, a child's basic emotional needs.

In a hockey situation neglect may occur when:

- Young players are left alone without proper supervision
- A young player is exposed to unnecessary heat or cold
- A young player is not provided with necessary fluids for re-hydration
- A young player is exposed to an unacceptable risk of injury.

3. Physical abuse

A form of abuse which may involve hitting, shaking, throwing, poisoning, burning or scalding, drowning, suffocating or otherwise causing physical harm to a child. Physical harm may also be caused when a parent or carer fabricates the symptoms of, or deliberately induces, illness in a child. It also occurs when young people are given alcohol, or inappropriate drugs, or there is a failure to supervise their access to these substances.

In a hockey situation physical abuse may also occur when:

- Young players are exposed to exercise/training which disregards the capacity of the player's immature and growing body
- Young players are exposed to overplaying, overtraining or fatigue
- Any person exposes young players to alcohol and gives them the opportunity to drink alcohol below the legal age or fail to supervise access to alcohol
- Young players are provided with or encouraged to take prohibited substances including performance enhancing or recreational drugs.



4. Sexual abuse

Involves forcing or enticing a child or young person to take part in sexual activities, not necessarily involving a high level of violence, whether or not the child is aware of what is happening. The activities may involve physical contact, including assault by penetration (for example, rape or oral sex) or non-penetrative acts such as masturbation, kissing, rubbing and touching outside of clothing. They may also include non-contact activities, such as involving children in looking at, or in the production of, sexual images, watching sexual activities, encouraging children to behave in sexually inappropriate ways, or grooming a child in preparation for abuse. Sexual abuse can take place online, and technology can be used to facilitate offline abuse. Sexual abuse is not solely perpetrated by adult males. Women can also commit acts of sexual abuse, as can other children.

In a hockey situation sexual abuse may occur when:

- An adult uses the context of a training session to touch young people in an inappropriate sexual way
- Coaches, managers or volunteers use their position of power and authority or abuse their position of trust to coerce young players into a sexual relationship
- Coaches or managers imply better progression of the player in return for sexual favours.
- Technology or social media is used inappropriately to groom a young person, e.g. sexting

5. Bullying

Bullying is not included in Government guidance as a type of child abuse, however it may be a significant factor in other types of child abuse and does have equally detrimental consequences for a child. Bullying is anything that is done with the intention of hurting or intimidating, frightening or upsetting another person and is generally peer to peer. Bullying is not always physical but it results in distress to the victim. Instances of bullying can occur not only between young people but also from adult to young person.

Bullying can be:

- **Emotional** - persistently being unfriendly, excluding, tormenting, threatening gestures
- **Physical** - pushing, kicking, hitting, punching or any use of violence
- **Racist** - racial taunts or language, graffiti,

gestures

- **Sexual** - unwanted physical contact or sexually abusive comments
- **Homophobic** - because of, or focusing on the issue of sexuality
- **Verbal** - name-calling, sarcasm, spreading rumours, teasing, banter
- **Cyber** - all areas of the internet (including social networking sites), email and text messaging, misuse of technology i.e. manipulation of digital images

It should be noted that bullying may not only occur through face to face contact.

Bullying, if performed by adults towards a child, will be deemed abuse.

Any illegal acts of bullying should be reported through England Hockey's reporting procedures and will be referred to external agencies for consideration.

England Hockey offer anti bullying guidance, available [online](#).

Signs and indicators of abuse:

There are a number of indicators that can be cause for concern, so it is important to recognise potential signs and pass on your concerns. Ignoring potential signs and indicators might prevent people from diagnosing abuse or ignoring poor practice concerns.

Some young people may have additional vulnerability due to their disability, language, culture, sexual orientation or due to the fact that they perform in an elite environment. This vulnerability may make it more difficult to them to express concerns or be heard. For more information about additional vulnerability, please see guidance [here](#).

There are signs and indicators which could alert you to the fact that there are concerns about a child or young person, and these include:

- Unexplained bruising or injury particularly in unusual places
- An injury for which the explanation seems to be inconsistent
- Unexplained sudden changes in behaviour (i.e. withdrawing, very quiet, sudden outbursts of temper or emotion)
- Inappropriate sexual awareness or language or engaging in sexually explicit behaviour
- Is prevented from socialising with other

young people or has difficulty making friends

- Is distrustful of adults, particularly those with whom a close relationship would normally be expected (i.e. parents, coach, family friend)
- Displays variations in eating patterns (i.e. over eating or loss of appetite)
- Loss of weight for no apparent reason (the child may be trying to make himself/herself less sexually attractive)
- The young person becomes increasingly dirty or unkempt
- Something another young person has said which suggests a young person is being abused
- The young person describes an act or behaviour that appears to be abusive
- Doesn't want to attend training or club activities
- Changes their usual routine
- Begins being disruptive during sessions
- Becomes withdrawn, anxious, or lacking in confidence
- Has possessions "go missing"
- Becomes aggressive, disruptive or unreasonable
- Starts stammering
- Attempts or threatens suicide or runs away
- Cries themselves to sleep at night or has nightmares
- Has unexplained cuts or bruises
- Is hungry (money/lunch has been stolen)
- Is bullying other young people or siblings
- Stops eating
- Is frightened to say what's wrong.

This list is not exhaustive and the presence of one or more of these symptoms is not proof that abuse has taken place, but it should raise concerns.

Changes in behaviour can be caused by changes at home or school, for example bereavement. Parents need to inform coaches and welfare officer / trusted club officials if this is the case as a child's behaviour may be affected.

If in doubt, seek advice from your Welfare Officer or England Hockey Ethics and Welfare Team.

It is NOT your responsibility to decide if a situation is poor practice, abuse or bullying, but it IS your responsibility to share your concerns with a designated person i.e. Welfare Officer.

It is important to create a safe environment for all young people where they can be heard, and their concerns will be taken seriously.

See England Hockey's [Reporting Procedures](#) for more information.



REC UITM ENT



RECRUITMENT

UPDATED MARCH 2022



Anyone working with young people in hockey is in a position of trust which has been invested in them by parents, the sport and the young person.

This relationship can be described as being in a position of power and influence by virtue of their role. This is not solely exclusive to adults; coaches and young leaders who are under the age of 18 may also be responsible for other young people in their care.

It is important that all within the sport follow good practice so all reasonable steps should be taken to ensure that individuals working with young people in hockey, whether in a paid or unpaid capacity are suitable and appropriate. This will help to ensure that young people can take part in hockey in a safe and enjoyable environment.

When appointing people to work with young people

in hockey, child wellbeing is paramount.

The aim of any recruitment process is to ensure that any legal responsibilities are met, that the most appropriate person is appointed to the role, and all necessary checks have been undertaken before the individuals begins working with young people. A robust process is essential to keeping young people safe in hockey.

Process - When you are seeking to fill any role, regardless of whether the role is paid or voluntary or whether you are recruiting a head coach, team manager or parent helper, ensure that the expected roles and responsibilities are clearly defined.

It is important to make sure all roles working with young people are child focused and the individual you are recruiting displays the appropriate skills and behaviours to make sure young people receive the best experience in hockey. It is also essential to recruit the right person for the role, based on core competencies alongside qualifications (if relevant to the role).

Planning - It is essential to have clear roles and responsibilities for all paid and voluntary positions you are recruiting for. A job or role description should list the duties for the position and a person specification can be used to highlight the skills and experience that are needed. When any role

becomes available, it is important to ensure that it is advertised. Advertising the role on social media, notice boards at the facility that you use, through newsletters, on the website or by contacting the local volunteer centre can help to attract new volunteers.

Advertising - when advertising a role, make sure you give clear deadlines for applications and highlight the process you will take for interviews and whether these will be formal or informal. Even if you are recruiting parent helpers, it is important to meet with these individuals to determine their goals and ideas and to agree both the club's and their own expectations for the role.

Applications - Anyone who shows an interest in filling a role needs to complete an application form (link). Applicants will be required to verify their identity. When applying for a role working with children or young people applicants will need to be made aware that they will need to complete a Disclosure & Barring Service (DBS) check, if successful. It is essential that the applicant does not commence in the role until satisfactory references and checks have been received. Once you have received the applications for the position you should you assess them for suitability against the criteria, prior to the next stage.

Applicants should be referred to the [Government guidelines](#) on criminal convictions, formal warnings and cautions, as this information will be required if the applicant is successful.

Meeting/Interview - It is recommended that a meeting/interview is held with applicants (whether formal or informal) before making the recruitment decisions. The meeting/interview provides an opportunity to explore in greater detail information gathered on the application form. It is also recommended that:

- Applicants are asked to bring official photographic proof of identity such as a passport or driving licence
- Evidence of relevant qualifications is provided
- Questions are prepared in advance that will give the applicants an opportunity to demonstrate their relevant experience.

Example interview questions

See the following example interview questions:

- Can you tell us about any previous experience you have working with young people?
- Give scenarios relating to a young person and ask what they would do, for example:

- Following training, a young person's parent/guardian has not yet arrived to pick them up – tell us what you would do
- A young person approaches you after a training session and tells you that they are being bullied at school – tell us what you would do

- What factors do you consider to be important in creating a positive environment for young people?
- Who is responsible for safeguarding young people? What is your role?
- What would you do if had a concern about a young person, whether it related to hockey or not? does it make any difference?
- Who would you speak to about this?

Appointment - The successful applicant should be issued with two copies of the 'Role Acceptance Form' (link), a copy of the role description and any other relevant policies and documents. The applicant should also be informed that the position is subject to a satisfactory DBS check and two references. The applicant is required to sign and return one copy of the 'Role Acceptance Form', which indicates their commitment to the role and their agreement to be bound by the relevant policies and documents. It is good practice for the role to have an expiry/review date.

References, DBS checks and Education & Training

Once an offer is made it is imperative that references are obtained, and the following checks are carried out.

References

At least two references should be requested from individuals who are not related to the applicant. Ideally one should be work related and the other demonstrating previous involvement of working



with young people, ideally in a sporting setting.

See [‘Reference form for positions working with young people in hockey’](#).

- All references should be in writing and followed up, if required, by telephone.
- Check all relevant qualifications are proven and valid through England Hockey.

Disclosure and Barring Service (DBS) Checks

Many roles that involve working with young people will require individuals to complete an enhanced Disclosure and Barring Service (DBS) check, plus child barred list. Guidance on eligibility for DBS checks can be found [here](#).

16 years old is the minimum age for DBS checks.

Further guidance on DBS checks:

- All new DBS checks must be conducted through England Hockey’s DBS System (GBG).
- DBS checks should be renewed every three years.
- DBS checks should be used as part of the recruitment process to assess a person’s suitability to work with young people, it shouldn’t be used in isolation.
- It is England Hockey’s responsibility to manage and deal with any matters arising from any disclosure resulting from the DBS process.
- Individuals must not be engaged in contradiction of England Hockey sanctions. (clubs / organisations will be notified of any known child protection related sanctions)
- DBS checks completed by clubs affiliated to England Hockey can be transferred between clubs by completing the ‘England Hockey Portability Form’ and returning it to England Hockey’s Ethics & Welfare Administrator by post or email.
- England Hockey accepts the use of the [DBS Government Update Service](#) on the condition that the status check is completed by England Hockey’s Ethics and Welfare Team, not a hockey club/association. The check will only be valid if registration is current and that check is for the same workforce and the same level i.e. enhanced with a child barred list check included.

To find out more about status checks through England Hockey, please consult the [DBS Government Update Service FAQ](#).

Education and Training

Whilst not all roles working with young people may require a DBS check, individuals should complete safeguarding training relevant to their role. Safeguarding training should be updated every 3 years.

For further information on what training is required for each role, see [England Hockey’s Education & Training diagram](#).

All individuals working with children should be supplied with England Hockey’s Safeguarding Young People Policy, Reporting procedures and Good Practice Guidance (SafeD). They should also be aware who the club’s Welfare Officer is and how they can be contacted.

Induction - All staff or volunteers should undergo an induction (formal or informal) to include:

- Signing up to the England Hockey /club’s Safeguarding and Protecting Young People Policy and Procedures, Good Practice Guidelines and any Codes of Ethics and Behaviour (Respect)/conduct that are appropriate
- Confirming and agreeing roles and responsibilities
- Any training needs are established and actioned
- An initial period of supervision of mentoring should be introduced to support the individual
- Specific policies and procedures for that organisation i.e. communication
- Awareness of England Hockey’s reporting procedures, including who concerns should be reported to

Monitoring and Appraisal - Review meetings should be offered at regular intervals and more informal mentoring opportunities can support the individual on an ongoing basis. Regular reviews allow opportunity for both parties to feedback and make changes, as necessary.



TEMPLATE DOWNLOADS

UPDATED MARCH 2022



Application Form for roles working with Young People in Hockey

Click on image above or link [here](#) for a download of the document.



Reference Form for positions working with Young People

Click on image above or link [here](#) for a download of the document.



Recruitment Checklist

Click on image above or link [here](#) for a download of the document.



Role Acceptance Form

Click on image above or link [here](#) for a download of the document.



TEAM- PLAT -ES



TEMPLATE DOWNLOADS

UPDATED MARCH 2022



Club/Organisation Commitment to Safeguarding Young People

Click on image above or link [here](#) for a download of the document.

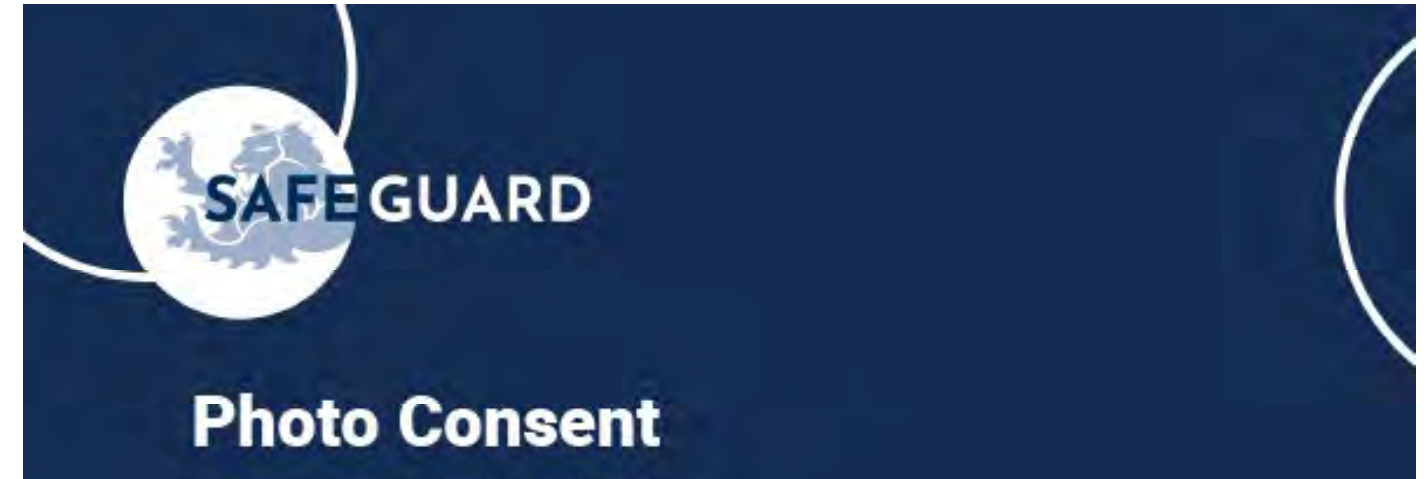


Photo Consent Form

Click on image above or link [here](#) for a download of the document.



Role Description for Child Welfare Officer (including DBS)

Click on image above or link [here](#) for a download of the document.



Safeguarding Referral Form

Click on image above or link [here](#) for a download of the document.





Incident/Accident Reporting Form

Click on image above or link [here](#) for a download of the document.



Safeguarding Positive Imagery Poster

Click on image above or link [here](#) for a download of the document.



Safeguarding our Changing Rooms Poster

Click on image above or link [here](#) for a download of the document.



No Camera or Video Recording Zone Poster

Click on image above or link [here](#) for a download of the document.





Safeguarding Commitment Poster

Click on image above or link [here](#) for a download of the document.



Young Person Handout

Click on image above or link [here](#) for a download of the document.



TEMPLATE DOWNLOADS

UPDATED MARCH 2022



Photo Consent Form

Click on image above or link [here](#) for a download of the document.



Young Person Handout

Click on image above or link [here](#) for a download of the document.





ENGLAND
HOCKEY